October 12, 2007

Washington Real Estate Investment Trust Promotes Thomas L. Regnell to Senior Vice President, Acquisitions

ROCKVILLE, Md.--(BUSINESS WIRE)--

Washington Real Estate Investment Trust (WRIT) (NYSE: WRE) announces the promotion of Thomas L. Regnell to Senior Vice President, Acquisitions effective October 1, 2007. Mr. Regnell joined the Trust in 1995 and most recently served as Managing Director, Acquisitions. Over the past 12 years, Mr. Regnell was responsible for the acquisition of over $1.5 billion dollars of investment property for the WRIT portfolio through almost 70 individual transactions representing over 10 million square feet.

Mr. Regnell is a member of the Urban Land Institute (ULI), the International Council of Shopping Centers (ICSC), the National Association of Office and Industrial Parks (NAIOP) and serves as a director of the Northern Virginia NAIOP. He also is a member of the National Advisory Council to the George Washington University's School of Media and Public Affairs.

WRIT is a self-administered, self-managed, equity real estate investment trust investing in income-producing properties in the greater Washington metro region. WRIT's dividends have increased every year for 37 consecutive years. WRIT's FFO per share has increased every year for 34 consecutive years. WRIT owns a diversified portfolio of 88 properties consisting of 14 retail centers, 24 general purpose office properties, 17 medical office properties, 23 industrial/flex properties, 10 multi-family properties and land for development. WRIT shares are publicly traded on the New York Stock Exchange (NYSE:WRE).

Certain statements in this press release are "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995. Such statements involve known and unknown risks, uncertainties, and other factors that may cause actual results to differ materially. Such risks, uncertainties and other factors include, but are not limited to, fluctuations in interest rates, availability of raw materials and labor costs, levels of competition, the effect of government regulation, the availability of capital, weather conditions, the timing and pricing of lease transactions, and changes in general and local economic and real estate market conditions.

Source: Washington Real Estate Investment Trust (WRIT)