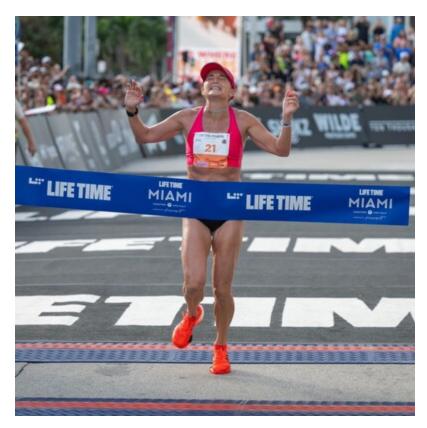


Life Time Miami Marathon & Half presented by FP Movement Sees Almost 18,500 Runners Cross the Finish Line at Sold Out Race

Marathon winners from Kenya and Florida; 48 states and 75 countries competed in the 23^d annual event

MIAMI, Feb. 3, 2025 /PRNewswire/ -- Paul Eyanae had a phone call to make once the hoopla died down from his first-ever marathon win in the United States at Sunday's 23rd Life <u>Time Miami Marathon and Half presented by FP Movement</u>. That call went to his wife and three children on their farm back in Kenya, where they grow tea and coffee to allow Paul the luxury of traveling the world chasing running success.



"We are farmers," said Eyanae, who blew away the field in a time of 2:20:00, two minutes and 42 seconds faster than runner-up Bradley Makuvire of El Paso, Texas, and third-place finisher Abraham Kipkemei of Minneapolis, Minnesota (2:24:25). "They farm and I run."

All of Sunday's winners had their own unique stories from the sold-out race that boasted 18,500 runners from 48 states and 75 countries.

Beth Marzigliano, who won the women's Marathon in a time of 3:03:02, juggles taking care of three kids back home in Naples between training runs. Sunday, she won her race and then watched her kids participate in the Kids Mile that is part of Life Time Kids Run Miami, the annual initiative of the Life Time Foundation to promote fitness and wellness to the younger generation alongside the Life Time Miami Marathon and Half itself.

Men's Half Marathon winner Solomon Kagimbi, a repeat winner in Miami, comes from a family of farmers in Kenya like Eyanae. He ran his fastest half marathon time on American soil for the second straight year (1:04:27) becoming Miami's first two-time men's Half Marathon winner. He was an amazing three minutes faster than second place Paxon Smith of Miami (1:07:33).

Women's Half Marathon winner Nell Rojas of Boulder, Colorado, equaled the women's course record (1:13:53) on her first half marathon run in Miami. That record was set in 2016 by Santa Ines Meichor.

They are stories worth telling and that's why Eyanae reached for his cell phone after crossing the finish line to deliver the news of his day in South Florida back home.

Beyond the elite finishers, thousands of runners – as old as 88 and as young as 14 years old – took on the iconic streets of Miami for the fourth annual sell out of the race. The temperature on the day ranged from 72 degrees at race time to 78 degrees by the end of the event.

"The Life Time Miami Marathon & Half isn't just about crossing the finish line; it's about the experience—the vibrant city, the community support, and the shared determination of thousands of people from all over the world in becoming 'Miami Famous,'" said Samantha Bailey, Senior Marketing Manager at Life Time. "Today, we witnessed runners from all over the world pushing themselves to their limits, and our team is proud to be part of an event that inspires people to live healthier and happier lives."

The Life Time Miami Marathon & Half presented by FP Movement continues to grow in popularity each year, and organizers are already looking forward to welcoming runners to Miami for the 2026 event. With its stunning course and lively atmosphere, Miami remains the ultimate destination for runners worldwide.

The Miami Marathon & Half is owned and produced by Life Time, the premier healthy lifestyle brand. It is among nearly 30 premier athletic events operated by the company, including the Chicago Half Marathon, UNBOUND Gravel, and the Leadville Race Series. To learn more about Life Time athletic events, visit: <u>my.lifetime.life/athletic-events.html</u>

About Life Time

Life Time (NYSE: LTH) empowers people to live healthy, happy lives through its portfolio of more than 175 athletic country clubs across the United States and Canada. The health and wellness pioneer also delivers a range of healthy way of life programs and information, and the best curated products and LTH nutritional supplements via its complimentary Life Time Digital app. The Company's healthy living, healthy aging, healthy entertainment communities and ecosystem serve people 90 days to 90+ years old and is supported by a team of more than 41,000 dedicated professionals. In addition to delivering the best programs and

experiences through its clubs, Life Time owns and produces nearly 30 of the most iconic athletic events in the country.

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