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# Become a Certified Personal Trainer While Earning Your Degree

*Life Time Academy and Globe University partner to provide enhanced fitness and health degree program for Globe students*

CHANHASSEN, Minn.--(BUSINESS WIRE)-- [Life Time Academy](#), the premier state-licensed academic division of [Life Time – The Healthy Way of Life Company](#) (NYSE:LTM), announced a new partnership with [Globe University](#), a Minnesota-based accredited college. The partnership enables Globe University students to earn their degree while simultaneously completing their professional certification from Life Time Academy. This joint venture will allow for additional career opportunities in the growing fitness industry, which the U.S. Department of Labor forecasts a 50% growth rate through the next decade.

“Life Time Academy and Globe University share a common dedication and commitment to helping further students’ career education,” says Jeff Rosga, Director of Life Time Academy. “Together, our organizations have the capacity to redefine quality training and educational programs in support of the next generation of top working professionals, while giving students the best of both worlds: the ability to achieve an advanced degree that aligns directly to a career outcome in a number of health, wellness and fitness fields.”

Students enrolled at Globe University have the opportunity to earn their Health Fitness Specialist bachelor’s degree, Professional Fitness Trainer Program certificate through Life Time Academy and NASM certification credentials.

Participating students study at the St. Louis Park Life Time premier fitness destination for lab instruction and application. Certified Life Time Academy staff instructors team directly with Globe faculty to produce a combined experience in student learning and practice that is unparalleled in the field of exercise health and fitness sciences.

“Our partnership with Life Time Academy provides students boundless options to expand their careers,” says Globe’s Chief Communications Officer, Jeff Myhre. This partnership enhances the school’s already robust offerings in the field of health fitness where we offer degrees at the associate, bachelor’s and master’s level.”

For more information, please visit Life Time Academy at [www.ltacademy.net](http://www.ltacademy.net) or call 1-888-639-0025. For additional information or admission information for Globe University, visit <http://www.globeuniversity.edu> or call 1-877-303-6060.

## About Life Time Academy

Life Time Academy, a career-focused educational center, is the academic division of Life Time Fitness (NYSE: LTM). The Academy enrolled its first students in April of 2011 and has continued to grow steadily; today it maintains campus locations in five geographic markets including Colorado, Minnesota, Michigan, Texas and Virginia. Life Time Academy offers a

unique curriculum and a tailored learning environment that prepares fitness professionals for careers in the areas of personal training, group fitness and Pilates. The hybrid approach combines the flexibility of online learning with in-classroom, hands-on application labs held in a premier fitness setting. The combination of innovative, science-based curriculum and real-life training methodologies sets the Academy apart from traditional educational offerings or online certification programs. Graduates are certified, best-in-class fitness professionals, who are confident in their knowledge, skills and abilities to realize immediate success in their career, while inspiring their clients to achieve a healthy way of life. For more information please visit [www.ltacademy.net](http://www.ltacademy.net) or call 1-888-639-0025.

### **About Globe University, Minnesota School of Business and Broadview University**

[Globe University](http://www.globeuniversity.edu), Minnesota School of Business and Broadview University are part of a premier, family-managed system of career colleges, universities and training centers based in Woodbury, Minn. These specialty skills colleges prepare work-ready professionals for successful careers in a wide range of high-demand fields. Through its mission, WeCare, the organization integrates hands-on and career-focused education with applied-learning experiences that expose students to their communities and real-world situations. Programs offer undergraduate, diploma and graduate degrees in a wide range of career fields, including business and accounting, health sciences, legal sciences, technology, creative media and applied arts. More than 30 programs are available online. All academic programs are accredited by the Accrediting Council for Independent Colleges and Schools (ACICS). For more information, visit <http://www.globeuniversity.edu>.

### **About Life Time Fitness, Inc.**

As The Healthy Way of Life Company, Life Time Fitness (NYSE:LTM) helps organizations, communities and individuals achieve their total health objectives, athletic aspirations and fitness goals by engaging in their areas of interest – or discovering new passions – both inside and outside of Life Time’s distinctive and large sports, professional fitness, family recreation and spa destinations, most of which operate 24 hours a day, seven days a week. The Company’s Healthy Way of Life approach enables customers to achieve this by providing the best programs, people and places of uncompromising quality and value. As of April 9, 2013 the Company operated 105 centers under the LIFE TIME FITNESS® and LIFE TIME ATHLETIC® brands in the United States and Canada. Additional information about Life Time centers, programs and services is available at [lifetimefitness.com](http://lifetimefitness.com).

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