

April 16, 2010



W&T Offshore Announces First Quarter 2010 Earnings Release and Conference Call Schedule

HOUSTON, April 16 /PRNewswire-FirstCall/ -- W&T Offshore, Inc. (NYSE: WTI) announced today that it will release its first quarter 2010 financial and operations results at approximately 6:00 a.m. Eastern on Tuesday, May 4, 2010. In conjunction with the release, the Company has scheduled a conference call, which will also be broadcast live over the Internet, on Tuesday, May 4 at 11:00 a.m. Eastern (10:00 a.m. Central).

What: W&T Offshore First Quarter 2010 Earnings Conference Call

When: Tuesday, May 4, 2010 at 11:00 a.m. Eastern (10:00 a.m. Central)

How: Live via phone - by dialing 480-629-9819 and asking for the W&T Offshore call at least 10 minutes prior to the start time, or

Live over the Internet - By logging onto the web at the address below

Where: <http://www.wtoffshore.com> - on the home page in the "Investor Relations" section of the Company's website

For those who cannot listen to the live call, a telephonic replay will be available through May 11, 2010 and may be accessed by calling (303) 590-3030 and using the pass code 4285677. Also, an archive of the webcast will be available after the call in the Investor Relations section of the Company's website.

About W&T Offshore

W&T Offshore is an independent oil and natural gas company focused primarily in the Gulf of Mexico, including exploration in the deepwater and deep shelf regions, where it has developed significant technical expertise. W&T has grown through acquisition, exploitation and exploration and holds working interests in approximately 77 fields, in federal and state waters and a majority of its daily production is derived from wells it operates. For more

information on W&T Offshore, please visit its Web site at www.wtoffshore.com.

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