

May 7, 2008



Washington Real Estate Investment Trust Announces Dividend Increase

ROCKVILLE, Md.--(BUSINESS WIRE)--

The Trustees of WRIT announced today a 2.4% increase of \$0.01 per share in the quarterly dividend rate to an indicated annual rate of \$1.73 per share. The quarterly dividend of \$.4325 per share will be paid on June 30, 2008 to shareholders of record on June 16, 2008.

This is WRIT's 186th consecutive quarterly dividend at equal or increasing rates. WRIT dividends have increased every year for 38 consecutive years. During these 38 years, WRIT dividends have increased 43 times.

WRIT is a self-administered, self-managed, equity real estate investment trust investing in income-producing properties in the greater Washington/Baltimore metropolitan region. WRIT owns a diversified portfolio of 91 properties consisting of 14 retail centers, 26 office properties, 16 medical office properties, 24 industrial/flex properties, 11 multi-family properties and land for development. WRIT shares are publicly traded on the New York Stock Exchange (NYSE: WRE).

Certain statements in this press release are "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995. Such statements involve known and unknown risks, uncertainties and other factors that may cause actual results to differ materially. Such risks, uncertainties and other factors include, but are not limited to, fluctuations in interest rates, availability of raw materials and labor costs, levels of competition, the effect of government regulation, the availability of capital, weather conditions, the timing and pricing of lease transactions, and changes in general and local economic and real estate market condition, and other risks and uncertainties detailed from time to time in our filings with the SEC, including our 2007 Form 10-K. We assume no obligation to update or supplement forward-looking statements that become untrue because of subsequent events.

Source: Washington Real Estate Investment Trust (WRIT)