

## MFA Financial, Inc. to Present at NAREIT's REITWorld 2010 Conference and the FBR Capital Markets 2010 Fall Investor Conference

NEW YORK, Nov. 10, 2010 /PRNewswire-FirstCall/ -- MFA Financial, Inc. (NYSE: MFA) announced today that it is scheduled to make presentations at NAREIT'S REITWorld 2010 Conference in New York, New York on Monday, November 15, 2010, and the FBR Capital Markets 2010 Fall Investor Conference in New York, New York on Tuesday, November 30, 2010.

MFA is scheduled to make a presentation at NAREIT's REITWorld 2010 Conference, which is being held at the Waldorf Astoria, 301 Park Avenue, New York, New York 10022, at 8:40 a.m. (New York City time) on Monday, November 15, 2010. A live audio webcast of MFA's presentation will be available online at <a href="http://reitstream.com/reitworld2010/mfa">http://reitstream.com/reitworld2010/mfa</a> at 8:40 a.m. (New York City time) on the day of the presentation and for a 90-day period following the presentation. The link will also be available on MFA's Investor Information page located on its website (<a href="https://www.mfa-reit.com">www.mfa-reit.com</a>) for a 90-day period following the presentation.

MFA is scheduled to make a presentation at the FBR Capital Markets 2010 Fall Investor Conference, which is being held at the Grand Hyatt New York, 109 East 42nd Street at Grand Central Terminal, New York, New York 10017, at 9:45 a.m. (New York City time) on Tuesday, November 30, 2010. A live audio and visual webcast of MFA's presentation will be available online at <a href="http://www.wsw.com/webcast/fbr24/mfa/">http://www.wsw.com/webcast/fbr24/mfa/</a> at 9:45 a.m. (New York City time) on the day of the presentation and for a 90-day period following the presentation. The link will also be available on MFA's Investor Information page located on its website (<a href="www.mfa-reit.com">www.mfa-reit.com</a>) for a 90-day period following the presentation.

MFA is a real estate investment trust primarily engaged in the business of investment, on a leveraged basis, in Agency and Non-Agency residential mortgage-backed securities.

When used in this press release or other written or oral communications, statements which are not historical in nature, including those containing words such as "believe," "expect," "anticipate," "estimate," "plan," "continue," "intend," "should," "may" or similar expressions, are intended to identify "forward-looking statements" within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934, as amended, and, as such, may involve known and unknown risks, uncertainties and assumptions. Statements regarding the following subjects, among others, may be forward-looking: changes in interest rates and the market value of MFA's MBS; changes in the prepayment rates on the mortgage loans securing MFA's MBS; MFA's ability to borrow to finance its assets; implementation of or changes in government regulations or programs

affecting MFA's business; MFA's ability to maintain its qualification as a REIT for federal income tax purposes; MFA's ability to maintain its exemption from registration under the Investment Company Act of 1940; and risks associated with investing in real estate assets, including changes in business conditions and the general economy. These and other risks, uncertainties and factors, including those described in the annual, quarterly and current reports that MFA files with the SEC, could cause MFA's actual results to differ materially from those projected in any forward-looking statements it makes. All forward-looking statements speak only as of the date on which they are made. New risks and uncertainties arise over time and it is not possible to predict those events or how they may affect MFA. Except as required by law, MFA is not obligated to, and does not intend to, update or revise any forward-looking statements, whether as a result of new information, future events or otherwise.

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SOURCE MFA Financial, Inc.