

Natural Health Trends to Report Second **Quarter 2020 Financial Results on August** 5th

HONG KONG, July 29, 2020 (GLOBE NEWSWIRE) -- Natural Health Trends Corp. (NASDAQ: NHTC), a leading direct-selling and e-commerce company that markets premium quality personal care, wellness, and "quality of life" products under the NHT Global brand, today announced the Company will report its financial results for the second guarter ended June 30, 2020 on Wednesday, August 5, 2020 at 9:00 a.m. Eastern Time. Chris Sharng, Natural Health Trends' President, and Scott Davidson, Senior Vice President and Chief Financial Officer, will host a conference call to discuss the second quarter 2020 financial results on the same day at 11:30 a.m. Eastern Time. The details for the conference call can be found below.

Second Quarter 2020 Financial Results Conference Call

Date: Wednesday, August 5, 2020

Time: 11:30 a.m. Eastern Time / 8:30 a.m. Pacific Time

Dial-in: 1-877-407-0789 (Domestic)

1-201-689-8562 (International)

Conference

13706115

ID:

http://public.viavid.com/index.php?id=140483 Webcast:

For those unable to participate during the live broadcast, a replay of the call will also be Replay:

> available from 2:30 p.m. Eastern Time on August 5, 2020 through 11:59 p.m. Eastern Time on August 19, 2020 by dialing 1-844-512-2921 (domestic) and 1-412-317-6671

(international) and referencing the replay pin number: 13706115.

About Natural Health Trends Corp.

Natural Health Trends Corp. (NASDAQ: NHTC) is an international direct-selling and ecommerce company operating through its subsidiaries throughout Asia, the Americas, and Europe. The Company markets premium quality personal care products under the NHT Global brand. Additional information can be found on the Company's website at www.naturalhealthtrendscorp.com.

CONTACTS:

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Source: Natural Health Trends Corp.