May 20, 2010

Washington Real Estate Investment Trust Recognized for Workplace Excellence

ROCKVILLE, Md.--(BUSINESS WIRE)-- Washington Real Estate Investment Trust (WRIT) (NYSE:WRE) received the 2010 Workplace Excellence Award and the 2010 Health & Wellness Trailblazer Award from the Alliance for Workplace Excellence on May 17, 2010.

The Workplace Excellence Award winners demonstrate outstanding commitment to balanced leadership and the overall success of their workforce, and the Health & Wellness Trailblazer Award recognizes employers who provide innovative programs for employee health and wellness. These awards were created to honor businesses that promote professional fulfillment and personal wellness-at work, at home, and in the community. 2010 marks the eleventh year that the Alliance for Workplace Excellence has recognized the Washington, D.C. area's best places to work. This is WRIT's second Workplace Excellence Award and first Health & Wellness Trailblazer Award.

Laura Franklin, Executive Vice President of Administration of WRIT, said, "These awards are a testament to the various wellness initiatives we have taken as a company, and the dedication of our employees to embracing healthy lifestyle choices. We are proud of our commitment to a strong corporate culture and service to the communities where we live and work."

The Alliance for Workplace Excellence (AWE) is a 501(c)3 nonprofit organization founded by Montgomery County, Maryland and Discovery Communications.

WRIT is a self-administered, self-managed, equity real estate investment trust investing in income-producing properties in the greater Washington metro region. WRIT owns a diversified portfolio of 90 properties totaling approximately 11 million square feet of commercial space and 2,540 residential units. These 90 properties consist of 27 office properties, 20 industrial/flex properties, 18 medical office properties, 14 retail centers, 11 multifamily properties and land for development. WRIT shares are publicly traded on the New York Stock Exchange (NYSE:WRE).

Certain statements in our earnings press release or during our presentation are "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995. Such statements involve known and unknown risks, uncertainties, and other factors that may cause actual results to differ materially. Such risks, uncertainties and other factors include, but are not limited to, the effect of the current credit and financial market conditions, the availability and cost of capital, fluctuations in interest rates, tenants' financial conditions, the timing and pricing of lease transactions, levels of competition, the effect of government regulation, the impact of newly adopted accounting principles, changes in general and local economic and real estate market conditions, and other risks and uncertainties detailed from time to time in our filings with the SEC, including our 2009 Form 10-K and first quarter 2010 10-Q. We assume no obligation to update or supplement forward-looking statements that

become untrue because of subsequent events.

Source: Washington Real Estate Investment Trust (WRIT)