

April 9, 2008



## **USANA Schedules First Quarter 2008 Earnings Release and Conference Call**

SALT LAKE CITY--(BUSINESS WIRE)--

USANA Health Sciences, Inc. (NASDAQ:USNA), today announced that first quarter results will be released after the close of market Monday, April 21, 2008. USANA executives will hold a conference call to discuss this announcement with analysts and institutional investors that same day at 5:00 p.m. EDT.

The call will be broadcast over the Internet and can be accessed at <http://www.usanahealthsciences.com>.

The webcast is also being distributed over Thomson/CCBN's Investor Distribution Network to both institutional and individual investors. Individual investors can listen to the call through Thomson/CCBN's individual investor center at [www.fulldisclosure.com](http://www.fulldisclosure.com) or by visiting any of the investor sites in Thomson/CCBN's Individual Investor Network. Institutional investors can access the call via Thomson/CCBN's password-protected event management site, StreetEvents ([www.streetevents.com](http://www.streetevents.com)).

USANA develops and manufactures high-quality nutritional and personal care products that are sold directly to Preferred Customers and Associates throughout the United States, Canada, Australia, New Zealand, Hong Kong, Japan, Taiwan, South Korea, Singapore, Mexico, Malaysia, the Netherlands and the United Kingdom. More information on USANA can be found at <http://www.usanahealthsciences.com>.

Source: USANA Health Sciences Inc.