

May 4, 2009



W&T Offshore Announces First Quarter 2009 Earnings Release and Conference Call Schedule

HOUSTON, April 24 /PRNewswire-FirstCall/ -- W&T Offshore, Inc. (NYSE: WTI) announced today that it will release its first quarter 2009 financial and operations results at approximately 6:00 a.m. Eastern on Tuesday, May 5, 2009. In conjunction with the release, the Company has scheduled a conference call, which will also be broadcast live over the Internet, on Tuesday, May 5 at 9:30 a.m. Eastern (8:30 a.m. Central).

What: W&T Offshore First Quarter 2009 Earnings Conference Call

When: Tuesday, May 5, 2009 at 9:30 a.m. Eastern (8:30 a.m. Central)

How: Live via phone - by dialing 480-629-9868 and asking for the W&T Offshore call at least 10 minutes prior to the start time, or
Live over the Internet - By logging onto the web at the address below

Where: <http://www.wtoffshore.com> - on the "Investor relations home" page of the "Investor Relations" section of the Company's website

For those who cannot listen to the live call, a telephonic replay will be available through May 12, 2009 and may be accessed by calling (303) 590-3030 and using the pass code 4065057. Also, an archive of the webcast will be available after the call on the "Investor relations home" page under the "Investor Relations" section of the Company's website.

About W&T Offshore

W&T Offshore is an independent oil and natural gas company focused primarily in the Gulf of Mexico, including exploration in the deepwater and deep shelf regions, where it has developed significant technical expertise. W&T has grown through acquisition, exploitation and exploration and now holds working interests in over 148 fields in federal and state waters and a majority of its daily production is derived from wells it operates. For more information on W&T Offshore, please visit its Web site at www.wtoffshore.com.

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