

DECEMBER 2018 INVESTOR PRESENTATION

DECEMBER 2018

NYSE American: NOG

FORWARD-LOOKING STATEMENTS

Northern Oil & Gas Inc.

This presentation contains forward-looking statements regarding future events and future results that are subject to the safe harbors created under the Securities Act of 1933 (the "Securities Act") and the Securities Exchange Act of 1934 (the "Exchange Act"). All statements other than statements of historical facts included in this presentation regarding Northern's financial position, business strategy, plans and objectives of management for future operations, industry conditions, and indebtedness covenant compliance are forward-looking statements. When used in this presentation, forward-looking statements are generally accompanied by terms or phrases such as "estimate," "project," "predict," "believe," "expect," "continue," "anticipate," "target," "could," "plan," "intend," "seek," "goal," "will," "should," "may" or other words and similar expressions that convey the uncertainty of future events or outcomes. Items contemplating or making assumptions about actual or potential future sales, market size, collaborations, and trends or operating results also constitute such forward-looking statements.

Forward-looking statements involve inherent risks and uncertainties, and important factors (many of which are beyond our company's control) that could cause actual results to differ materially from those set forth in the forward-looking statements, including the following: changes in crude oil and natural gas prices, the pace of drilling and completions activity on Northern's current properties and properties pending acquisition, Northern's ability to acquire additional development opportunities, changes in Northern's reserves estimates or the value thereof, general economic or industry conditions, nationally and/or in the communities in which Northern conducts business, changes in the interest rate environment, legislation or regulatory requirements, conditions of the securities markets, Northern's ability to consummate any pending acquisition transactions, other risks and uncertainties related to the closing of pending acquisition transactions, Northern's ability to raise or access capital, changes in accounting principles, policies or guidelines, financial or political instability, acts of war or terrorism, and other economic, competitive, governmental, regulatory and technical factors affecting our company's operations, products and prices.

Northern has based these forward-looking statements on its current expectations and assumptions about future events. While management considers these expectations and assumptions to be reasonable, they are inherently subject to significant business, economic, competitive, regulatory and other risks, contingencies and uncertainties, most of which are difficult to predict and many of which are beyond Northern's control. Northern does not undertake any duty to update or revise any forward-looking statements, except as may be required by the federal securities laws.

3RD QUARTER 2018 – OUTPERFORMANCE CONTINUES



Northern

Driving – Production Growth = 74% year-over-year

Driving – Adjusted EBITDA up 174% year-over-year

Driving – Cash Flow and reactivating stock buy-back plan

Balance Sheet Transactions & Debt Metrics Improvements

Capital Allocation Moving to Returning Capital to Shareholders

NORTHERN IS UNDERVALUED

Northern Oil & Gas Inc.



With a Much Better Balance Sheet...



Yet Trades at the Most Depressed Valuation...



	Ranking
1)	NOG
2)	WLL
3)	MGY
3)	CLR
5)	CRC
5)	QEP
7)	OAS
8)	LONE
9)	DNR
10)	НК

Source: Bloomberg Financial Estimates as of November 30, 2018.

UNDERVALUED DESPITE BEST IN CLASS MARGINS

NORTHERN'S ASSETS PRODUCE BETTER MARGINS THAN PEERS, EVEN MANY CONSIDERED 'THE BEST'

3Q18 RESULTS	NOG	OAS	CLR	EOG	WLL	WPX	MGY
Oil as a Percentage of Production	84%	77%	55%	55%	67%	67%	69%
Unhedged Realized Price / BOE	\$59.18	\$57.61	\$46.53	\$48.20	\$50.10	\$48.64	\$38.53
Realized Px Incl. Hedges / BOE	\$53.96	\$51.43	\$46.46	\$47.44	\$48.03	\$42.58	\$37.80
LOE, including Exploration / BOE	\$7.39	\$6.18	\$3.77	\$5.15	\$8.77	\$7.55	\$2.78
Marketing & Transport / BOE	\$ -	\$3.84	\$1.68	\$2.85	\$ -	\$2.28	\$1.78
General & Administrative / BOE	\$1.90	\$3.88	\$1.61	\$1.62	\$2.70	\$3.86	\$2.21
Taxes / BOE	\$5.53	\$4.93	\$3.60	\$3.03	\$3.94	\$3.95	\$2.59
Total Expenses / BOE	\$14.82	\$18.83	\$10.66	\$12.64	\$15.42	\$17.65	\$9.36
	\frown						
Unhedged Margin / BOE	\$44.36	\$38.78	\$35.87	\$35.55	\$34.68	\$30.99	\$29.17
Margin including Hedges / BOE	\$39.14	\$32.60	\$35.80	\$34.80	\$32.61	\$24.94	\$28.44
	\smile						

HIGHER NETBACKS MEAN BETTER RETURNS ON CAPITAL AND BETTER RECYCLE RATIOS

SUPERIOR HEDGES = BETTER RISK MANAGEMENT

Northern Oil & Gas Inc.

NORTHERN HAS MITIGATED RISK BETTER THAN PEERS - AND AT BETTER PRICES



\$40 OIL? WHO CARES? MARGINS + HEDGES = CASH

Northern Oil & Gas Inc.

	Outspend/FCF as a % of CFO (+ Indicates FCF Generation)								S S	tock Performa	nce
			2019E				2020E				
	\$45 WTI	\$55 WTI	\$65 WTI	STRH Current	\$45 WTI	\$55 WTI	\$65 WTI	STRH Current	YTD	Last 3 mos	Play
CLR	(7%)	12%	26%	22%	(9%)	11%	24%	18%	(14%)	(35%)	Bakken
ERF	(7%)	9%	24%	19%	(11%)	9%	24%	17%	(2%)	(24%)	Bakken
NOG	34%	38%	41%	40%	13%	24%	33%	28%	24%	(41%)	Bakken
OAS	(67%)	(35%)	(13%)	(21%)	(58%)	(20%)	3%	(8%)	(15%)	(50%)	Bakken
WLL	(5%)	16%	34%	28%	(6%)	20%	36%	28%	14%	(44%)	Bakken
снк	(81%)	(56%)	(37%)	(43%)	(95%)	(57%)	(31%)	(44%)	(26%)	(36%)	Midcon
NFX	(20%)	(2%)	10%	6%	(16%)	6%	21%	14%	(46%)	(42%)	Midcon
UNT	(27%)	(19%)	(12%)	(16%)	(41%)	(30%)	(20%)	(25%)	(5%)	(22%)	Midcon
XEC	(30%)	(14%)	3%	(2%)	(9%)	8%	20%	14%	(33%)	(14%)	Micdon
CRZO	(34%)	(16%)	4%	(3%)	(35%)	(7%)	12%	3%	(20%)	(30%)	Eagle Ford
LONE	(3%)	2%	7%	5%	(36%)	(14%)	2%	(6%)	71%	(20%)	Eagle Ford
MGY	19%	33%	43%	39%	15%	30%	40%	35%	25%	(19%)	Eagle Ford
SBOW	(57%)	(55%)	(53%)	(53%)	(62%)	(57%)	(53%)	(55%)	(18%)	(8%)	Eagle Ford
SN	(48%)	(22%)	(4%)	(10%)	(79%)	(29%)	(1%)	(14%)	(87%)	(70%)	Eagle Ford
CPE	(12%)	(2%)	10%	7%	(11%)	11%	25%	18%	(30%)	(31%)	Permian
CDEV	(78%)	(43%)	(19%)	(27%)	(41%)	(15%)	3%	(5%)	(22%)	(29%)	Permian
cxo	(12%)	(2%)	6%	4%	(5%)	11%	22%	17%	(13%)	(15%)	Permian
ESTE	(134%)	(94%)	(66%)	(75%)	(109%)	(67%)	(39%)	(52%)	(35%)	(27%)	Permian
FANG	(47%)	(19%)	0%	(5%)	(3%)	17%	30%	23%	(13%)	(19%)	Permian
LLEX	(164%)	(100%)	(55%)	(68%)	(90%)	(45%)	(17%)	(30%)	(60%)	(58%)	Permian
MCF	(90%)	(61%)	(40%)	(46%)	(224%)	(149%)	(103%)	(125%)	(14%)	(36%)	Permian
MTDR	(85%)	(40%)	(19%)	(25%)	(43%)	(16%)	3%	(6%)	(27%)	(31%)	Permian
PE	(56%)	(35%)	(15%)	(22%)	(29%)	(4%)	13%	5%	(32%)	(33%)	Permian
PXD	(28%)	(9%)	5%	5%	(13%)	8%	23%	15%	(15%)	(17%)	Permian
QEP	(43%)	(28%)	(16%)	(20%)	(45%)	(18%)	0%	(9%)	(16%)	(30%)	Permian
REI	(124%)	(67%)	(33%)	(44%)	(46%)	(10%)	11%	1%	(50%)	(34%)	Permian
REN	(66%)	(37%)	(16%)	(23%)	(54%)	(20%)	1%	(9%)	13%	(7%)	Permian
ROSE	(79%)	(72%)	(55%)	(61%)	(63%)	(43%)	(22%)	(34%)	(53%)	(38%)	Permian
VNOM	100%	100%	100%	100%	100%	100%	100%	100%	29%	(30%)	Permian
XEC	(30%)	(14%)	3%	(2%)	(9%)	8%	20%	14%	(33%)	(14%)	Permian
WPX	(32%)	(13%)	1%	(4%)	(20%)	8%	25%	17%	(1%)	(30%)	Permian
GDP	(73%)	(70%)	(68%)	(69%)	(28%)	(25%)	(22%)	(24%)	32%	6%	Gas
GPOR	0%	2%	4%	3%	10%	12%	15%	14%	(33%)	(19%)	Gas

*STRH current price deck: WTI: 2019 - \$61.42, 2020: \$59.77

**Assumes current STRH Henry Hub price forecasts of: 2019 - \$3.31, 2020 - \$2.92

• Northern has run scenarios from 20 – 40 wells and WTI prices from \$40 – \$70 for 2019 and beyond

• Northern believes in all of these scenarios that the Company generates substantial free cash flow⁽¹⁾

Table Source: SunTrust Robinson Humphrey estimates as of 12/3/18.

(1) Northern internally derived estimates as of 11/30/18. Free cash flow is defined as Cash Flow from Operations, Less Cash Flow from Investing Activities. Basis differentials based on current strip for 2019E as of 11/30/18.

STILL TRADING LIKE A LEVERED ENTITY

ALL ROADS STILL LEAD TO LEVERAGE BELOW 2.0X

- Northern has run scenarios from 20 40 net wells per year and WTI prices from \$40 – \$70 for 2019 and beyond
- Northern believes in all of these scenarios the Company will have year-end Net Debt / EBITDA below 2.0x
- The Company also believes this metric will continue to fall through 2022 even if oil prices remain at depressed levels

PER-UNIT COSTS CONTINUE TO DECLINE

Field-Level Costs Declining

Northern Oil & Gas Inc.

Increasing Productivity at the Home Office





DISCIPLINED CAPITAL ALLOCATION

Northern Oil & Gas Inc.

Committing Capital to the Highest Return Wells



DISCIPLINED GROWTH

Northern Oil & Gas Inc.



...Generates Consistent Production Growth



■ Wells In Process @ Period End ■ Organic Net Wells added to PDP



■ Production (Boe/d)

Q3 2018 HIGHLIGHTS



(1) Please see Appendix for a reconciliation of Adjusted EBITDA to net income (loss).

(2) For Q3 2017, total operating costs of \$29.10 per Boe, less depletion, depreciation, amortization and accretion of \$10.90 per Boe and non-cash G&A of \$2.65 per Boe, resulted in cash operating costs of \$15.55 per Boe. For Q3 2018, total operating costs of \$27.13 per Boe, less depletion, depreciation, amortization and accretion of \$12.31 per Boe and non-cash G&A of \$0.62 per Boe, resulted in cash operating costs of \$14.20 per Boe.

ACCRETIVE ACQUISITIONS IN THE CORE

- ✓ Greater inventory of projects with attractive economics
- ✓ Increased reserve base
- ✓ Increased value

Northern Oil & Gas Inc.

 Stronger foundation for continued growth



ACQUISITION PLAYBOOK



ACQUISITIONS THAT GROW INVENTORY AND VALUE

140

120

100

80

60

40

20

0

Pre-Acquisitions Salt Creek



Pro Forma 1P Reserves (MMBoe)⁽¹⁾

Pivotal

W Energy

Post-Acquisition

IMPROVING WELL PRODUCTIVITY

 2018 vintage wells better than ever

- 2018 wells tracking over a
 1,000 MBoe EUR Type Curve
- Combined with stable costs and high realized prices is generating strong capital efficiency and returns





PARTICIPATING IN SOME OF THE BEST WELLS



3RD QUARTER 2018 – OUTPERFORMANCE CONTINUING



GUIDANCE

Northern Oil & Gas Inc.

FULL YEAR 4	2018 GUIDANCE	SUMIMARY
	2017 Actuals	2018 Guidance Range
Production		
Avg. Daily Prod. (Boed)	14,800	25,240 - 25,500
% Oil	84%	~84%
% Natural Gas	16%	~16%
Income Statement (\$/Boe)		
Differential to WTI	\$5.87	\$4.75 - \$5.75
LOE (incl. workovers)	\$9.21	\$7.50 - \$7.75
G&A		
Cash	\$2.38	\$1.25 - \$1.38
Non-Cash	\$1.13	\$0.25 - \$0.50
Prod Taxes (% Rev.)	9.2%	~9.2%
Capital Expenditures (\$MM)		
Total Development Capital	\$148.8	\$230 - \$250
M&A and Other Capex	\$7.2	\$500+
Net PDP Additions	16.9	28 - 31

COMMENTARY

- 2018 Northern anticipates that organic net well additions will increase to 28 – 31 from 16.9 in 2017
- 2018 M&A and increased activity is expected to drive a 71 - 72% year-over-year increase in production

Average Daily Production (Boed)



CONTINUAL BALANCE SHEET IMPROVEMENT

Northern Oil & Gas Inc.

2019E As of As of As of (In \$ millions) 6/30/18 9/30/18 11/05/18 Targets Debt: Cash \$200.9 \$112.8 \$16.8 Total Debt \$853.2 807.0 \$870.1 Lower Net Debt \$652.3 \$694.2 \$853.3 Liquidity: \$360.0 \$360.0 \$175.0 Drawn Available \$40.0 \$40.0 \$250.0 Liquidity \$240.9 \$142.8 \$266.8 Credit Metrics: LQA Adjusted EBITDA⁽¹⁾ \$282.2 \$391.6 \$488.2 LQA Interest Expense⁽²⁾ \$89.6 \$81.8 \$67.7 Debt / LQA EBITDA 3.0x 2.1x 1.8x <1.5x <1.5x Net Debt / LQA EBITDA 2.3x 1.8x 1.7x LQA EBITDA / LQA Interest Expense 3.1x 4.8x >7.5x 7.2x

(1) LQA Figures for Q2 and Q3 2018 based upon Adjusted EBITDA, a non-GAAP financial metric. The current November period uses the Consensus 2018 Q4 average estimates, per Bloomberg Financial.

(2) LQA Figures for Q2 and Q3 2018 based upon reported interest expense. The current November period uses calculation previously disclosed on October 18, 2018. Please see release for additional disclosures.

CRUDE OIL HEDGES

Protecting Liquidity and Cash Flows

ude Oil Derivative Basis S						
Con	tract Period	Volumes (Bbls)	Weighted Average Price (\$/Bbl)			
2019	СҮ	3,650,000	-\$2.41			
ude Oil Derivative Price S	waps					
Con	tract Period	Volumes (Bbls)	Weighted Average Price (\$/Bbl)			
2018:						
	Q4	1,855,300	\$63.66			
2019:						
	Q1	1,775,700	\$62.89			
	Q2	1,797,250	\$63.09			
	Q3	1,666,480	\$63.44			
	Q4	1,612,300	\$63.90			
2020:						
	Q1	1,301,300	\$61.67			
	Q2	1,119,300	\$60.81			
	Q3	947,600	\$61.11			
	Q4	817,880	\$60.15			
2021:						
	Q1	682,200	\$60.42			
	Q2	627,900	\$62.00			

(1) Basis swaps are settled using the TMX UHC 1a index, as published by NGX.

WHY NORTHERN







HISTORICAL OPERATING AND FINANCIAL DATA

Northern Oil & Gas Inc.

Historical Operating Information		Year End	ded December	31,			
	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>		
Production							
Oil (MBbls)	4,046.7	5,150.9	5,168.7	4,325.9	4,537.3		
Natural Gas and NGLs (Mmcf)	2,572.3	3,682.8	4,651.6	4,026.9	5,187.9		
Total Production (Mboe)	4,475.4	5,764.7	5,944.0	4,997.1	5,402.0		
Revenue							
Realized Oil Price, including settled derivatives (\$/bbl)	\$ 84.89	\$ 77.70	\$ 68.94	\$ 49.44	\$ 45.92		
Realized Natural Gas and NGL Price (\$/Mcf)	5.24	6.38	1.60	1.82	3.74		
Total Oil & Gas Revenues, including settled derivatives (millions)	\$ 357.0	\$ 423.7	\$ 363.7	\$ 221.2	\$ 227.7		
Adjusted EBITDA (millions) ⁽¹⁾	\$ 268.0	\$ 309.6	\$ 277.3	\$ 148.5	\$ 144.7		
Key Operating Statistics (\$/Boe)							
Average Realized Price	\$ 79.77	\$ 73.51	\$ 61.19	\$ 44.27	\$ 42.16		
Production Expenses	9.35	9.66	8.77	9.14	9.21		
Production Taxes	7.81	7.58	3.63	3.10	3.81		
General & Administrative Expenses-Cash	2.63	2.57	2.15	2.31	2.38		
Total Cash Costs	\$ 19.79	\$ 19.81	\$ 14.55	\$ 14.55	\$ 15.40		
Operating Margin (\$/Boe)	\$ 59.98	\$ 53.70	\$ 46.64	\$ 29.72	\$ 26.76		
Operating Margin %	75.2%	73.1%	76.2%	67.1%	63.5%		
Historical Financial Information (\$'s in millions)		Year Ended December 31,					
	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>		
Assets							
Current Assets	\$ 104.4	\$ 226.0	\$ 128.8	\$ 46.9	\$ 152.8		
Property and Equipment, net	1,397.3	1,761.9	589.3	376.2	473.2		
Other Assets	17.9	38.8	15.8	8.4	6.3		
Total Assets	\$ 1,519.6	\$ 2,026.7	\$ 733.9	\$ 431.5	\$ 632.3		
Liabilities							
Current Liabilities	\$ 194.1	\$ 285.7	\$ 78.1	\$ 77.4	\$ 123.6		
Debt	584.5	806.1	847.8	832.6	979.3		
Other Long-Term Liabilities	121.2	164.0	5.6	8.9	20.2		
Stockholders' Equity (Deficit)	619.8	770.9	(197.6)	(487.4)	(490.8)		
Total Liabilities & Stockholders' Equity (Deficit)	\$ 1,519.6	\$ 2,026.7	\$ 733.9	\$ 431.5	\$ 632.3		
Credit Statistics							
Adjusted EBITDA	\$ 268.0	\$ 309.6	\$ 277.3	\$ 148.5	\$ 144.7		
Secured Debt	\$ 75.0	\$ 298.0	\$ 150.0	\$ 144.0	\$ 287.4		
Total Debt	\$ 584.5	\$ 806.1	\$ 835.3	\$ 832.6	\$ 979.3		
Secured Debt/Adjusted EBITDA	0.3x	1.0x	0.5x	1.0x	2.0>		
Total Debt/Adjusted EBITDA	2.2x	2.6x	3.0x	5.6x	6.8×		

(1). Adjusted EBITDA is a non-GAAP measure. See reconciliation on the slide that follows.

ADJUSTED EBITDA⁽¹⁾

Northern Oil & Gas Inc.

2013 Net Income (Loss) \$ \$53,062 Add: 32,702 Interest Expense 32,702 Income Tax Provision (Benefit) 31,764 Depreciation, Depletion, Amortization and Accretion 124,382 Impairment of Oil and Natural Gas Properties 4,792	2014	2015	2016	
Add: Interest Expense 32,709 Income Tax Provision (Benefit) 31,761 Depreciation, Depletion, Amortization and Accretion 124,383 Impairment of Oil and Natural Gas Properties 124,383			2010	2017
Interest Expense32,709Income Tax Provision (Benefit)31,760Depreciation, Depletion, Amortization and Accretion124,383Impairment of Oil and Natural Gas Properties124,383	7 \$ 163,746	\$ (975,355)	\$ (293,494)	\$ (9,194)
Income Tax Provision (Benefit)31,764Depreciation, Depletion, Amortization and Accretion124,383Impairment of Oil and Natural Gas Properties124,383				
Depreciation, Depletion, Amortization and Accretion124,383Impairment of Oil and Natural Gas Properties124,383	9 42,106	58,360	64,486	70,286
Impairment of Oil and Natural Gas Properties	8 99,367	(202,424)	(1,402)	(1,570)
	3 172,884	137,770	61,244	59,500
Non-Cash Share Based Compensation 4,79		1,163,959	237,013	-
	9 2,759	6,273	3,182	6,107
Write-off of Debt Issuance Costs		-	1,090	95
Loss on the Extinguishment of Debt		-	-	993
(Gain) Loss on the Mark-to-Market of Derivative Instruments 21,259	9 (171,276)	88,716	76,347	18,443
Adjusted EBITDA \$ 267,985	5 \$ 309,586	\$ 277,299	\$ 148,466	\$ 144,660
Adjusted EBITDA by Quarter (in thousands)				

<u>3Q17</u>	<u>4Q17</u>	<u>1Q18</u>	<u>2Q18</u>	<u>3Q18</u>
\$ (16,087)	\$ (23,849)	\$ 2,965	\$ (96,547)	\$ 18,979
16,673	20,882	23,107	22,403	20,438
-	(1,570)	-	-	-
15,358	17,632	18,631	22,596	30,258
3,732	841	(886)	1,325	1,535
-	993	-	90,833	9,542
-	-	-	-	(13,063)
16,058	33,614	12,141	29,936	30,225
\$ 35,734	\$ 48,543	\$ 55,958	\$ 70,546	\$ 97,914
	\$ (16,087) 16,673 - 15,358 3,732 - - 16,058	\$ (16,087) \$ (23,849) 16,673 20,882 - (1,570) 15,358 17,632 3,732 841 - 993 16,058 33,614	\$ (16,087) \$ (23,849) \$ 2,965 16,673 20,882 23,107 - - (1,570) - 15,358 17,632 18,631 3,732 841 (886) - 993 - - - - 16,058 33,614 12,141	\$ (16,087) \$ (23,849) \$ 2,965 \$ (96,547) 16,673 20,882 23,107 22,403 - (1,570) - - 15,358 17,632 18,631 22,596 3,732 841 (886) 1,325 - 993 - 90,833 - - - - 16,058 33,614 12,141 29,936

Adjusted EBITDA (in thousands)											
		Year Ended December 31,						Nine Months Ended Sept 30,			
	2017		201	2016		2015		2018		17	
Net Income (Loss)	\$ (9	9,194)	\$	(293,494)	\$	(975 <i>,</i> 355)	\$	(74,603)	\$	14,655	
Add:											
Interest Expense	7	0,286		64,486		58,360		65,948		49,405	
Income Tax Provision (Benefit)	(:	L,570)		(1,402)		(202,424)		-		-	
Depreciation, Depletion, Amortization and Accretion	5	9,500		61,244		137,770		71,485		41,868	
Impairment of Oil and Natural Gas Properties		-		237,013		1,163,959		-		-	
Non-Cash Share Based Compensation		6,107		3,182		6,273		1,973		5,266	
Write-off of Debt Issuance Costs		95		1,090		-		-		95	
Loss on the Extinguishment of Debt		993		-		-		100,375		-	
Debt Exchange Derivative Gain		-		-		-		(13,063)		-	
(Gain) Loss on the Mark-to-Market of Derivative Instruments	1	8,443		76,347		88,716		72,303		(15,170)	
Adjusted EBITDA	\$ 14	4,660	\$	148,466	\$	277,299	\$	224,418	\$	96,119	

(1). Adjusted EBITDA is a non-GAAP measure.