

Nature's Sunshine Sets Fourth Quarter and Full Year 2022 Conference Call for Wednesday, March 15, 2023, at 5:00 p.m. ET

LEHI, Utah, March 01, 2023 (GLOBE NEWSWIRE) -- Nature's Sunshine Products, Inc. (Nature's Sunshine) (NASDAQ: NATR), a leading natural health and wellness company manufacturing high-quality herbal and nutrition products, will conduct a conference call on Wednesday, March 15, 2023, at 5:00 p.m. Eastern time (3:00 p.m. Mountain time) to discuss its financial results for the fourth quarter and full year ended December 31, 2022. The company will report its financial results in a press release prior to the conference call.

Nature's Sunshine CEO Terrence Moorehead and CFO Shane Jones will host the conference call, followed by a question and answer period.

Date: Wednesday, March 15th, 2023

Time: 5:00 p.m. Eastern time (3:00 p.m. Mountain time)

Toll-free dial-in number: 1-877-407-3982 International dial-in number: 1-201-493-6780

Conference ID: 13736439

Please call the conference telephone number 5-10 minutes prior to the start time. An operator will register your name and organization. If you have any difficulty connecting with the conference call, please contact Gateway Group at 1-949-574-3860.

The conference call will be broadcast live and available for replay<u>here</u> and via the Events section of the Nature's Sunshine website <u>here</u>.

A replay of the conference call will be available after 8:00 p.m. Eastern time on the same day through Wednesday March 29, 2023.

Toll-free replay number: 1-844-512-2921 International replay number: 1-412-317-6671

Replay ID: 13736439

About Nature's Sunshine

Nature's Sunshine Products (NASDAQ: NATR), a leading natural health and wellness company, markets and distributes nutritional and personal care products in more than 40 countries. Nature's Sunshine manufactures its products at its state-of-the-art facilities to ensure its products continue to set the standard for the highest quality, safety, and efficacy on the market today. Additional information about the Company can be obtained at its

website, www.naturessunshine.com.

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Source: Nature's Sunshine Products, Inc.