

Stellar Field Set to Conquer LeadmanTri Life Time Epic in Bend September 22

Triathlon who's who highlight field competing in inaugural 250- and 125-kilometer Bend event

BEND, Ore.--(BUSINESS WIRE)-- Boasting one of the largest professional fields among 2012 ultra-distance triathlons, <u>Life Time Fitness</u> (NYSE:LTM)—The Healthy Way of Life Company, will bring the <u>LeadmanTri Life Time Epic (LeadmanTri)</u> to Bend, Ore., on September 22. The inaugural Oregon event is the only triathlon of its kind, offering participants their choice of 125- or 250-kilometer distances through the awe-inspiring Northwestern landscape.

The race will feature nearly 5,000 feet of climbing and a peak elevation of 6,200 feet on one of the most beautiful and challenging triathlon courses in the world. The full Leadman course boasts a five-kilometer (3.1-mile) swim in idyllic Lake Cultus, a 223-kilometer (138.6-mile) bike around dormant volcano, Mount Bachelor, a breath-taking 22-kilometer (13.7-mile) trail run through Tetherow Country Club along the Descheutes River, with a finish line in the Old Mill District of Bend.

Participants also can compete as part of a three-person relay on the LeadmanTri 250 course or on the Half Leadman course, featuring a 2.5-kilometer (1.5-mile) swim, 106-kilometer (65.9-mile) bike and 16.5-kilometer (10.3-mile) run.

Professional triathletes scheduled to compete include:

- Paolina Allen
- Christine Anderson
- Jackie Arendt
- Karl Bordine
- Haley Cooper
- Linsey Corbin
- Trish Diem
- Derrick Garcia
- Thomas Gerlach
- Heather Gollnick
- Mathias Hecht
- Mark Hillers

- Heather Jackson
- Nathan Killam
- Matt Lieto
- Jen Luebke
- Doug MacLean
- Tim Marr
- Rachel McBride
- Katya Meyers
- Angela Naeth
- Charles Perreault
- Jean-Francois Perron
- Kristen Peterson
- Olly Piggin
- Jordan Rapp
- Bryan Rhodsey
- Matthew Russell
- Matt Sheeks
- Erich Wegscheider

For more information about the LeadmanTri Life Time Epic 250/125, including qualification requirements, visit www.leadmantri.com. Or like the event on Facebook at www.facebook.com/leadmantri.

About Life Time Fitness, Inc.

As The Healthy Way of Life Company, Life Time Fitness (NYSE:LTM) helps organizations, communities and individuals achieve their total health objectives, athletic aspirations and fitness goals by engaging in their areas of interest – or discovering new passions – both inside and outside of Life Time's distinctive and large sports, professional fitness, family recreation and spa destinations, most of which operate 24 hours a day, seven days a week. The Company's Healthy Way of Life approach enables customers to achieve this by providing the best programs, people and places of uncompromising quality and value. As of September 10, 2012, the Company operated 105 centers under the LIFE TIME FITNESS® and LIFE TIME ATHLETIC(SM) brands in the United States and Canada. Additional information about Life Time centers, programs and services is available at lifetimefitness.com.

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