

February 23, 2010



Capital City Bank Group, Inc. Announces Quarterly Dividend

TALLAHASSEE, Fla., Feb. 23, 2010 (GLOBE NEWSWIRE) -- The Board of Directors of Capital City Bank Group, Inc. (Nasdaq:CCBG) declared the company's quarterly cash dividend in the amount of \$.19 per share of the common stock. The dividend, which is unchanged from the prior quarter, produces an annualized rate of \$.76 per common share. The cash dividend is payable on March 22, 2010 to shareowners of record as of March 8, 2010. The annualized dividend yield is 6.03% based on a closing stock price of \$12.60 on February 22, 2010.

About Capital City Bank Group, Inc.

Capital City Bank Group, Inc. (Nasdaq:CCBG) is one of the largest publicly traded financial services companies headquartered in Florida and has approximately \$2.7 billion in assets. The Company provides a full range of banking services, including traditional deposit and credit services, asset management, trust, mortgage banking, merchant services, bankcards, data processing and securities brokerage services. The Company's bank subsidiary, Capital City Bank, was founded in 1895 and now has 70 banking offices and 79 ATMs in Florida, Georgia and Alabama. For more information about Capital City Bank Group, Inc., visit www.ccbg.com.

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