March 2017 - Issue #58

The

EXCHANGE

a Newsletter by Edible Garden

Welcome to EDIBLE GARDEN!

Edible Garden is a national brand grown by a Co-Op of local growers of fresh, hydroponic produce with a specialty in "Living" produce, which assures consumers they are getting the freshest most nutrient dense produce on their supermarket shelves.

Happy St. Patrick's Day!

This month, EG is celebrating all things green so of course we have to mention the greenest of all holidays... St. Patrick's Day!

You don't have to be Irish to celebrate St. Patrick's Day. It is the perfect excuse to get together with friends and family to celebrate all things green. Check out our Going Green Pinterest board for the greatest and greenest recipes you can find!

EG's Sunlight Recipe

Guacamole Cups

The perfectly festive St. Patrick's Day app!

Ingredients:

1. Wonton wraps.
2. Ripe avocados.
3. Diced red onions.
4. Fresh EG Cilantro, chopped.
5. Fresh chopped jalapeno to taste.
6. Freshly-squeezed lime juice.
7. Kosher salt.
8. Ground cumin.

Instructions

1. Preheat oven to 350 degrees.
2. Combine avocados, onions, cilantro, jalapeno, lime juice, salt and cumin in bowl. Mash to create guacamole.

EG Sunlight

Here at Edible Garden we have so many great products to choose from. That being said, we decided that it was only fair that each one of our products got a month entirely their own. A chance for that product to hog the spotlight... Or in Edible Garden's case, the Sunlight. All issues of *The Exchange* received during that product's month will feature cool facts, recipes, creative ideas, and so much more about that particular product! So without further adieu...

March's EG Sunlight Shines on...

Cilantro

Check out our Going Green Pinterest board!

3. Press your desired number of wonton wrappers into a mini baking cup pan to form the "cups". (Be sure the corners do not fold in.)
4. Bake the cups for 10-15 mins, or until the wrappers are golden brown. Remove and let cool.
5. Scoop guacamole into each cup.
6. Serve immediately and enjoy!

Going Green for March 2017!

Giving Back

Don't forget... Going green isn't all about St. Patrick's Day! Continue to celebrate our month of green by doing your part to reduce your carbon footprint!

Picked Fresh From The Edible Garden Patch

4" Potted Organic Cilantro

"Organic" isn't just a trend, it's a way of life. Growing our fresh herbs 100% organically allows us to serve you the healthiest plants possible.

Did you know?

Cilantro was one of the very first herbs to be brought to the Americas from Europe!

Edible Garden Herbs, 283 County Road 519, Belvidere, NJ 07823

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