Report of Organizational Actions Affecting Basis of Securities

OMB No. 1545-0123

Depa	rtment of the Treasury				See separate instructions	S.		
	art Report	ing	Issuer					
1	Issuer's name					2 Issuer's employer idea	ntification number (EIN)	
	thern Oil and Gas,						95-3848122	
3	Name of contact for	or add	ditional information	4 Telephon	e No. of contact	5 Email address of contact	t	
					050 470 0000	asllan@northornoil.com		
	d Allen Number and street	for F	O hox if mail is not	delivered to	952-476-9800 street address) of contact	7 City, town, or post office, st	tate, and ZIP code of contact	
•	realise and street	. (01 1	.o. box ii maii io not	001110100100	31.001.000, 0. 00	l city, termi, er peet ermes, e	,	
601	Carlson Parkway,	Suit	e 990			Minnetonka, Minnesota 55	Minnetonka, Minnesota 55305	
	Date of action			9 Class	sification and description	1,		
	attached.			See atta		1		
10	CUSIP number		11 Serial number(s	s)	12 Ticker symbol	13 Account number(s)		
Do	See attached.	zotic	anal Action Attac	h additions	See attached.	See back of form for additional q	uestions	
14						date against which shareholders' own		
17	the action ► Se			ррпоаыс, ат	date of the detion of the d	acto against timon one one of		
	36	C att	acrica.					
_								
_								
_								
-								
_								
15 Describe the quantitative effect of the organizational action on the basis of the security in the hands of a U.S. taxpayer as an adjustment po								
			age of old basis ► Se					
_								
_								
							·	
_								
16	Describe the calc	culatio	on of the change in b	asis and the	data that supports the calc	ulation, such as the market values of	securities and the	
	valuation dates ▶	See	attached.					
_								
_								
2								
_								
_								
-								

Pa	rt II	Organization	al Action (continued))		
17	List th	he applicable Intern	nal Revenue Code section	n(s) and subsection(s) upor	which the tax treatment is based	► See attached.
_						
_						
18	Can a	any resulting loss be	e recognized? ► See att	tached.		
_						
_						
_						
-						
19	Provid	de any other inform	ation necessary to impler	ment the adjustment, such	as the reportable tax year ► See	attached.
_						
_						
_						
_						
	Llo	der papalties of parity	n. I declare that I have ever	nined this return, including ac-	companying schedules and statement	s, and to the best of my knowledge and
	bel	lief, it is true, correct,	and complete. Declaration of	preparer (other than officer) is	based on all information of which pre	parer has any knowledge.
Sigi	n		///			
Her	ام	anature ►	1/4/ 6	~	Date ►	7/17/19
	1		-			, ,
	Pri	nt your name ► Cha	d Allen			counting Officer
Pai		Print/Type prepar		Preparer's signature	Date	Check if PTIN
	u pare	r				self-employed
	Onl					Firm's EIN ▶
		Firm's address				Phone no.
Send	Form	8937 (including acc	companying statements) t	to: Department of the Trea	sury, Internal Revenue Service, O	den, UT 84201-0054

Northern Oil and Gas, Inc. EIN: 95-3848122

Attachment to Form 8937 Report of Organizational Actions Affecting Basis of Securities

The information contained in Form 8937 and this attachment does not constitute tax advice and is not intended to be a complete analysis or description of all potential U.S. federal income tax consequences of the exchange transactions described herein. In addition, this information does not address tax consequences which may vary depending on the individual circumstances of holders of our common stock that participated in an exchange transaction, or any non-income tax or any foreign, state or local tax consequences of an exchange transaction. Accordingly, holders of our common stock that participated in an exchange transaction are strongly urged to consult with their own tax advisors to determine the particular U.S. federal, state, local or foreign income or other tax consequences of an exchange transaction to them, including the impact on tax basis resulting therefrom.

Part I

Line 8. The date of each organizational action is as follows:

See the description of the organizational actions in Part II, Line 14 below for the relevant date of each action.

Lines 9, 10, and 12. For each security involved in the organizational action, the requested information is as follows:

Northern Oil and Gas, Inc. 8.00% Senior Notes due 2020, CUSIP: 665531AB5 (the "Outstanding AB5 Notes")

Northern Oil and Gas, Inc. 8.00% Senior Notes due 2020, CUSIP: 665531AD1 (the "Outstanding AD1 Notes" and together with the Outstanding AB 5 Notes, the "2020 Notes")

Northern Oil and Gas, Inc. common stock, Ticker symbol: NOG

Part II

Line 14. Describe the organizational action and, if applicable, the date of the action or the date against which shareholders' ownership is measured for the action:

Organizational Action 1

On June 15, 2018, Northern Oil and Gas, Inc. entered into an exchange agreement with a holder of \$18,000,000 of its 2020 Notes (consisting of \$4,500,000 of its Outstanding AB5 Notes and \$13,500,000 of its Outstanding AD1 Notes), pursuant to which such holder exchanged all of its 2020 Notes for 6,530,000 shares of the company's common stock (the "initial settlement shares") and a contingent value right. On June 18, 2018 the company issued the initial settlement shares to the holder in the exchange transaction. Generally, the contingent value right

entitled the holder to receive a final settlement payment dependent on the price of the company's common stock over a future measurement period. Such final settlement payment, if any, would be payable, at the company's option, in cash or shares of the company's common stock.

Organizational Action 2

On June 13, 2018, Northern Oil and Gas, Inc. entered into an exchange agreement with a holder of \$2,950,000 of its Outstanding AB5 Notes, pursuant to which such holder exchanged all of its Outstanding AB5 Notes for 1,062,217 shares of the company's common stock. On June 28, 2018 the company issued stock to the holder in the exchange transaction.

Organizational Action 3

On June 22, 2018, Northern Oil and Gas, Inc. entered into an exchange agreement with a holder of \$19,807,000 of its 2020 Notes (consisting of \$14,807,000 of its Outstanding AB5 Notes and \$5,000,000 of its Outstanding AD1 Notes), pursuant to which such holder exchanged all of its 2020 Notes for 6,582,018 shares of the company's common stock (the "initial settlement shares") and a contingent value right. On June 22, 2018, the company issued the initial settlement shares to the holder in the exchange transaction. Generally, the contingent value right entitled the holder to receive a final settlement payment dependent on the price of the company's common stock over a future measurement period. Such final settlement payment, if any, would be payable, at the company's option, in cash or shares of the company's common stock.

Organizational Action 4

On June 21, 2018, Northern Oil and Gas, Inc. entered into an exchange agreement with a holder of \$3,000,000 of its Outstanding AB5 Notes, pursuant to which such holder exchanged all of its Outstanding AB5 Notes for 1,012,652 shares of the company's common stock (the "initial settlement shares") and a contingent value right. On June 25, 2018, the company issued the initial settlement shares to the holder in the exchange transaction. Generally, the contingent value right entitled the holder to receive a final settlement payment dependent on the price of the company's common stock over a future measurement period. Such final settlement payment, if any, would be payable, at the company's option, in cash or shares of the company's common stock.

Organizational Action 5

On June 25, 2018, Northern Oil and Gas, Inc. entered into an exchange agreement with a holder of \$10,000,000 of its 2020 Notes (consisting of \$2,631,000 of its Outstanding AB5 Notes and \$7,369,000 of its Outstanding AD1 Notes), pursuant to which such holder exchanged all of its 2020 Notes for 3,338,020 shares of the company's common stock (the "initial settlement shares") and a contingent value right. On June 26, 2018, the company issued the initial settlement shares to the holder in the exchange transaction. Generally, the contingent value right entitled the holder to receive a final settlement payment dependent on the price of the company's common stock over a future measurement period. Such final settlement payment, if any, would be payable, at the company's option, in cash or shares of the company's common stock.

Organizational Action 6

On July 19, 2018, Northern Oil and Gas, Inc. entered into an exchange agreement with a holder of \$9,943,000 of its 2020 Notes (consisting of \$698,000 of its Outstanding AB5 Notes and

\$9,245,000 of its Outstanding AD1 Notes), pursuant to which such holder exchanged all of its 2020 Notes for 3,057,559 shares of the company's common stock (the "initial settlement shares") and a contingent value right. On July 20, 2018, the company issued the initial settlement shares to the holder in the exchange transaction. Generally, the contingent value right entitled the holder to receive a final settlement payment dependent on the price of the company's common stock over a future measurement period. Such final settlement payment, if any, would be payable, at the company's option, in cash or shares of the company's common stock.

Organizational Action 7

On August 7, 2018, Northern Oil and Gas, Inc. entered into an exchange agreement with a holder of \$1,500,000 of its Outstanding AB5 Notes, pursuant to which such holder exchanged all of its Outstanding AB5 Notes for 485,936 shares of the company's common stock. On August 13, 2018, pursuant to such exchange agreement, the company issued stock to the holder in the exchange transaction.

Organizational Action 8

On August 13, 2018, Northern Oil and Gas, Inc. entered into an exchange agreement with a holder of \$11,954,000 of its Outstanding AB5 Notes, pursuant to which such holder exchanged all of its Outstanding AB5 Notes for 3,244,657 shares of the company's common stock (the "initial settlement shares") and a contingent value right. On August 13, 2018, the company issued the initial settlement shares to the holder in the exchange transaction. Generally, the contingent value right entitled the holder to receive a final settlement payment dependent on the price of the company's common stock over a future measurement period. Such final settlement payment, if any, would be payable in shares of the company's common stock.

Organizational Action 9

On September 14, 2018, Northern Oil and Gas, Inc. entered into an exchange agreement with a holder of \$22,312,000 of its Outstanding AB5 Notes, pursuant to which such holder agreed to exchange all of its Outstanding AB5 Notes for 7,170,855 shares of the company's common stock (the "initial settlement shares") and a contingent value right. On September 14, 2018, the company issued the initial settlement shares to the holder in the exchange transaction. Generally, the contingent value right entitled the holder to receive certain additional monthly payments subject to a combined \$6,000,000 limitation, dependent on the price of the company's common stock over a future measurement periods. Such additional monthly payments, if any, would be payable, at the company's option, in cash or shares of the company's common stock.

Organizational Action 10

On September 14, 2018, Northern Oil and Gas, Inc. entered into an exchange agreement with a holder of \$1,039,000 of its Outstanding AB5 Notes, pursuant to which such holder agreed to exchange all of its Outstanding AB5 Notes for 329,970 shares of the company's common stock (the "initial settlement shares") and a contingent value right. On September 14, 2018, the company issued the initial settlement shares to the holder in the exchange transaction. Generally, the contingent value right entitled the holder to receive certain additional monthly payments subject to a combined \$279,000 limitation, dependent on the price of the company's common stock over future measurement periods. Such additional monthly payments, if any, would be payable, at the company's option, in cash or shares of the company's common stock.

Line 15. Describe the quantitative effect of the organizational action on the basis of the security in the hands of a U.S. taxpayer as an adjustment per share or as a percentage of old basis:

The company intends to treat the 2020 Notes as "securities" for U.S. federal income tax purposes. Assuming that the 2020 Notes are "securities" for U.S. federal income tax purposes, the exchange of the Outstanding AB5 Notes (and Outstanding AD1 Notes, if applicable) for common stock would be treated as a recapitalization under Section 368(a)(1)(E) of the Internal Revenue Code of 1986, as amended (the "Code").

Assuming that an exchange transaction constituted a recapitalization, for a former holder of Outstanding AB5 Notes (and Outstanding AD1 Notes, if applicable) that participated in an exchange transaction, such holder's initial basis in the common stock received in the exchange transaction generally should be equal to such holder's adjusted basis in the Outstanding AB5 Notes (and Outstanding AD1 Notes, if applicable) immediately prior to the exchange transaction. Such adjusted basis should be allocated to the common stock on the completion date of the exchange transaction. The adjusted basis allocated to common stock is then divided by the number of shares received to determine the per-share basis in the common stock. The tax basis would generally be required to be calculated separately for each block of the Outstanding AB5 Notes (and Outstanding AD1 Notes, if applicable) exchanged.

In some of the transactions, as described above in Line 14, holders were entitled to receive not only shares of the company's common stock but also a contingent value right. Such contingent value right tended to provide a right at a specified future date to an additional payment, if the company's stock traded below an agreed-upon level after an agreed-upon period of time, at the company's option, in cash or in shares of the company's common stock (or, in one instance, in shares of the company's common stock only). The treatment of the receipt of a contingent value right is complex. Holders should consult their tax advisors to determine the tax consequences of the receipt of a contingent value right (if applicable), including the treatment of the contingent value right in the context of the recapitalization and the impact on stock basis.

Line 16. Describe the calculation of the change in basis and the data that supports the calculation, such as the market values of securities and the valuation dates:

As described in Line 15, subject to adjustment depending on the tax treatment of a contingent value right, if applicable, for a former holder of Outstanding AB5 Notes (and Outstanding AD1 Notes, if applicable) that participated in an exchange transaction, such holder's initial basis in the common stock received in the exchange transaction should be equal to such holder's adjusted basis in the Outstanding AB5 Notes (and Outstanding AD1 Notes, if applicable) immediately prior to the exchange transaction.

Line 17. List the applicable Internal Revenue Code section(s) and subsection(s) upon which the tax treatment is based:

354, 356, 358, 368(a)(1)(E), 1001

Line 18. Can any resulting loss be recognized?

Assuming an exchange transaction constitutes a recapitalization under Section 368(a)(1)(E) of the Code, holders of Outstanding AB5 Notes (and Outstanding AD1 Notes, if applicable) that participated in an exchange transaction cannot recognize loss realized (if any) in the exchange.

Line 19. Provide any other information necessary to implement the adjustment, such as the reportable tax year:

The tax consequences of the exchange of Outstanding AB5 Notes (and Outstanding AD1 Notes, if applicable) for common stock pursuant to the exchange transaction should be reported by a holder in its tax year that includes the date of:

Organizational Action 1: June 18, 2018

Organizational Action 2: June 28, 2018

Organizational Action 3: June 22, 2018

Organizational Action 4: June 25, 2018

Organizational Action 5: June 26, 2018

Organizational Action 6: July 20, 2018

Organizational Action 7: August 13, 2018

Organizational Action 8: August 13, 2018

Organizational Action 9: September 14, 2018

Organizational Action 10: September 14, 2018

The holding period for the common stock received in an exchange transaction generally would include the holding period for the Outstanding AB5 Notes (and Outstanding AD1 Notes, if applicable) held prior to the exchange transaction.

Holders should consult their tax advisors to determine the tax consequences to them of the exchange of 2020 Notes for common stock (and a contingent value right, if applicable) pursuant to an exchange transaction.