

Natural Health Trends to Report Fourth Quarter and Full Year 2018 Financial Results on February 21st

HONG KONG, Feb. 15, 2019 (GLOBE NEWSWIRE) -- Natural Health Trends Corp. (NASDAQ: NHTC), a leading direct-selling and e-commerce company that markets premium quality personal care, wellness, and "quality of life" products under the NHT Global brand, today announced the Company will report its financial results for the fourth quarter and full year ended December 31, 2018 on Thursday, February 21, 2019 at 4:05 p.m. Eastern Time. Chris Sharng, Natural Health Trends' President, and Scott Davidson, Senior Vice President and Chief Financial Officer, will host a conference call to discuss the fourth quarter and full year 2018 financial results on the same day at 4:30 p.m. Eastern Time. The details for the conference call can be found below.

Fourth Quarter and Full Year 2018 Financial Results Conference Call

Date: Thursday, February 21, 2019

Time: 4:30 p.m. Eastern Time / 1:30 p.m. Pacific Time

Dial-in: 1-877-407-0789 (Domestic)

1-201-689-8562 (International)

Conference 13687705

ID:

Webcast: http://public.viavid.com/index.php?id=133312

Replay: For those unable to participate during the live broadcast, a replay of the call will also

be available from 7:30 p.m. Eastern Time on February 21, 2019 through 11:59 p.m. Eastern Time on March 7, 2019 by dialing 1-844-512-2921 (domestic) and 1-412-317-6671 (international) and referencing the replay pin number: 13687705.

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About Natural Health Trends Corp.

Natural Health Trends Corp. (NASDAQ: NHTC) is an international direct-selling and e-commerce company operating through its subsidiaries throughout Asia, the Americas, and Europe. The Company markets premium quality personal care products under the NHT Global brand. Additional information can be found on the Company's website at www.naturalhealthtrendscorp.com.

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Source: Natural Health Trends Corp.