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Lynette Clemons and Ryan Sandes Crowned Champions at 28th Annual Leadville Trail 100 Run

Both winners accomplish the third fastest times in race history

LEADVILLE, Colo.--(BUSINESS WIRE)-- Competing against a stellar field of ultra-distance runners, Lynette Clemons (Leadville, Colo.) and Ryan Sandes (Cape Town, South Africa) conquered elevations ranging from 9,200 to 12,612 feet to take top honors at this year's Leadville Trail 100 Run. More than 600 athletes started this year's race from 41 states and 12 countries and took on one of the country's most grueling ultra-distance races, which takes place in Leadville, Colo.

Clemons won the women's division at 19:59:06 and established the third fastest time in history for the division, missing the course record by 113 minutes. She also won the women's division in 2009 at 20:58:01. The hometown racer will be adding a second gold belt buckle to her collection.

Sandes won the men's division at 16:46:54, having the third fastest time in history for the division and missing the course record by 64 minutes. This was Sandes' debut race in Leadville.

The women's division saw Rhonda Claridge (Ophir, Colo.) finishing second at 21:11:24 and Andrea Metz (Wausau, Wisc.) finishing third at 21:13:14. In the men's division, Dylan Bowman (Aspen, Colo.) finished second at 17:18:59 and Neal Gorman (Washington D.C.) finished third at 17:48:51.

This year, 634 participated but only 347 finished the race before the 30 hour cut off. The Leadville Trail 100 run also marked the fifth and final Leadman and Leadwoman Challenge. Of the 68 that started the challenge, 25 men and women showed the world their athleticism to earn the esteemed title. Since July, each Challenge athlete has competed in the Leadville Trail Marathon, Leadville Silver Rush 50-Mile Mountain Bike Race or Silver Rush 50-Mile Trail Run Race, Leadville Trail 100 MTB Race, and Leadville 10K Run.

For all Leadville race results and more information, visit www.leadvillerraceseries.com.

About the Leadville Race Series

Launched with 45 runners as the Leadville Trail 100 in 1983, the Leadville Race Series now consists of six running events and three mountain biking events. The Leadville Race Series hosts thousands of racers on foot and on mountain bike in some of the world's most iconic events and environment. It begins each July with the Leadville Trail Marathon and Heavy Half Marathon events and concludes with the 12/24 Hours of Leadville MTB and Run in September. Endurance athletes worldwide now make the pilgrimage to Leadville, Colo., with

the single goal of competing in a “Race Across the Sky.” For more information, visit leadvillerraceseries.com.

About Life Time Fitness, Inc.

As the Healthy Way of Life Company, Life Time Fitness (NYSE:LTM) delivers the certified professionals, comprehensive businesses and incredible destinations that help people positively change their lives every day. The Company’s healthy way of life approach enables its customers to achieve their health and fitness goals by engaging in their areas of interest – or discovering new passions – both inside and outside of Life Time’s distinctive and large sports, professional fitness, family recreation and spa destinations. As of Aug. 21, 2011, the Company operated 92 centers under the LIFE TIME FITNESS® and LIFE TIME ATHLETICSM brands primarily in suburban locations in 21 states and 26 major markets. Additional information about Life Time centers, programs and services is available at lifetimefitness.com.

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