

August 9, 2011



Northern Oil and Gas, Inc. Announces 2011 Second Quarter Results, Record Quarterly Production and Amended Senior Secured Revolving Credit Facility and Provides Operations Update

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- **31% Quarterly Revenue Increase**
- **12.5% Quarterly Production Increase**

Northern Oil and Gas, Inc. (NYSE/AMEX: NOG) ("Northern Oil") today announced record second quarter oil and gas sales of approximately \$35.5 million. For the three months ended June 30, 2011, Northern Oil had second quarter net income of \$20.4 million, or \$0.33 per fully diluted share. Excluding the effect of unrealized mark-to-market gains from oil hedges, Northern Oil had net income of \$7.7 million, representing \$0.12 per fully diluted share. The increase in net income, excluding the effect of unrealized mark-to-market gains from oil hedges represents a 120% increase from the second quarter of 2010 and a 30% increase from the first quarter of 2011.

2011 SECOND QUARTER RESULTS

Oil and gas sales for the second quarter of 2011 were \$35.5 million, which represents a 204% increase compared to oil and gas sales of \$11.7 million for the second quarter of 2010. These results also represent a 31% increase in oil and gas sales during the second quarter of 2011 compared to the first quarter of 2011.

Production volumes for the second quarter of 2011 were a quarterly record of 400,928 barrels of oil equivalent ("BOE"), which represents a 132% increase compared to the second quarter of 2010 and a 12.5% increase compared to the first quarter of 2011. The second quarter production volumes represent Northern Oil's fourteenth consecutive quarterly increase in production.

Average daily production in the second quarter of 2011 was approximately 4,400 BOE per day ("BOEPD"). June 2011 daily production averaged approximately 5,200 BOEPD, an improvement from April 2011 and May 2011 average daily production which was affected by heavy rain, flooding and road restrictions in North Dakota and Montana. Second quarter 2011 production consisted of approximately 94% crude oil and 6% associated natural gas

and other liquids. Northern Oil does not include flared and unsold gas volumes in its production figures.

During the second quarter of 2011, Northern Oil spud approximately 7.2 net wells and added production from 73 gross (6.7 net) wells. During the first half of 2011, Northern Oil spud approximately 17 net wells and added 128 gross (11.71 net) wells to production. Northern Oil reaffirms that it expects to spud at least 40 net wells throughout 2011.

Northern Oil continues to develop its core Bakken and Three Forks acreage position at an accelerating pace. According to the North Dakota Industrial Commission, 187 rigs are drilling in North Dakota as of August 8, 2011. Approximately 10 rigs are currently drilling in Montana as of August 8, 2011. The significant rig increase in the play continues to accelerate the development of Northern Oil's core acreage position.

Northern Oil has maintained a 100% drilling success rate in the Williston Basin Bakken and Three Forks trends since the company's inception.

Northern Oil's average realized crude oil sale price for second quarter 2011 was \$80.78 per barrel, after taking into account a \$14.91 per barrel loss due to the settlement of crude oil derivative contracts. This compares to an average \$74.10 per barrel realized price in the first quarter 2011, which took into account a \$9.73 per barrel loss due to the settlement of crude oil derivative contracts. Northern Oil's average realized crude oil sale price for the six months ended June 30, 2011 was \$77.63, after taking into account a \$12.47 per barrel loss due to the settlement of crude oil derivative contracts. This compares to an average \$70.02 per barrel realized price for the six months ended June 30, 2010, which took into account a \$0.44 gain due to the settlement of crude oil derivative contracts.

Production expenses for first quarter 2011 were \$5.94 per BOE on an accrued basis, compared to \$3.30 per BOE on an accrued basis for the second quarter of 2010 and \$5.24 per BOE on an accrued basis for the first quarter of 2011. The increase in production expense is primarily due to lower production volumes due to heavy rain, flooding and road restrictions, the continued addition of producing oil and gas properties, exposure to new operators and new development areas, an increase in working interests, mature wells utilizing artificial lift and the general aging of production.

Depletion expense for second quarter 2011 was \$8.3 million, or \$20.83 per BOE. As such, Northern Oil's second quarter 2011 depletion expense was consistent with its peer group in the Bakken and Three Forks play.

General and Administrative ("G&A") expense, net of share based compensation, for second quarter 2011 was \$1.2 million, compared to \$1.4 million in the first quarter of 2011. Share based compensation for the second quarter 2011 was \$1.5 million, compared to \$1.9 million in the first quarter of 2011. The decrease in G&A expense was primarily due to the reduction in share based compensation, travel and professional services expenses.

ADJUSTED EBITDA

Adjusted EBITDA for the second quarter 2011 was \$22.7 million, or \$0.37 per fully diluted share, which represents a 135% increase over Adjusted EBITDA of \$9.7 million, or \$0.19 per fully diluted share, for the second quarter 2010 and a 22% increase compared to the first

quarter of 2011.

Northern Oil defines Adjusted EBITDA as net income before (i) interest expense, (ii) income taxes, (iii) depreciation, depletion and amortization, (iv) accretion of abandonment liability, (v) pre-tax unrealized gain and losses on commodity risk and (vii) non-cash expenses relating to share-based payments recognized under Accounting Standards Codification (ASC) Topic 718. Net income excluding unrealized mark-to-market hedging gains or losses and Adjusted EBITDA are non-GAAP measures. A reconciliation of this measure to GAAP and net income, excluding the effect of unrealized mark-to-market gains from oil hedges is included in our accompanying financial tables found later in this release. Northern Oil's management believes the use of non-GAAP financial measures provides useful information to investors to gain an overall understanding of current financial performance. Specifically, management believes the non-GAAP results included herein provide useful information to both management and investors by excluding certain expenses, unrealized commodity gains and losses that management believes are not indicative of Northern Oil's core operating results. In addition, these non-GAAP financial measures are used by Northern Oil's management for budgeting and forecasting as well as subsequently measuring Northern Oil's performance, and management believes that Northern Oil is providing investors with financial measures that most closely align to its internal measurement processes.

AMENDED SENIOR-SECURED REVOLVING CREDIT FACILITY

On August 8, 2011, Northern Oil amended its senior-secured revolving credit facility with Macquarie Bank Limited to provide that the aggregate maximum credit amount may be increased to up to \$500 million in the future. The amended facility also provides for an initial borrowing base of \$150 million, subject to the aggregate maximum credit amount then in effect. Initially, the amended facility provides for an aggregate maximum credit amount of \$25 million that may be increased in increments of \$20 million, to up to \$500 million, subject to applicable conditions and increases in lender commitments. Financing available under the amended facility is equal to the lesser of the aggregate maximum credit amount and the borrowing base. Northern Oil currently has no outstanding borrowings under the facility.

DERIVATIVE ACTIVITY

As of June 30, 2011, Northern Oil had a total volume on open commodity swaps of 1,447,000 barrels of oil at a weighted average price of approximately \$88.13 that settle between July 2011 and December 2012. In addition to the swaps, Northern Oil has 243,000 barrels of crude oil collared between \$85.00 and \$101.75 that settle between July 2011 and December 2011. The following chart more clearly outlines our open commodity swaps.

Settlement Period Oil (Barrels) Fixed Price

Oil Swaps

07/01/11 – 02/29/12	15,000	51.25
07/01/11 – 12/31/11	9,000	66.15
07/01/11 12/31/11	24,000	82.60
07/01/11 12/31/11	9,000	84.25
07/01/11 12/31/11	27,498	80.90

07/01/11 12/31/11	46,000	88.00
07/01/11 06/30/12	170,502	80.00
07/01/11 06/30/12	398,000	81.50
07/01/11 06/30/12	132,000	85.50
01/01/12 12/31/12	376,000	95.15
01/01/12 12/31/12	240,000	100.00

2011 CAPITAL EXPENDITURES

Northern Oil reaffirms that it expects to spud at least 40 net wells in 2011, with drilling capital expenditures approximating \$260 million, up from \$252 million. Average well costs are expected to now be approximately \$6.5 million per well, up from \$6.3 million per well. The increase in drilling and completion costs is due to a higher percentage of our wells in the second half of 2011 that will be drilled in 1,280-acre spacing units utilizing longer laterals and an increased number of fracture stages.

Based on current, yet evolving, conditions in the field, Northern Oil expects to continue to deploy additional funds toward further strategic acreage acquisitions during 2011. Northern Oil currently expects to spend approximately \$20 million per quarter on acreage acquisitions for the remainder of 2011, consistent with previous guidance.

Northern Oil currently expects to fund all 2011 drilling commitments and acreage acquisitions using cash-on-hand, cash flow and its undrawn credit facility. Northern Oil currently has no borrowings outstanding under its credit facility.

ACREAGE UPDATE

During the second quarter of 2011, Northern Oil acquired leasehold interests covering an aggregate of 12,767 net mineral acres for an average of \$1,995 per net acre and an aggregate of approximately \$25.5 million. Of the acquired 12,767 net acres, approximately 7,150 net acres (or 56%) were permitted or in an approved drilling spacing unit, under the bit or began producing as of June 30, 2011. Northern Oil currently controls over 155,000 net acres in the Williston Basin Bakken and Three Forks play.

As of August 9, 2011, Northern Oil had 46,351 net acres either held by production or under the bit, which represents approximately 30% of Northern Oil's total Bakken and Three Forks acreage position at June 30, 2011. Northern Oil expects that approximately 50% of its current acreage will be held by production or under the bit by the end of 2011.

MANAGEMENT COMMENT

Michael Reger, Chief Executive Officer, commented, "With over 30% of our Bakken and Three Forks position developed or under the bit, we are moving ahead at an excellent pace. Importantly, we continue to acquire acreage at prices significantly below levels indicated in recent publicly-announced transactions conducted by other industry participants. We believe our expertise and specialty in non-operated interests continues to yield excellent results and

we continue to add meaningful acreage, production and cash flow. With no debt, \$77 million of cash on hand, and receivables, we believe we are well positioned to fund the development of our core acreage position in the Bakken and Three Forks play."

RECENT COMPLETION HIGHLIGHTS

The following table illustrates certain highlighted well completions in which Northern Oil has recently participated with a working interest ("WI").

WELL NAME	OPERATOR	STATE	COUNTY	WI	IP* BOPD		
					("BOPD")	AVG**	DAYS***
BIGHORN #1-6H	SINCLAIR	ND	DUNN	48.79%	1,218	758	20
MUSTANG #1-22H	SLAWSON	ND	MOUNTRAIL	39.56%	1,829	523	30
ALAMO #2-19-18H	SLAWSON	ND	MOUNTRAIL	29.98%	1,287	930	60
PORCUPINE #1-19H	SINCLAIR	ND	DUNN	29.02%	1,566	705	30
DIAMONDBACK #2-21H	SLAWSON	ND	MOUNTRAIL	25.23%	1,909	711	30
CRUISER #2-16-9H	SLAWSON	ND	MOUNTRAIL	16.44%	1,115	793	30
HUNTER #1-8-17H	SLAWSON	ND	MOUNTRAIL	11.74%	1,668	839	60

* The "IP BOPD" means the initial production ("IP") rate expressed in barrels of oil per day. The IP rate is the 24-hour "Peak Production Rate." Peak Production Rates may be established following the initial day of production, depending on operator design or well flowback profiles. The IP rate may be estimated based on other third party estimates or limited data available at this time. The IP BOPD is computed using crude oil production only, without taking into consideration any associated natural gas production.

** The "BOPD AVG" means the average barrels of oil per day during the applicable initial days of production.

*** The "DAYS" means number of initial days of production used to calculate the "BOPD AVG" from the commencement of established production. The "DAYS" used to calculate the "BOPD AVG" does not include days during which a well is shut-in for weather or maintenance purposes.

CURRENT DRILLING ACTIVITY

The following table illustrates 166 Gross (17.14 Net) Bakken or Three Forks wells drilling, awaiting completion or completing in which Northern Oil is participating with a working interest as of August 9, 2011.

	WELL NAME	OPERATOR	STATE	COUNTY	WI
1	ROSE #147-99-28-2H	CONOCO PHILLIPS	ND	MCKENZIE	50.00%
2	LORI #18-19H	FIDELITY	ND	MOUNTRAIL	47.06%

3	LOVE #11-2 #1H	URSA	ND	WILLIAMS	40.00%
4	MUSTANG #2-22H	SLAWSON	ND	MOUNTRAIL	39.56%
5	GUNNISON #44-25H	PRIMA	ND	BURKE	39.35%
6	KANDIYOHI #1-19H	EOG RESOURCES	ND	BURKE	37.47%
7	CONDOR #1-36-25H	SLAWSON	ND	MCKENZIE	35.94%
8	CHARLIE SORENSON 17-8 #1-H	BRIGHAM	ND	MOUNTRAIL	33.58%
9	CHARLIE SORENSON 17-8 #2-H	BRIGHAM	ND	MOUNTRAIL	33.58%
10	OLSON RANCH #1-21-16H	G3 OPERATING	MT	ROOSEVELT	33.00%
11	YUKON #12-1-163-98H	SAMSON RESOURCES	ND	DIVIDE	32.81%
12	MOORE #5304 13-1H	OASIS	ND	WILLIAMS	32.70%
13	HOLLAND #9-19H	NORTH PLAINS	ND	WILLIAMS	32.68%
14	DENALI 13-24-163-98H	SAMSON RESOURCES	ND	DIVIDE	32.45%
15	CROSBY CREEK 1-5H	SINCLAIR	ND	DUNN	29.63%
16	FRENCH #21-30H	WHITING	MT	ROOSEVELT	29.20%
17	BLUE JAY #32-29-163-95H	SAMSON RESOURCES	ND	DIVIDE	29.13%
18	AV-SCHWARTZ-163-93-1102H-1	HESS	ND	BURKE	29.08%
19	STORK #20-17-162-96H	SAMSON RESOURCES	ND	DIVIDE	29.00%
20	PELICAN #26-35-162-96H	SAMSON RESOURCES	ND	DIVIDE	27.30%
21	STAMPEDE #2-36-25H	SLAWSON	ND	WILLIAMS	25.00%
22	FREDDY #1-8H	CONTINENTAL	ND	DIVIDE	24.97%
23	STALLION #2-1-12H	SLAWSON	ND	MOUNTRAIL	22.41%
24	ATHENA #1-36H	SLAWSON	ND	MOUNTRAIL	21.88%
25	REGEL #12-1-162-98H	SAMSON RESOURCES	ND	DIVIDE	21.30%
26	NEPTUNE #2-15H	SLAWSON	ND	MOUNTRAIL	20.35%
27	PARADISE #5892 11-30H	OASIS	ND	MOUNTRAIL	18.78%
28	OBENOUR #150-99-21-16-1H	NEWFIELD	ND	MCKENZIE	18.75%
29	REGETH #22-1H	HESS	ND	DUNN	18.75%
30	CRESCENT FARMS 7-6 #1H	ZAVANNA	ND	MCKENZIE	17.88%
31	HARLAN REBSOM 1-2-11H-143-95	OXY	ND	DUNN	17.81%
32	BORRUD 156-101-11D-2-1H	PETRO HUNT	ND	WILLIAMS	17.48%
33	SKEDSVOLD #150-101-4B-9-1H	PETRO HUNT	ND	MCKENZIE	17.19%
34	SHORT PRAIRIE #3-1415H	EOG RESOURCES	ND	WILLIAMS	17.10%
35	LYNN #5502 11-10H	OASIS	ND	WILLIAMS	15.68%
36	SIDONIA #41-2017H	EOG RESOURCES	ND	MOUNTRAIL	15.63%
37	STATE JAEGER #1-16-21H-142-94	OXY	ND	DUNN	15.63%
38	GO-SOLBERG #15-31H	HESS	ND	WILLIAMS	14.76%
39	SHORT PRAIRIE #7-1201H	EOG RESOURCES	ND	WILLIAMS	13.26%
40	MUSKRAT FEDERAL #2-28-33H	SLAWSON	ND	MOUNTRAIL	12.83%
41	RHODA #24-31H	MARATHON	ND	MOUNTRAIL	12.82%
42	HILLY 22-15 #1H	BRIGHAM	ND	MCKENZIE	12.66%
43	LINK #12-1H	WILLIAMS	ND	MCKENZIE	12.60%
44	EN-PERSON 156-94-1102H-2	HESS	ND	MOUNTRAIL	12.55%
45	EN-PERSON 156-94-1102H-3	HESS	ND	MOUNTRAIL	12.55%

46	LOSTWOOD #1-1201H	EOG RESOURCES	ND	MOUNTRAIL	12.52%
47	LOSTWOOD #18-1224H	EOG RESOURCES	ND	MOUNTRAIL	12.52%
48	LOSTWOOD #19-1324H	EOG RESOURCES	ND	MOUNTRAIL	12.52%
49	LOSTWOOD #2-1301H	EOG RESOURCES	ND	MOUNTRAIL	12.52%
50	MATTER STATE #3-17H	CORNERSTONE	ND	BURKE	12.50%
51	BARKLEY #1-5H	CONTINENTAL	ND	MCKENZIE	12.32%
52	MOE #19-18-162-100H 1PB	BAYTEX	ND	DIVIDE	12.24%
53	FERTILE #28-26H	EOG RESOURCES	ND	MOUNTRAIL	11.88%
54	EN-WANDER 156-94-0904H-1	HESS	ND	MOUNTRAIL	11.84%
55	HUNTER #2-8-17	SLAWSON	ND	MOUNTRAIL	11.74%
56	MUSTANG 7-6-163-98H	SAMSON RESOURCES	ND	DIVIDE	11.72%
57	LOSTWOOD #102-3526H	EOG RESOURCES	ND	MOUNTRAIL	11.52%
58	LOSTWOOD #16-3526H	EOG RESOURCES	ND	MOUNTRAIL	11.52%
59	ALBERTINE 21X-2	XTO ENERGY	ND	WILLIAMS	11.52%
60	LOSTWOOD #20-1123H	EOG RESOURCES	ND	MOUNTRAIL	11.51%
61	LOSTWOOD #21-1402H	EOG RESOURCES	ND	MOUNTRAIL	11.51%
62	LOSTWOOD #22-1423H	EOG RESOURCES	ND	MOUNTRAIL	11.51%
63	LOSTWOOD #23-3526H	EOG RESOURCES	ND	MOUNTRAIL	11.51%
64	LOSTWOOD #6-1102H	EOG RESOURCES	ND	MOUNTRAIL	11.51%
65	JACOBSON #8-33H	CORNERSTONE	ND	BURKE	11.14%
66	LANCASTER #2-11-162N-102W	CRESCENT POINT	ND	DIVIDE	11.10%
67	GORDON PAVLICEK #1-17-20H 141-95 OXY		ND	DUNN	10.94%
68	SUBMARINER FEDERAL #1-23-24H	SLAWSON	ND	MOUNTRAIL	10.89%
69	HOLM 9-4 #2-H	BRIGHAM	ND	MOUNTRAIL	9.75%
70	HOLM 9-4 #1-H	BRIGHAM	ND	MOUNTRAIL	9.75%
71	EN-WEFALD 156-94-1324H-2	HESS	ND	MOUNTRAIL	9.38%
72	FRANCHUK #44-20SWH	DENBURY	ND	DUNN	9.38%
73	BROWN 30-19 #2H	BRIGHAM	ND	MOUNTRAIL	9.25%
74	FORT BERHOLD 152-94-14C-11-1H	PETRO HUNT	ND	MCKENZIE	8.10%
75	WHITE #157-100-17B-20-1H	PETRO HUNT	ND	WILLIAMS	7.55%
76	1-H OSMOND #3-10	NEWFIELD	ND	WILLIAMS	7.51%
77	WALDOCK #21-16H	MARATHON	ND	MCLEAN	7.05%
78	ROSENVOLD #1-30H	CONTINENTAL	ND	DIVIDE	6.44%
79	KANDIYOHI #5-3031H	EOG RESOURCES	ND	BURKE	6.36%
80	SQUADRON #1-15-14H	SLAWSON	MT	ROOSEVELT	6.30%
81	BUCKLEY #1-9H	CONTINENTAL	MT	RICHLAND	6.25%
82	EN-JOHNSON -A 155-94-2932H-2	HESS	ND	MOUNTRAIL	6.25%
83	GO-ALASKON-156-97-3427H-1	HESS	ND	WILLIAMS	5.94%
84	PLADSON 4-9 #1H	BRIGHAM	ND	MOUNTRAIL	5.91%
85	JACOB MADISON #11-27H	MARATHON	ND	MOUNTRAIL	5.78%
86	1-H HUNTER #17-20	NEWFIELD	ND	WILLIAMS	5.55%
87	SIDONIA #26-2413H	EOG RESOURCES	ND	MOUNTRAIL	5.55%
88	DAGGER #1-10H	SLAWSON	ND	DUNN	5.30%

89	RUTLEDGE #1-32H	CONTINENTAL	ND	DUNN	4.97%
90	LAMEY #1-30-31H-143-96	OXY	ND	DUNN	4.95%
91	BUFFALO 34-12H	MARATHON	ND	DUNN	4.91%
92	BRUCE 5-8 #1H	ZAVANNA	ND	WILLIAMS	4.69%
93	RAY #12-27TFH	WHITING	ND	MOUNTRAIL	4.69%
94	SORENSEN #34-32 NWH	DENBURY	ND	MCKENZIE	4.69%
95	EN-CHARLES WOOD 157-94-1720H-1	HESS	ND	MOUNTRAIL	4.61%
96	HOWITZER #2-25	SLAWSON	ND	MOUNTRAIL	4.50%
97	HONOLULU #1-22H	CONTINENTAL	ND	MCKENZIE	4.22%
98	OXY OLSON #160-90-10-P-1H	OXY	ND	BURKE	4.17%
99	AMBUSH #1-31-30H	SLAWSON	ND	WILLIAMS	3.96%
100	REIGER #9-11H	NORTH PLAINS	ND	WILLIAMS	3.91%
101	EN-JOHNSON #155-94-2017H-2	HESS	ND	MOUNTRAIL	3.91%
102	JOHNSON 44-32H	MARATHON	ND	MOUNTRAIL	3.87%
103	WALLACE #7-1H	HESS	ND	DUNN	3.76%
104	SOVIG #150-100-22C-15-1H	PETRO HUNT	ND	MCKENZIE	3.59%
105	FERTILE #19-29H	EOG RESOURCES	ND	MOUNTRAIL	3.38%
106	L. TUFTO 7-6 #1-H	BRIGHAM	ND	WILLIAMS	3.24%
107	MEIERS #5692 11-19H	OASIS	ND	MOUNTRAIL	3.17%
108	LEE #34-31 NWH	DENBURY	ND	MCKENZIE	3.16%
109	WANNEMACHER #1-4-9H-142-95	OXY	ND	DUNN	3.14%
110	WILLIAM 41X-06	XTO ENERGY	ND	MCKENZIE	3.14%
111	FREDRICKSON #160-94-33C-28-2H	PETRO HUNT	ND	BURKE	3.13%
112	GO-SOINE A-156-97-3229H-1	HESS	ND	WILLIAMS	3.13%
113	KOUFAX 3-10 #1H	ZAVANNA	ND	MCKENZIE	3.13%
114	SYVERSON #150-99-36-25-1H	NEWFIELD	ND	MCKENZIE	3.13%
115	NELSON #2-26H	SINCLAIR	ND	MOUNTRAIL	3.11%
116	GLENDON #1-17H	CONTINENTAL	ND	WILLIAMS	3.05%
117	CHARLEY 10-15 #1H	BRIGHAM	MT	RICHLAND	2.73%
118	ROHDE #43-1TFH	WHITING	ND	MOUNTRAIL	2.57%
119	VERLYN STROMMEN #34-8H	MARATHON	ND	DUNN	2.50%
120	EN-NORSTEDT 157-93-1720H-1	HESS	ND	MOUNTRAIL	2.50%
121	DORIS 21X-5	XTO ENERGY	ND	WILLIAMS	2.28%
122	EN-TRINITY 154-93-2833H-2	HESS	ND	MOUNTRAIL	2.28%
123	EN-TRINITY 154-93-2833H-3	HESS	ND	MOUNTRAIL	2.28%
124	ZOC DAKOTA-3 ELK #16-21H	WILLIAMS	ND	MOUNTRAIL	2.15%
125	ROLFSON #11-16H	DENBURY	ND	MCKENZIE	2.08%
126	CLEAR WATER #1-24-25H	HUNT OIL	ND	MOUNTRAIL	2.08%
127	OPEDAHL 21X-11	XTO ENERGY	ND	WILLIAMS	1.85%
128	SIDONIA #44-2821H	EOG RESOURCES	ND	MOUNTRAIL	1.79%
129	COOK #2-24-13H	HUNT OIL	ND	DUNN	1.70%
130	CHARLOTTE #2-22H	CONTINENTAL	ND	MCKENZIE	1.68%
131	MONT #3-3403H	EOG RESOURCES	ND	WILLIAMS	1.67%

132 DRONE #1-34-27H	SLAWSON	ND	DUNN	1.59%
133 LIBERTY LR #17-11H	EOG RESOURCES	ND	MOUNTRAIL	1.59%
134 ELEANOR TWIST 1-10-3H-143-95	OXY	ND	DUNN	1.57%
135 HARTMAN #14-32H	MARATHON	ND	DUNN	1.57%
136 TILTON #34-7H	CONOCO PHILLIPS	ND	DUNN	1.53%
137 SCHILKE #1-30H	CONTINENTAL	ND	DIVIDE	1.51%
138 THIEL 2 11X-12	XTO ENERGY	MT	RICHLAND	1.47%
139 LOOMER #24-34 NEH	DENBURY	ND	MCKENZIE	1.41%
140 EN-CVANCARA A-155-93-3231H-1	HESS	ND	MOUNTRAIL	1.39%
141 CROSSBOW #1-7-6H	SLAWSON	ND	MCKENZIE	1.30%
142 KIRBY #9-7H	NORTH PLAINS	ND	WILLIAMS	1.27%
143 FERTILE #45-29H	EOG RESOURCES	ND	MOUNTRAIL	1.25%
144 JAMES HILL #9-0112H	EOG RESOURCES	ND	MOUNTRAIL	1.25%
145 EN-CHAMLEY 156-93-0508H-1	HESS	ND	MOUNTRAIL	1.23%
146 EN-FRETHEIM A-155-93-3334H-2	HESS	ND	MOUNTRAIL	1.19%
147 EN-FRETHEIM A-155-93-3334H-1	HESS	ND	MOUNTRAIL	1.18%
148 AMY ELIZABETH #11-2H	ARSENTAL	ND	MOUNTRAIL	1.13%
149 DAWSON #5494 13-1H	OASIS	ND	MOUNTRAIL	1.13%
150 LEWIS #5300 31-31H	OASIS	ND	WILLIAMS	1.02%
151 CLEARWATER #24-3025H	EOG RESOURCES	ND	MOUNTRAIL	1.02%
152 SPRATLEY #5494 34-13H	OASIS	ND	MOUNTRAIL	0.98%
153 WISNESS #152-96-28A-33-1H	PETRO HUNT	ND	MCKENZIE	0.82%
154 CATRON #1-26H	CONTINENTAL	ND	DUNN	0.78%
155 LUCY FLECKENSTEIN 34-20H	MARATHON	ND	DUNN	0.78%
156 SOLBERG #15-8H	HESS	ND	WILLIAMS	0.78%
157 TEMPE #1-29H	CONTINENTAL	ND	DIVIDE	0.78%
158 CARL #1-11H	CONTINENTAL	ND	DUNN	0.66%
159 EN-FRANDSON 154-93-2116H-2	HESS	ND	MOUNTRAIL	0.61%
160 EN-FRANDSON 154-93-2116H-3	HESS	ND	MOUNTRAIL	0.61%
161 DEVON #5601 12-17H	OASIS	ND	WILLIAMS	0.56%
162 MARTENS #2-5H	SINCLAIR	ND	MOUNTRAIL	0.56%
163 CANNONBALL FEDERAL #2-27-34H	SLAWSON	ND	MOUNTRAIL	0.55%
164 EN-REITCH #157-94-3229H-3	HESS	ND	MOUNTRAIL	0.52%
165 MORAN #15-1H	HESS	ND	MCKENZIE	0.51%
166 REDWING #1-3-10H	HUNT OIL	ND	MCKENZIE	0.50%

SECOND QUARTER EARNINGS RELEASE TELECONFERENCE CALL

In conjunction with Northern Oil's release of its financial and operating results, investors, analysts and other interested parties are invited to listen to a conference call with management on Tuesday, August 9, 2011 at 11:00 a.m. Central Daylight Time. Details for the conference call are as follows:

Dial-In Number: (888) 708-5689 (US/Canada) and (913) 312-1503 (International)

Conference ID: 1376043 - Northern Oil and Gas Second Quarter Earnings Release

Replay Dial-In Number: (888) 203-1112 (US/Canada) and (719) 457-0820 (International)

Replay Access Code: 1376043 - Replay will be available through August 23, 2011

ABOUT NORTHERN OIL AND GAS

Northern Oil and Gas, Inc. is an exploration and production company based in Wayzata, Minnesota. Northern Oil's core area of focus is the Williston Basin Bakken and Three Forks play in North Dakota and Montana.

More information about Northern Oil and Gas, Inc. can be found at www.NorthernOil.com.

SAFE HARBOR

This press release contains forward-looking statements regarding future events and our future results that are subject to the safe harbors created under the Securities Act of 1933 (the "Securities Act") and the Securities Exchange Act of 1934 (the "Exchange Act"). All statements other than statements of historical facts included in this report regarding our financial position, business strategy, plans and objectives of management for future operations, industry conditions, and indebtedness covenant compliance are forward-looking statements. When used in this report, forward-looking statements are generally accompanied by terms or phrases such as "estimate," "project," "predict," "believe," "expect," "anticipate," "target," "plan," "intend," "seek," "goal," "will," "should," "may" or other words and similar expressions that convey the uncertainty of future events or outcomes. Items contemplating or making assumptions about, actual or potential future sales, market size, collaborations, and trends or operating results also constitute such forward-looking statements.

Forward-looking statements involve inherent risks and uncertainties, and important factors (many of which are beyond our Company's control) that could cause actual results to differ materially from those set forth in the forward-looking statements, including the following, general economic or industry conditions, nationally and/or in the communities in which our Company conducts business, changes in the interest rate environment, legislation or regulatory requirements, conditions of the securities markets, our ability to raise capital, changes in accounting principles, policies or guidelines, financial or political instability, acts of war or terrorism, other economic, competitive, governmental, regulatory and technical factors affecting our Company's operations, products, services and prices.

We have based these forward-looking statements on our current expectations and assumptions about future events. While our management considers these expectations and assumptions to be reasonable, they are inherently subject to significant business, economic, competitive, regulatory and other risks, contingencies and uncertainties, most of which are difficult to predict and many of which are beyond our control.

CONTACT:

Investor Relations

Erik Nerhus
952-476-9800

NORTHERN OIL AND GAS, INC.
CONDENSED BALANCE SHEETS
JUNE 30, 2011 AND DECEMBER 31, 2010

ASSETS
(UNAUDITED)

	June 30,	December 31,
	2011	2010
CURRENT ASSETS		
Cash and Cash Equivalents	\$ 77,379,376	\$ 152,110,701
Trade Receivables	35,586,298	22,033,647
Prepaid Drilling Costs	15,755,429	13,225,650
Prepaid Expenses	518,841	345,695
Other Current Assets	211,015	475,967
Short - Term Investments	-	39,726,700
Deferred Tax Asset	6,203,000	5,100,000
Total Current Assets	135,653,959	233,018,360
PROPERTY AND EQUIPMENT		
Oil and Natural Gas Properties, Full Cost Method of Accounting		
Proved	267,625,123	158,846,475
Unproved	185,767,402	136,135,163
Other Property and Equipment	2,552,891	2,479,199
Total Property and Equipment	455,945,416	297,460,837
Less - Accumulated Depreciation and Depletion	37,504,043	22,152,356
Total Property and Equipment, Net	418,441,373	275,308,481
DEBT ISSUANCE COSTS	1,186,783	1,367,124
Total Assets	\$ 555,282,115	\$ 509,693,965

LIABILITIES AND STOCKHOLDERS' EQUITY

CURRENT LIABILITIES		
Accounts Payable	\$ 56,416,606	\$ 48,500,204
Accrued Expenses	1,440,211	2,829
Derivative Liability	14,279,978	11,145,319
Other Liabilities	18,574	18,574
Total Current Liabilities	72,155,369	59,666,926
LONG-TERM LIABILITIES		

Revolving Credit Facility	-	-
Derivative Liability	1,764,445	5,022,657
Other Noncurrent Liabilities	681,133	477,900
Total Long-Term Liabilities	2,445,578	5,500,557
DEFERRED TAX LIABILITY	19,141,000	9,167,000
Total Liabilities	93,741,947	74,334,483
COMMITMENTS AND CONTINGENCIES (Note 15)		
STOCKHOLDERS' EQUITY		
Preferred Stock, Par Value \$.001; 5,000,000 Authorized, No Shares Outstanding	-	-
Common Stock, Par Value \$.001; 95,000,000 Authorized, (6/30/2011 - 63,138,424 Shares Outstanding and 12/31/2010 – 62,129,424 Shares Outstanding)	63,138	62,129
Additional Paid-In Capital	440,772,915	428,484,092
Retained Earnings	21,134,250	7,759,192
Accumulated Other Comprehensive Loss	(430,135)	(945,931)
Total Stockholders' Equity	461,540,168	435,359,482
Total Liabilities and Stockholders' Equity	\$ 555,282,115	\$ 509,693,965

NORTHERN OIL AND GAS, INC.
CONDENSED STATEMENTS OF OPERATIONS
FOR THE THREE AND SIX MONTHS ENDED JUNE 30, 2011 AND 2010
(UNAUDITED)

	Three Months Ended		Six Months Ended	
	June 30,		June 30,	
	2011	2010	2011	2010
REVENUES				
Oil and Gas Sales	\$ 35,481,664	\$ 11,664,873	\$ 62,523,285	\$ 20,033,720
(Loss) Gain on Settled Derivatives	(5,608,231)	303,919	(8,870,287)	126,936
Mark-to-Market Gain (Loss) of Derivative Instruments	20,848,232	4,251,199	(430,397)	3,260,383
Other Revenue	104,433	11,782	130,246	32,248
Total Revenues	50,826,098	16,231,773	53,352,847	23,453,287
OPERATING EXPENSES				
Production Expenses	2,615,546	561,427	4,631,902	893,757
Production Taxes	3,311,037	1,024,277	5,926,901	1,670,143

General and Administrative Expense	2,749,418	1,911,543	6,040,007	3,618,511
Depletion of Oil and Gas Properties	8,349,600	2,600,836	15,213,079	4,484,441
Depreciation and Amortization	70,295	26,267	138,608	50,897
Accretion of Discount on Asset Retirement Obligations	7,794	9,215	12,524	12,752
Total Expenses	17,103,690	6,133,565	31,963,021	10,730,501
INCOME FROM OPERATIONS	33,722,408	10,098,208	21,389,826	12,722,786
OTHER INCOME (EXPENSE)	(229,508)	(144,342)	537,532	(232,290)
INCOME BEFORE INCOME TAXES	33,492,900	9,953,866	21,927,358	12,490,496
INCOME TAX PROVISION	13,060,000	3,833,000	8,552,300	4,810,000
NET INCOME	<u>\$ 20,432,900</u>	<u>\$ 6,120,866</u>	<u>\$ 13,375,058</u>	<u>\$ 7,680,496</u>
Net Income Per Common Share - Basic	<u>\$ 0.33</u>	<u>\$ 0.12</u>	<u>\$ 0.22</u>	<u>\$ 0.16</u>
Net Income Per Common Share - Diluted	<u>\$ 0.33</u>	<u>\$ 0.12</u>	<u>\$ 0.22</u>	<u>\$ 0.16</u>
Weighted Average Shares Outstanding – Basic	<u>61,686,463</u>	<u>49,934,409</u>	<u>61,586,603</u>	<u>47,032,602</u>
Weighted Average Shares Outstanding - Diluted	<u>62,053,888</u>	<u>50,609,944</u>	<u>62,028,292</u>	<u>47,593,962</u>

NORTHERN OIL AND GAS, INC.
CONDENSED STATEMENTS OF CASH FLOWS
FOR THE SIX MONTHS ENDED JUNE 30, 2011 AND 2010
(UNAUDITED)

	Six Months Ended	
	June 30,	
	<u>2011</u>	<u>2010</u>
CASH FLOWS FROM OPERATING ACTIVITIES		
Net Income	\$ 13,375,058	\$ 7,680,496
Adjustments to Reconcile Net Income to Net Cash Provided by Operating Activities:		
Depletion of Oil and Gas Properties	15,213,079	4,484,441
Depreciation and Amortization	138,608	50,897
Amortization of Debt Issuance Costs	180,341	280,768

Accretion of Discount on Asset Retirement Obligations	12,524	12,752
Deferred Income Taxes	8,550,000	4,810,000
Net (Gain) Loss on Sale of Available for Sale Securities	(215,092)	197,556
Unrealized Loss (Gain) on Derivative Instruments	430,397	(3,260,383)
Amortization of Deferred Rent	(9,287)	(9,287)
Share - Based Compensation Expense	3,363,345	2,006,369
Changes in Working Capital and Other Items:		
Increase in Trade Receivables	(13,552,651)	(4,286,731)
Increase in Prepaid Expenses	(173,146)	(337,765)
Decrease (Increase) in Other Current Assets	264,952	(71,078)
Increase in Accounts Payable	7,916,402	3,567,953
Decrease (Increase) in Accrued Expenses	158	(138,281)
Net Cash Provided By Operating Activities	<u>35,494,688</u>	<u>14,987,707</u>

CASH FLOWS FROM INVESTING ACTIVITIES

Purchases of Other Equipment and Furniture	(73,692)	(1,753,791)
Increase in Prepaid Drilling Costs	(2,529,779)	(4,977,412)
Proceeds from Sale of Oil and Gas Properties	5,027,162	237,877
Purchase of Available for Sale Securities	(18,381,690)	-
Proceeds from Sale of Available for Sale Securities	58,606,328	25,890,901
Purchase of Oil and Gas Properties and Development Capital Expenditures	(154,374,342)	(51,636,851)
Net Cash Used For Investing Activities	<u>(111,726,013)</u>	<u>(32,239,276)</u>

CASH FLOWS FROM FINANCING ACTIVITIES

Payments on Line of Credit	-	(834,492)
Advances on Revolving Credit Facility	-	5,300,000
Payments on Revolving Credit Facility	-	(5,300,000)
Repayment of Subordinated Notes	-	(100,000)
Debt Issuance Costs Paid	-	(379,400)
Proceeds from Exercise of Warrants	1,500,000	-
Proceeds from Issuance of Common Stock - Net of Issuance Costs	-	82,500,000
Net Cash Provided by Financing Activities	<u>1,500,000</u>	<u>81,186,108</u>

NET (DECREASE) INCREASE IN CASH AND CASH EQUIVALENTS (74,731,325) 63,934,539

CASH AND CASH EQUIVALENTS – BEGINNING OF PERIOD 152,110,701 6,233,372

CASH AND CASH EQUIVALENTS – END OF PERIOD \$ 77,379,376 \$ 70,167,911

Supplemental Disclosure of Cash Flow Information

Cash Paid During the Period for Interest	<u>\$ -</u>	<u>\$ 125,135</u>
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Cash Paid During the Period for Income Taxes	\$	-	\$	-
Non-Cash Financing and Investing Activities:				
Purchase of Oil and Gas Properties through Issuance of Common Stock	\$	-	\$	5,698,337
Payment of Compensation through Issuance of Common Stock	\$	12,227,060	\$	4,224,114
Capitalized Asset Retirement Obligations	\$	199,996	\$	69,802

USE OF NON GAAP FINANCIAL MEASURES

Northern Oil and Gas, Inc. Reconciliation of Adjusted EBITDA

	Three Months Ended		Six Months Ended	
	June 30,		June 30,	
	2011	2010	2011	2010
Net Income	\$ 20,432,900	\$ 6,120,866	\$ 13,375,058	\$ 7,680,496
Add Back:				
Income Tax Provision	13,060,000	3,833,000	8,552,300	4,810,000
Depreciation, Depletion, Amortization, and Accretion	8,427,689	2,766,688	15,364,211	4,548,090
Share Based Compensation	1,505,174	1,193,072	3,363,345	2,006,369
Mark-to-Market of Derivative Instruments	(20,848,232)	(4,251,199)	430,397	(3,260,383)
Interest Expense	122,546	14,959	243,188	310,522
Adjusted EBITDA	<u>\$ 22,700,077</u>	<u>\$ 9,677,386</u>	<u>\$ 41,328,499</u>	<u>\$ 16,095,094</u>
Adjusted EBITDA Per Common Share - Basic	<u>\$ 0.37</u>	<u>\$ 0.19</u>	<u>\$ 0.67</u>	<u>\$ 0.34</u>
Adjusted EBITDA Per Common Share - Diluted	<u>\$ 0.37</u>	<u>\$ 0.19</u>	<u>\$ 0.67</u>	<u>\$ 0.34</u>
Weighted Average Shares Outstanding – Basic	<u>61,686,463</u>	<u>49,934,409</u>	<u>61,586,603</u>	<u>47,032,602</u>

Weighted Average Shares Outstanding - Diluted	62,053,888	50,609,944	62,028,292	47,593,962
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Northern Oil and Gas, Inc.
Reconciliation of Adjusted EBITDA Per Common Share - Basic

	Three Months Ended		Six Months Ended	
	June 30,		June 30,	
	2011	2010	2011	2010
Net Income Per Common Share - Basic (As Reported)	\$ 0.33	\$ 0.12	\$ 0.22	\$ 0.16
Add Back:				
Income Tax Provision	0.22	0.08	0.14	0.10
Depreciation, Depletion, Amortization, and Accretion	0.14	0.06	0.25	0.10
Share Based Compensation	0.02	0.02	0.05	0.04
Mark-to-Market of Derivative Instruments	(0.34)	(0.09)	0.01	(0.07)
Interest Expense	0.00	0.00	0.00	0.01
Adjusted EBITDA Per Common Share - Basic (Adjusted for Non-GAAP Measurements)	\$ 0.37	\$ 0.19	\$ 0.67	\$ 0.34

Northern Oil and Gas, Inc.
Reconciliation of Adjusted EBITDA Per Common Share - Diluted

	Three Months Ended		Six Months Ended	
	June 30,		June 30,	
	2011	2010	2011	2010
Net Income Per Common Share - Diluted	\$ 0.33	\$ 0.12	\$ 0.22	\$ 0.16

(As Reported)

Add Back:

Income Tax Provision	0.22	0.08	0.14	0.10
Depreciation, Depletion, Amortization, and Accretion	0.14	0.05	0.25	0.10
Share Based Compensation	0.02	0.02	0.05	0.04
Mark-to-Market of Derivative Instruments	(0.34)	(0.08)	0.01	(0.07)
Interest Expense	0.00	0.00	0.00	0.01
Adjusted EBITDA Per Common Share - Diluted	<u>\$ 0.37</u>	<u>\$ 0.19</u>	<u>\$ 0.67</u>	<u>\$ 0.34</u>

(Adjusted for Non-GAAP Measurements)

Northern Oil and Gas, Inc.
Reconciliation of GAAP Net Income to Non-GAAP Net Income Excluding
Unrealized Mark-to-Market Hedging Gains and Losses

	Three Months Ended		Six Months Ended	
	June 30,		June 30,	
	2011	2010	2011	2010
Net Income	\$ 20,432,900	\$ 6,120,866	\$ 13,375,058	\$ 7,680,496
Mark-to-Market of Derivative Instruments	(20,848,232)	(4,251,199)	430,397	(3,260,383)
Tax Impact	8,131,000	1,633,000	(168,000)	1,272,000
Net Income without Effect of Certain Items	\$ 7,715,668	\$ 3,502,667	\$ 13,637,455	\$ 5,692,113
Net Income Per Common Share - Basic	\$ 0.13	\$ 0.07	\$ 0.22	\$ 0.12
Net Income Per Common Share - Diluted	\$ 0.12	\$ 0.07	\$ 0.22	\$ 0.12
Weighted Average Shares Outstanding – Basic	61,686,463	49,934,409	61,586,603	47,032,602

Weighted Average Shares Outstanding - Diluted	62,053,888	50,609,944	62,028,292	47,593,962
Net Income Per Common Share - Basic	\$ 0.33	\$ 0.12	\$ 0.22	\$ 0.16
Change due to Mark-to-Market of Derivative Investments	(0.34)	(0.08)	0.01	(0.07)
Change due to Tax Impact	0.14	0.03	(0.01)	0.03
Net Income without Effect of Certain Items Per Common Share - Basic	\$ 0.13	\$ 0.07	\$ 0.22	\$ 0.12
Net Income Per Common Share - Diluted (As Reported)	\$ 0.33	\$ 0.12	\$ 0.22	\$ 0.16
Change due to Mark-to-Market of Derivative Investments	(0.34)	(0.08)	0.01	(0.07)
Change due to Tax Impact	0.13	0.03	(0.01)	0.03
Net Income without Effect of Certain Items Per Common Share - Diluted	<u>\$ 0.12</u>	<u>\$ 0.07</u>	<u>\$ 0.22</u>	<u>\$ 0.12</u>

SOURCE Northern Oil and Gas, Inc.