

Natural Health Trends to Report Second Quarter 2021 Financial Results on August 4th

HONG KONG, July 28, 2021 (GLOBE NEWSWIRE) -- Natural Health Trends Corp. (NASDAQ: NHTC), a leading direct-selling and e-commerce company that markets premium quality personal care, wellness, and "quality of life" products under the NHT Global brand, today announced the Company will report its financial results for the second quarter ended June 30, 2021 on Wednesday, August 4, 2021 at 9:00 a.m. Eastern Time. Chris Sharng, Natural Health Trends' President, and Scott Davidson, Senior Vice President and Chief Financial Officer, will host a conference call to discuss the second quarter 2021 financial results on the same day at 11:30 a.m. Eastern Time. The details for the conference call can be found below.

Second Quarter 2021 Financial Results Conference Call

Date: Wednesday, August 4, 2021

Time: 11:30 a.m. Eastern Time / 8:30 a.m. Pacific Time

Dial-in: 1-877-407-0789 (Domestic)

1-201-689-8562 (International)

Conference 13721247

ID:

Webcast: http://public.viavid.com/index.php?id=145583

Replay: For those unable to participate during the live broadcast, a replay of the call will

also be available from 2:30 p.m. Eastern Time on August 4, 2021 through 11:59 p.m. Eastern Time on August 18, 2021 by dialing 1-844-512-2921 (domestic) and 1-412-317-6671 (international) and referencing the replay pin number:

13721247.

About Natural Health Trends Corp.

Natural Health Trends Corp. (NASDAQ: NHTC) is an international direct-selling and e-commerce company operating through its subsidiaries throughout Asia, the Americas, and Europe. The Company markets premium quality personal care products under the NHT Global brand. Additional information can be found on the Company's website at

www.naturalhealthtrendscorp.com.

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Source: Natural Health Trends Corp.