

March 10, 2014



MFA Financial, Inc. Announces Quarterly Dividend of \$0.20 Per Share

NEW YORK, March 10, 2014 /PRNewswire/ -- MFA Financial, Inc. (NYSE: MFA) announced today that its Board of Directors declared a regular quarterly cash dividend of \$0.20 per share of common stock for the first quarter of 2014. The dividend will be paid on April 30, 2014, to stockholders of record on March 28, 2014.

MFA is a real estate investment trust primarily engaged in the business of investment, on a leveraged basis, in Agency and Non-Agency residential mortgage-backed securities.

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