

May 6, 2010



VAALCO Energy Schedules First Quarter 2010 Earnings Conference Call

HOUSTON, May 6 /PRNewswire-FirstCall/ -- VAALCO Energy, Inc. (NYSE: EGY) today announced that it will hold a conference call to discuss its first quarter 2010 results on Tuesday, May 11, 2010 at 10:00 a.m. Central Time (11:00 a.m. Eastern Time). Interested parties may participate by dialing 1 (800) 230-1074. International parties may dial 1 (612) 288-0329. The confirmation code is 155179. This call will also be webcast on VAALCO's web site at www.vaalco.com.

(Logo: <http://www.newscom.com/cgi-bin/prnh/20100316/NY71495LOGO>)

An audio replay will be available beginning approximately one hour after the end of the conference call through June 11, 2010 on the Company's website and by dialing 1 (800) 475-6701. International parties may dial 1 (320) 365-3844. The confirmation code is 155179.

About VAALCO

VAALCO Energy, Inc. is a Houston, Texas based independent energy company principally engaged in the acquisition, exploration, development and production of crude oil. VAALCO's strategy is to increase reserves and production through the exploration and exploitation of oil and natural gas properties with high emphasis on international opportunities. The Company's properties and exploration acreage are located primarily in Gabon and Angola, West Africa.

Investor Contact

Media Contact

Greg Hullinger

Barrett Golden / Tim Lynch

Chief Financial Officer Joele Frank, Wilkinson Brimmer Katcher

713-623-0801

212-355-4449

SOURCE VAALCO Energy, Inc.