

November 9, 2009



Harris & Harris Group Third Quarter Letter to Shareholders on Website

NEW YORK, Nov. 9, 2009 (GLOBE NEWSWIRE) -- Shareholders of Harris & Harris Group, Inc. (Nasdaq:TINY), may be interested to know that we have posted our letter to shareholders for the third quarter of 2009 on our website. It may be accessed directly on our website at <http://www.hhvc.com/common/download/download.cfm?companyid=TINY&fileid=330227&filekey=7b040131-3d8f-4411-aaea-5f3e4d9f2c2a&filename=q32009.pdf>.

Harris & Harris Group is a publicly traded venture capital company that invests in nanotechnology and microsystems.

Detailed information about Harris & Harris Group and its holdings, including articles on nanotechnology, cleantech and venture capital, can be found on its website at www.HHVC.com.

This press release may contain statements of a forward-looking nature relating to future events. These forward-looking statements are subject to the inherent uncertainties in predicting future results and conditions. These statements reflect the Company's current beliefs, and a number of important factors could cause actual results to differ materially from those expressed in this press release. Please see the Company's Annual Report on Form 10-K for the fiscal year ended December 31, 2008, as well as subsequent filings, filed with the Securities and Exchange Commission for a more detailed discussion of the risks and uncertainties associated with the Company's business, including but not limited to the risks and uncertainties associated with venture capital investing and other significant factors that could affect the Company's actual results. Except as otherwise required by Federal securities laws, the Company undertakes no obligation to update or revise these forward-looking statements to reflect new events or uncertainties. The references to the website www.HHVC.com has been provided as a convenience, and the information contained on such website is not incorporated by reference into this press release.

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