Form 8937 (December 2017) Department of the Treasury Internal Revenue Service

Report of Organizational Actions Affecting Basis of Securities

➤ See separate instructions.

OMB No. 1545-0123

Part I Reporting Is	suer					
1 Issuer's name				2 Issuer's employer identification number (EIN)		
Northern Oil and Gas, Inc.				95-3848122		
3 Name of contact for add	tional information	4 Telephon	e No. of contact	5 Email address of contact		
Chad Allen			952-476-9800	callen@northernoil.com		
6 Number and street (or P.	O. box if mail is not	7 City, town, or post office, state, and ZIP code of contact				
		Minnetonka MN 55305				
601 Carlson Parkway, Suite	990	1	sification and description			
8 Date of action						
N						
November 22, 2019 10 CUSIP number	11 Serial number(s	5)	12 Ticker symbol	13 Account number(s)		
	TT CONGINGING	-,	in india.	15 / lessant manipol(s)		
665531AE9						
Part II Organizatio	nal Action Attac	h additiona	statements if needed. S	See back of form for additional questions.		
				ate against which shareholders' ownership is measured for		
the action ► See atta	ched.					
7						
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27						
				11		
15 Describe the quantitati share or as a percentage			ion on the basis of the secu	urity in the hands of a U.S. taxpayer as an adjustment per		
16 Describe the calculation valuation dates ► See		easis and the	data that supports the calcu	ulation, such as the market values of securities and the		
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Pai	rt II	0	rganizational Actio	n (continued))			
17	List	the a	pplicable Internal Revenu	e Code sectior	n(s) and subsection(s) upon which the tax t	reatment is based ▶	See attached.
18	Can	any (resulting loss be recogniz	ed?► See at	tached.			
19	Prov	vide a	ny other information nec	ssary to imple	ment the adjustmen	t, such as the reportab	ole tax year ► See att	ached.
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	1	Jnder	penalties of perjury, I declar	that I have exa	mined this return, inclu	ding accompanying sche	dules and statements, a	and to the best of my knowledge an
	- 1	oeliet,	it is true, correct, and comple	te. Declaration o	of preparer (other than o	micer) is based on all into	rmation of which prepare	er has any knowledge.
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Her	e s	Signat	ure▶				Date ► /	12/120
		Print y	our name ► Chad Allen					ounting Officer
Pai	d		Print/Type preparer's name		Preparer's signature	TI. 212	Date	Check if PTIN
		ar	Thomas Allen			/ home BAMen	01/08/2020	self-employed p01265333
Prepare Use On		GI I	Firm's name ► RSM U	S LLP				Firm's EIN ▶ 42-0714325
J3(- -	7	Firm's address ► 1330 Pc		Suite 2400, Housto	on, TX 77056		Phone no. 713.625.3500
Send	For	n 893	37 (including accompanyi	ng statements)	to: Department of th	ne Treasury, Internal R	evenue Service, Ogde	en, UT 84201-0054

Form 8937 (12-2017)

Northern Oil and Gas, Inc. EIN: 95-3848122 Attachment to Form 8937

Report of Organizational Actions Affecting Basis of Securities

The information contained in Form 8937 and this attachment does not constitute tax advice and is not intended to be a complete analysis or description of all potential U.S. federal income tax consequences of the exchange transactions described herein. In addition, this information does not address tax consequences that may vary depending on the particular circumstances of holders of our stock that participated in an exchange transaction, or any non-income tax or any foreign, state or local tax consequences of an exchange transaction. Accordingly, holders of our stock or notes that participated in a transaction described herein are strongly urged to consult with their own tax advisors to determine the particular U.S. federal, state, local or foreign income or other tax consequences to them of the transaction.

Part I

Lines 9 and 10. The requested information is as follows:

Northern Oil and Gas, Inc. 8.50% Senior Secured Second Lien Notes due 2023 CUSIP: 665531AE9 (the "Notes").

Part II

Line 14. Describe the organizational action and, if applicable, the date of the action or the date against which shareholders' ownership is measured for the action:

On October 21, 2019, Northern Oil and Gas, Inc. announced the commencement of an exchange offer ("Exchange Offer") to eligible holders of Notes ("Note Holders") to exchange up to \$70,754,716 in aggregate principal amount of Notes for shares of the Company's newly issued 6.50% Series A Perpetual Cumulative Convertible Preferred Stock (the "Preferred Stock"). The Exchange Offer was backstopped by certain Note Holders under a Backstop Agreement dated October 21, 2019. On November 22, 2019, in connection with the Exchange Offer and the Backstop Agreement, the Company accepted \$70,757,973 in aggregate principal amount of Notes tendered in exchange for an aggregate 750,000 shares of the Company's Preferred Stock (the "Transaction").

Line 15. Describe the quantitative effect of the organizational action on the basis of the security in the hands of a U.S. taxpayer as an adjustment per share or as a percentage of old basis:

The company intends to treat the Notes as "securities" for U.S. federal income tax purposes, the Exchange Assuming that the Notes are "securities" for U.S. federal income tax purposes, the Exchange Transaction would be treated as a recapitalization under Section 368(a)(l)(E) of the Internal Revenue Code of 1986, as amended (the "Code"). The term "security" is not defined in the Code or the Treasury regulations and has not been clearly defined by judicial decisions. Whether a debt instrument constitutes a security is determined based on all the facts and circumstances, but most authorities have held that the length of the term of a debt instrument is an important factor in determining whether such instrument is a security for U.S. federal income tax purposes. These authorities have indicated that a term of less than five years is evidence that a debt instrument is not a security, whereas a term of ten years or more is evidence that a debt instrument is a security. The

notes have a term to maturity of five years, and each exchanging Note Holder should consult its tax advisor as to whether the Notes would be treated as securities for these purposes.

Assuming that the Transaction constituted a recapitalization, for a former Note Holder that participated in the Transaction, such Note Holder's initial basis in the Preferred Stock received in the Transaction generally should be equal to such Note Holder's adjusted basis in the Notes immediately prior to the Transaction. Such adjusted basis should be allocated to the Preferred Stock received in the Transaction, and this adjusted basis amount is then divided by the number of shares of Preferred Stock received in the Transaction to determine the per-share basis in that Preferred Stock. The tax basis generally would be required to be calculated separately for each block of the Notes exchanged.

Treatment of the Transaction as a recapitalization, however, would not affect the Note Holder's accounting for interest income; each Note Holder should account for its interest income (including any accrued interest receivable satisfied via payment of Preferred Stock) based on its tax accounting method applicable to interest.

Line 16. Describe the calculation of the change in basis and the data that supports the calculation, such as the market values of securities and the valuation dates:

As described in Line 15, a Note Holder's initial basis in the stock received in the Transaction should be equal to such Note Holder's adjusted basis in the Notes immediately prior to the Transaction.

Line 17. List the applicable Internal Revenue Code section(s) and subsection(s) upon which the tax treatment is based:

354, 356, 358, 368(a)(1)(E), 1001

Line 18. Can any resulting loss be recognized?

Assuming an exchange transaction constitutes a recapitalization under Section 368(a)(l)(E) of the Code, Note Holders that participated in an Exchange Transaction cannot recognize loss realized (if any) in the exchange.

Line 19. Provide any other information necessary to implement the adjustment, such as the reportable tax year:

The tax consequences of the exchange of Notes for stock pursuant to the Exchange Transaction should be reported by a Note Holders in its tax year that includes the date of November 22, 2019.

The holding period for the stock received in the Transaction generally would include the holding period for the Notes held prior to the Transaction.

Note Holders should consult their tax advisors to determine the tax consequences of the Transaction to them.