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Qualified FSA and HSA Expenses Include Chiropractic Visits

The Joint Chiropractic Urges Patients to Take Advantage of Their Flex Benefits Before the New Year

SCOTTSDALE, Ariz., Oct. 30, 2015 (GLOBE NEWSWIRE) -- Consumers looking to make the most of their Health Savings Accounts (HSAs) and Flexible Spending Accounts (FSAs) before the end of 2015 may not be aware that chiropractic care falls under qualified medical services.

Each December, many U.S. employees find themselves scrambling to use up their remaining benefits balance, or risk forfeiting leftover flex funds. Since issues related to back pain continue to be the most prevalent chronic complaint among American adults, [The Joint Chiropractic](#) advises consumers to use their tax-free money for a prescription-free approach to neck and back pain.

"We want those looking for back pain relief and ongoing wellness to take advantage of their flex benefits before year's end," said John Richards, CEO of The Joint Chiropractic, a leader in chiropractic care. "While changes with insurance have made receiving good chiropractic care difficult, what many patients don't realize is that the cost of chiropractic care can actually be offset by their FSAs and HSAs."

FSAs allow employees to use pre-tax money to pay for eligible healthcare expenses not covered by their medical insurance, including co-pays, prescriptions, dental and eye care, and qualified medical services such as chiropractic treatment. HSAs are similar to FSAs except funds roll over and accumulate year to year if not spent. Having FSA/HSA funds help ensure consumers can offset expenses from unplanned medical treatments.

The Joint Chiropractic accepts cash, credit/debit and FSA/HSA cards at all of their 280+ clinics, allowing consumers to receive quality chiropractic care without insurance. Appointments are not required, and all locations have extended evening and weekend hours.

For more information on how to use your Flexible Spending Account or Health Savings Account for chiropractic treatments, visit www.thejoint.com/FSA.

The information contained in this release provides a general summary regarding flexible spending accounts, is intended for informational purposes only, does not purport to be complete and does not constitute tax, legal or accounting advice. Neither The Joint Chiropractic nor any of its agents or employees is offering tax, legal or accounting advice.

Anyone interested in the topics presented in this release should seek advice based on his or her particular circumstances from his or her own independent professional advisors.

About The Joint Corp. (NASDAQ:JYNT)

The Joint Chiropractic is reinventing chiropractic care by making quality alternative healthcare affordable for patients seeking pain relief and ongoing wellness. Our membership plans eliminate the need for insurance, and our no-appointment policy, convenient hours and locations make care more accessible. The Joint performs more than two million spinal adjustments a year across 280+ clinics nationwide. For more information, visit www.thejoint.com, follow us on [Twitter](#) @thejointchiro and find us on [Facebook](#), [You Tube](#) and [LinkedIn](#).

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