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## Assure Holdings Continues Expansion with Additional Partnership in Louisiana

DENVER, March 27, 2019 (GLOBE NEWSWIRE) -- Assure Holdings Corp. (the "Company" or "Assure") (TSXV: IOM; OTCPK: ARHH), a provider of intraoperative neuromonitoring services, has partnered with a four-surgeon group that operates in five facilities located in Lafayette, Louisiana. The group administers approximately 500 cases per year.

This brings the total number of spine and neurosurgeons that Assure is currently working with in Louisiana to fifteen, with more expected to be added to the platform soon.

"Our expansion efforts continue to prove successful with the addition of four new surgeons to our growing platform," said John A. Farlinger, Assure's executive chairman and interim CEO. "We now operate in a total of 10 facilities within Louisiana and expect further expansion as the state continues to be a successful endeavor that has provided us with exceptional partners.

"Assure has a proven neuromonitoring platform that consistently delivers industry-leading services to our partners and customers, and we believe this growing reputation will further expand our presence in 2019. I look forward to executing on the various growth opportunities we have in our pipeline and providing as many patients as possible with best-in-class neuromonitoring services."

### About Assure Holdings

Assure Holdings Corp. is a Colorado-based company that works with neurosurgeons and orthopedic spine surgeons to provide a turnkey suite of services that support intraoperative neuromonitoring activities during invasive surgeries. Assure employs its own staff of technologists and uses its own state-of-the-art monitoring equipment, handles 100% of intraoperative neuromonitoring scheduling and setup, and bills for all technical services provided. While Assure focuses primarily on supporting spinal and vascular surgeries, plans are in place to support other classes of medicine that rely on the standard of care that intraoperative neuromonitoring provides. For more information, visit the company's website at [www.assureneuromonitoring.com](http://www.assureneuromonitoring.com).

### Forward-Looking Statements

This news release contains certain statements that may constitute forward-looking information under applicable securities laws. All statements, other than those of historical fact, which address activities, events, outcomes, results, developments, performance or achievements that Assure anticipates or expects may or will occur in the future (in whole or in part) should be considered forward-looking information. Such information may involve, but is not limited to, comments with respect to strategies, expectations, planned operations and future actions of the Company. Often, but not always, forward-looking information can be identified by the use of words such as "plans", "expects", "is expected", "budget", "scheduled", "estimates", "forecasts", "intends", "anticipates", or "believes" or variations (including negative variations) of such words and phrases, or statements formed in the future tense or indicating that certain actions, events or results "may", "could", "would", "might" or "will" (or other variations of the foregoing) be taken, occur, be achieved, or come to pass. Forward-looking information is based on currently available competitive, financial and economic data and operating plans, strategies or beliefs as of the date of this news release, but involve known and unknown risks, uncertainties, assumptions and other factors that may cause the actual results, performance or achievements of Assure to be materially different from any future results, performance or achievements expressed or implied by the forward-looking information. Such factors may be based on information currently available to Assure, including information obtained from third-party industry analysts and other third-party sources, and are based on management's current expectations or beliefs regarding future growth, results of operations, future capital (including the amount, nature and sources of funding thereof) and expenditures. Any and all forward-looking information contained in this press release is expressly qualified by this cautionary statement.

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