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Herbalife Appoints New Nutrition and Fitness Experts

LOS ANGELES--(BUSINESS WIRE)-- Herbalife Ltd. (NYSE: HLF) announced today that it has appointed Rocio Medina, M.D. as vice president, nutrition training, and Samantha Clayton, to the newly-created position of director, worldwide fitness education.

Having served on the company's Nutrition Advisory Board since 2007, Medina will now lead Herbalife's global nutrition training with an increased focus on education for Herbalife independent distributors on the principles of nutrition and living a healthy, active lifestyle.

Medina was a professor of nutrition and obesity at the University of Monterrey in Mexico, where she designed a series of courses specializing in these areas. Along with her colleagues, she also founded the Medical College of Surgeons and Professionals in Obesity and Clinical Nutrition at Nuevo León in 2000, where she served as president from 2009 to 2010. Additionally, Medina is a member of the National Association for the Study of Obesity, since 2004. Previously, she served as medical coordinator for the Ministry of the Preventive Police Force of Monterrey.

Medina received her medical degree at the Autonomous University of Nuevo Leon (Universidad Autónoma de Nuevo Leon), in Monterrey, Mexico; two nutrition and obesity post-degrees at the Autonomous University of Nuevo Leon and the University of Monterrey (1999-2001); and her specialization training in nutrition and obesity from University of Monterrey (2010).

Clayton will manage activities relating to exercise and fitness education for Herbalife independent Distributors and employees. She will also create, organize, and promote employee fitness programs and activities to align with the company's corporate wellness program.

A native of Liverpool England, Clayton worked as a consultant to the company for the last two years and led the 24-Fit program, Herbalife's first comprehensive fitness training program and DVD series. In 2000 she represented England in the 2000 Sydney Olympics in both the 200m race and the 4x100m relay. Prior to the Olympics, she won two medals in the Olympic AAA trials; a silver medal for the 200m and a bronze for the 100m as well as a silver medal in the 4x100m relay during the European Junior Championships. Her personal records include an 11.40 in the 100m and 23.02 in the 200m. Clayton is a personal trainer and group exercise coach through the American Fitness and Aerobics Association (AFAA) and International Sport Science Association (ISSA).

About Herbalife Ltd.

Herbalife Ltd. (NYSE:HLF) is a global nutrition company that sells weight-management, nutrition and personal care products intended to support a healthy lifestyle. Herbalife

products are sold in more than 80 countries to and through a network of independent distributors. The company supports the Herbalife Family Foundation and its Casa Herbalife program to help bring good nutrition to children. Herbalife's website contains information about Herbalife, including financial and other information for investors at <http://ir.Herbalife.com>. The company encourages investors to visit its website from time to time, as information is updated and new information is posted.

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