





# Semaglutide and Psilocybin in a Mouse Model of Obesity, Steatotic Liver Disease and Type 2 Diabetes

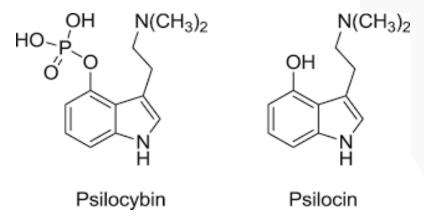
Sara De Martin, PhD



### Psilocybin: a gift from mushrooms



Psilocybin is a prodrug, psilocin is the drug



 The psychedelic effects of psilocybin are due to the agonism to the serotonin receptor 5-HT2A



Review

#### Psilocybin for clinical indications: A scoping review

Kim Madden<sup>1,2,3,4</sup>, Breanne Flood<sup>1,3</sup>, Darren Young Shing<sup>5</sup>, Michael Ade-Conde<sup>6</sup>, Imad Kashir<sup>1</sup>, Melanie Mark<sup>1</sup>, James MacKillop<sup>1,4,7,8</sup>, Mohit Bhandari<sup>2,3,4</sup> and Anthony Adili<sup>1,2,4</sup>



Journal of Psychopharmacology 1–7 © The Author(s) 2024



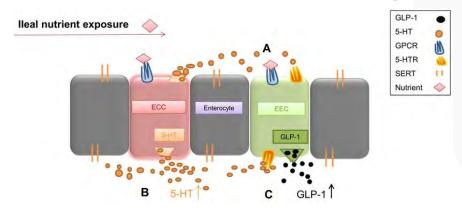
Article reuse guidelines: sagepub.com/journals-permissions DOI: 10.1177/02698811241269751 journals.sagepub.com/home/jop





### The serotonin/GLP-1 axis

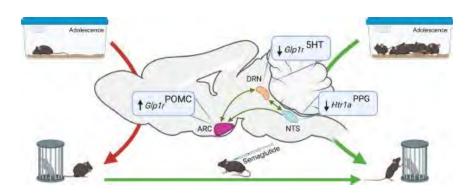
Serotonin and GLP-1 work together in the gut





Received 12 October 2015; received in revised form 4 March 2016; accepted 10 March 2016

GLP-1 modulates serotonin signaling in the CNS



Rozita H. Anderberg,<sup>1</sup> Jennifer E. Richard,<sup>1</sup> Kim Eerola,<sup>1</sup> Lorena López-Ferreras,<sup>1</sup> Elin Banke,<sup>1</sup> Caroline Hansson,<sup>1</sup> Hans Nissbrandt,<sup>2</sup> Filip Berqquist,<sup>2</sup> Fiona M. Gribble,<sup>3</sup> Frank Reimann,<sup>3</sup> Ingrid Wernstedt Asterholm,<sup>1</sup> Christophe M. Lamy,<sup>4</sup> and Karolina P. Skibicka<sup>1</sup>



Diabetes Volume 66, April 2017

Glucagon-Like Peptide 1 and Its Analogs Act in the Dorsal Raphe and Modulate Central Serotonin to Reduce Appetite and Body Weight



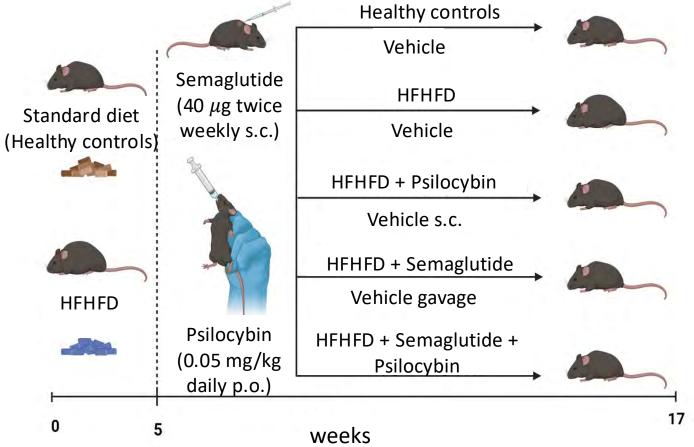
Diabetes 2017;66:1062-1073 | DOI: 10.2337/db16-0755



# Pharmacological targeting of the serotonin/GLP-1 axis: our study protocol

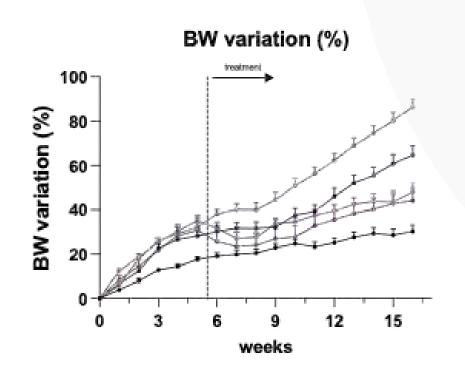


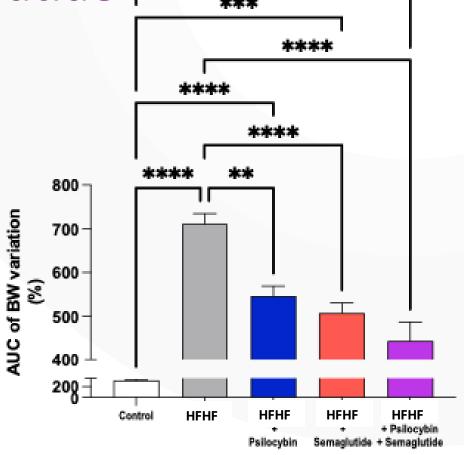
- The study was performed by c57BL6 mice (n=10 per group)
- Metabolic disorders were induced by a high fat high fructose diet (HFHFD)





The increase of body weight is reduced by all treatments, especially by the combination psilocybin/semaglutide



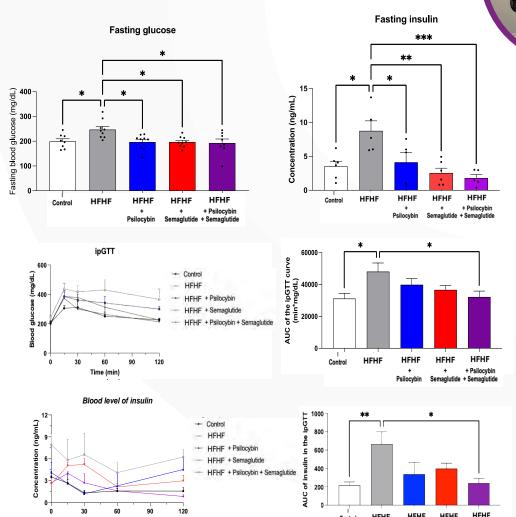




### Positive effects on glucose homeostasis

• Fasting glucose and insulin levels are normalized by all the treatments

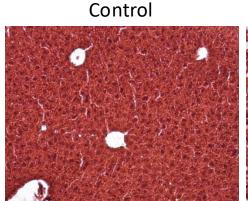
 Although all treatments are effective in ameliorating glucose curves in ipGTT, only the combination semaglutide/psilocybin leads to ipGTT glucose AUC normalization



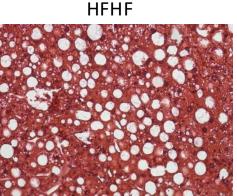
Semaglutide + Semaglutide

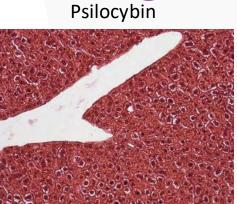
# Liver steatosis is improved by all the treatments, more effectively by the combination of the two drugs





20X

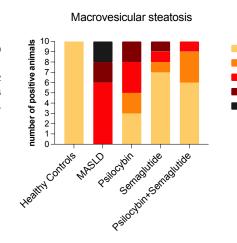


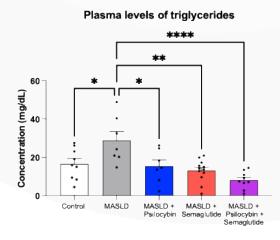




Psilocybin + Semaglutide

Microvesicular steatosis







# Psilocybin based therapies normalize plasma GIP levels

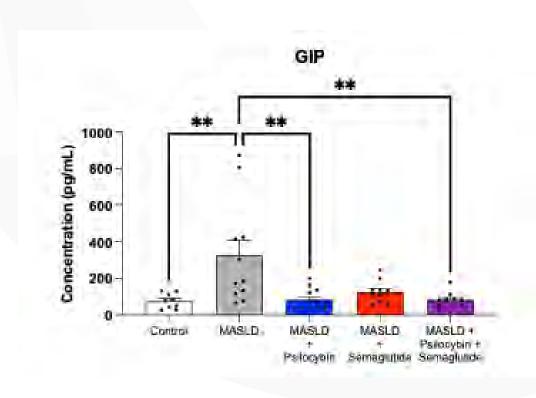




# Endocrinology & Metabolism

The unexpected role of GIP in transforming obesity treatment

Inuk Zandvakili 60 1.2 and Diego Perez-Tilve 60 3.\*



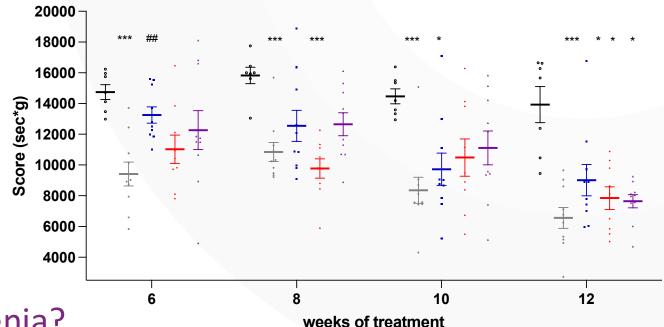


# Psilocybin delays the HFHFD-induced loss of muscular function at the grid test



**Grid Test Score** 

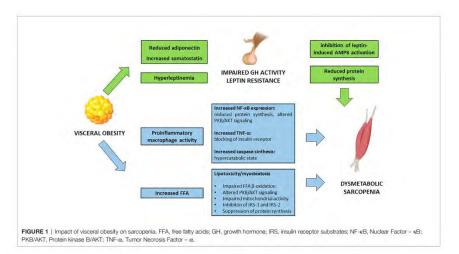




Can psilocybin help sarcopenia?

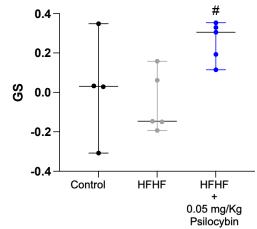


## Can leptin be involved in this effect?

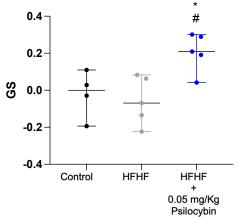


#### 

### GOBP\_Cellular response to Leptin stimulus in myocytes



#### GOBP\_Response to Leptin in muscles





J Physiol 600.16 (2022) pp 3795-3817

### Leptin mediates the regulation of muscle mass and strength by adipose tissue

Kelsey H. Collins<sup>1,2,3</sup>, Chang Gui<sup>4,5</sup>, Erica V. Ely<sup>1,2,3,4</sup>, Kristin L. Lenz<sup>1,2,3</sup>, Charles A. Harris<sup>6</sup>, Farshid Guilak<sup>1,2,3,4</sup> and Gretchen A. Meyer<sup>1,3,4,5,7</sup>

<sup>&</sup>lt;sup>1</sup>Department of Orthopaedic Surgery, Washington University in St. Louis, MO, USA

<sup>&</sup>lt;sup>2</sup>Shriners Hospitals for Children, St Louis, MO, USA

<sup>&</sup>lt;sup>3</sup>Center of Regenerative Medicine, Washington University in St. Louis, MO, USA

<sup>&</sup>lt;sup>4</sup>Department of Biomedical Engineering, Washington University in St. Louis, MO, USA

<sup>&</sup>lt;sup>5</sup>Program in Physical Therapy, Washington University, St Louis, MO, USA

<sup>&</sup>lt;sup>6</sup>Division of Endocrinology, Metabolism & Lipid Research, Washington University, St Louis, Missouri, USA

<sup>&</sup>lt;sup>7</sup>Department of Neurology, Washington University in St. Louis, St Louis, MO, USA



In conclusion

Normalize the plasma levels of GIP The role of leptin signaling in muscles should be further investigated

Reduce liver steatosis

Psilocybin and Semaglutide

Improve glucose tolerance

Reduce body weight, more than the single treatments

Delay the loss of muscular function occurring in HFHFD animals





## Thanks to





Martina Colognesi

Daniela Gabbia

Stefano Comai

Andrea Mattarei

Gianfranco Pasut

Marco Pappagallo Paolo Manfredi



Franco Folli Lucia Centofanti









and You for Your attention!





