

June 18, 2015



## Paychex Named One of the Best Employers for Healthy Lifestyles®

Honor recognizes the company's commitment to improving employee health and well-being

ROCHESTER, N.Y.--(BUSINESS WIRE)-- For the sixth time, Paychex has been honored by the National Business Group on Health (NBGH) for its ongoing commitment to promoting a healthy work environment and encouraging employees to live healthier lifestyles. Paychex, a leading provider of payroll, human resource, insurance, and benefits outsourcing solutions for small- to medium-sized businesses, received a Gold Award for creating cultural and environmental changes that support employees in their lifestyle and behavior changes.

Paychex was among 64 U.S. employers that received the 2015 *Best Employers for Healthy Lifestyles®* award at the Leadership Summit sponsored by the NBGH's Institute of Innovation in Workforce Well-being.

"Paychex employees tell us they love the wide range of programs and activities that help them achieve the best health and well-being possible," said Laurie Zaucha, Paychex vice president of human resources and organizational development. "Whether it's serving healthy food options at company cafeterias, holding eight-week physical activity challenges, or offering any number of specific wellness programs, we feel very strongly about our responsibility to help our employees live healthy lives."

The company's nearly eight-year old Active Health program includes socially-based multi-week wellness challenges; best-in-class tobacco cessation options; partnership with community supported agriculture; blood pressure kiosks; sit/stand workstations; healthy and favorably priced food in cafeterias and vending machines; incentive gift cards that can be used for Amazon.com or donations to Habitat for Humanity; flu shots; voluntary on-site health screenings; an innovative evidence-based weight management program; and measurable positive outcomes related to health risk, workforce engagement, productivity, and satisfaction.

Brian Marcotte, NBGH president and CEO, commented, "We congratulate Paychex for being among an elite group of companies that are making a difference every day in improving the health and overall well-being of their employees and their families. Paychex and its leadership team are to be commended for their commitment to promoting healthy work environments and for their innovation in developing outstanding programs for employees that encourage good health and well-being."

### About Paychex

Paychex, Inc. (NASDAQ:PAYX) is a leading provider of payroll, human resource, and benefits outsourcing solutions for small- to medium-sized businesses. The company offers comprehensive payroll services, including payroll processing, payroll tax administration, and

employee pay services, including direct deposit, check signing, and Readycheck<sup>®</sup>. Human resource services include 401(k) plan recordkeeping, section 125 plans, a professional employer organization, time and attendance solutions, and other administrative services for business. A variety of business insurance products, including group health and workers' compensation, are made available through Paychex Insurance Agency, Inc. Paychex was founded in 1971. With headquarters in Rochester, New York, the company has more than 100 offices serving approximately 580,000 payroll clients as of May 31, 2014. For more information about Paychex and our products, visit [www.paychex.com](http://www.paychex.com).

### **About the National Business Group on Health<sup>®</sup>**

The National Business Group on Health is the nation's only non-profit organization devoted exclusively to representing large employers' perspective on national health policy issues and helping companies optimize business performance through health improvement, innovation, and health care management. The Business Group leads initiatives to address the most relevant health care issues facing employers today and enables human resource and benefit leaders to learn, share, and leverage best practices from the most progressive companies. Business Group members, which include 71 Fortune 100 companies, provide health coverage for more than 50 million U.S. workers, retirees, and their families. For more information, visit [www.businessgrouphealth.org](http://www.businessgrouphealth.org).

### **Stay Connected with Paychex**

Twitter: [www.twitter.com/paychex](http://www.twitter.com/paychex)

Facebook: [www.facebook.com/paychex](http://www.facebook.com/paychex)

LinkedIn: <http://www.linkedin.com/company/paychex/products>

View source version on businesswire.com:

<http://www.businesswire.com/news/home/20150618005045/en/>

### **Media**

Paychex, Inc.

Becky Cania, 585-387-6337

Manager of Employee and Corporate Communications

[bcania@paychex.com](mailto:bcania@paychex.com)

[@PaychexNews](#)

Source: Paychex, Inc.