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2013 Leadville Race Series Concludes Saturday, August 17 with Leadville Trail 100 Run

Alban Lakata and Sally Bigham break course records; crowned champions of prestigious Leadville 100 MTB

LEADVILLE, Colo.--(BUSINESS WIRE)-- Following the success of the Leadville 100 MTB last weekend, more than 1,100 runners will descend up Leadville, Colo. on Saturday, Aug. 17 for a weekend of racing at the Leadville Trail 100 Run presented by Life Time – The Healthy Way of Life Company (NYSE: LTM) and produced by its premier endurance events division Life Time Athletic Events. August 10 marked the 20th internationally renowned Leadville Trail 100 MTB when more than 2,200 riders from 50 states and 35 countries took on the country's most prestigious and iconic course at elevations ranging from 10,152 to 12,424 feet over 100 miles of challenging Colorado Rockies terrain.

Alban Lakata (Austria) and Sally Bigham (Great Britain) emerged as victors of the 2013 Leadville Trail 100 MTB contest. Lakata set a new course record crossing the finish in 6:04:01, followed closely behind by second place winner Christophe Sauser (Switzerland) who finished in 6:05:07. Colorado's own, Todd Wells (U.S.) finished third in 6:18:47. The previous course record was held by Levi Leipheimer.

Bigham shattered the female course record of 7:28:06 previously held by Rebecca Rusch (U.S.) and finished with a winning time of 7:17:01. Alison Powers (U.S.) followed at 7:21:57 and Rebecca Rusch finished third with a time of 7:35:27.

The original ultra-distance mountain bike event, the Leadville Trail 100 launched in 1994 and has since attracted thousands of racers to the Colorado community.

"The 20th year of the Leadville Trail 100 MTB came with new records, but also reinforced the special traditions of this race," remarked Josh Colley, Leadville race director. "Once again this year, participants competed against a stellar field of some of the country's best mountain bikers on the 103-mile course. At the end of the day and all records aside, simply crossing the finish line was a victory to most."

The 2013 Leadville Race Series concludes this Saturday, Aug. 17 with more than 1,100 participants running the Leadville Trail 100 Run. The legendary "Race Across the Sky" 100 mile run began 1983 and still draws thousands of participants to Leadville each year for a demanding 103-mile out-and-back course with total elevation range, or climb, of 17,000 feet.

For complete results visit www.leadvilleraceseries.com. For photos and more visit the Leadville Race Series Facebook page. To learn more about Life Time Athletic Events visit EventsByLifetime.com.

About the Leadville Race Series
Started with only 45 runners as the Leadville Trail 100 in 1983, the Leadville Race Series now consists of seven running events and four mountain biking events, plus six events in the Leadville Qualifying Series. The Race Series stretches across three months, and hosts thousands of racers on foot and on mountain bike in some of the world's most iconic events. Endurance athletes worldwide now make the pilgrimage to Leadville, Colo., with the single goal of competing in "The Race Across the Sky." Visit www.leadvilleraceseries.com for more information.

About Life Time Fitness, Inc.
As The Healthy Way of Life Company, Life Time Fitness (NYSE:LTM) helps organizations, communities and individuals achieve their total health objectives, athletic aspirations and fitness goals by engaging in their areas of interest — or discovering new passions — both inside and outside of Life Time's distinctive and large sports, professional fitness, family recreation and spa destinations, most of which operate 24 hours a day, seven days a week. The Company's Healthy Way of Life approach enables customers to achieve this by providing the best programs, people and places of uncompromising quality and value. As of August 14, 2013, the Company operated 106 centers under the LIFE TIME FITNESS® and LIFE TIME ATHLETIC® brands in the United States and Canada. Additional information about Life Time centers, programs and services is available at lifetimefitness.com.

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