

October 23, 2013



Washington Real Estate Investment Trust Announces 208th Consecutive Quarterly Dividend

ROCKVILLE, Md., Oct. 23, 2013 /PRNewswire/ -- WRIT's Board of Trustees announced today a quarterly dividend of \$0.30 per share to be paid on December 31, 2013 to shareholders of record on December 16, 2013.

(Logo: <https://photos.prnewswire.com/prnh/20130604/MM26281LOGO>)

This is WRIT's 208th consecutive quarterly dividend.

WRIT is a self-administered, self-managed, equity real estate investment trust investing in income-producing properties in the greater Washington metro region. WRIT owns a diversified portfolio of 70 properties totaling approximately 8 million square feet of commercial space and 2,675 residential units, and land held for development. These 70 properties consist of 25 office properties, 17 medical office properties, 16 retail centers and 12 multifamily properties. WRIT shares are publicly traded on the New York Stock Exchange (NYSE: WRE).

Certain statements in this press release are "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995. Such statements involve known and unknown risks, uncertainties, and other factors that may cause actual results to differ materially. Such risks, uncertainties and other factors include, but are not limited to, the potential for federal government budget reductions, changes in general and local economic and real estate market conditions, the timing and pricing of lease transactions, the availability and cost of capital, fluctuations in interest rates, tenants' financial conditions, levels of competition, the effect of government regulation, the impact of newly adopted accounting principles, and other risks and uncertainties detailed from time to time in our filings with the SEC, including our 2012 Form 10-K and second quarter 2013 Form 10-Q. We assume no obligation to update or supplement forward-looking statements that become untrue because of subsequent events.

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