

February 5, 2020



## Natural Health Trends to Report Fourth Quarter and Full Year 2019 Financial Results on February 12th

HONG KONG, Feb. 05, 2020 (GLOBE NEWSWIRE) -- Natural Health Trends Corp. (NASDAQ: NHTC), a leading direct-selling and e-commerce company that markets premium quality personal care, wellness, and “quality of life” products under the NHT Global brand, today announced the Company will report its financial results for the fourth quarter and full year ended December 31, 2019 on Wednesday, February 12, 2020 at 9:00 a.m. Eastern Time. Chris Sharng, Natural Health Trends’ President, and Scott Davidson, Senior Vice President and Chief Financial Officer, will host a conference call to discuss the fourth quarter and full year 2019 financial results on the same day at 11:30 a.m. Eastern Time. The details for the conference call can be found below.

### Fourth Quarter and Full Year 2019 Financial Results Conference Call

**Date:** Wednesday, February 12, 2020

**Time:** 11:30 a.m. Eastern Time / 8:30 a.m. Pacific Time

**Dial-in:** 1-877-407-0789 (Domestic)  
1-201-689-8562 (International)

**Conference ID:** 13698060

**ID:**

**Webcast:** <http://public.viavid.com/index.php?id=137649>

**Replay:** For those unable to participate during the live broadcast, a replay of the call will also be available from 2:30 p.m. Eastern Time on February 12, 2020 through 11:59 p.m. Eastern Time on February 26, 2020 by dialing 1-844-512-2921 (domestic) and 1-412-317-6671 (international) and referencing the replay pin number: 13698060.

### About Natural Health Trends Corp.

Natural Health Trends Corp. (NASDAQ: NHTC) is an international direct-selling and e-commerce company operating through its subsidiaries throughout Asia, the Americas, and Europe. The Company markets premium quality personal care products under the NHT Global brand. Additional information can be found on the Company’s website at [www.naturalhealthtrendsCorp.com](http://www.naturalhealthtrendsCorp.com).

### CONTACTS:

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Source: Natural Health Trends Corp.