

October 24, 2010



Rhonda Rajsich and Kane Waselenchuk Victorious at the U.S. OPEN Racquetball Championships

- Rajsich sets professional women's record by winning four U.S. OPEN Championship titles
- Waselenchuk's sixth Championship breaks his own professional U.S. OPEN men's record

CHANHASSEN, Minn.--(BUSINESS WIRE)-- The 15th Annual U.S. OPEN Racquetball Championships, co-sponsored by [Life Time Fitness, Inc.](#) (NYSE:LTM), proved to be a record breaker as Canadian Kane Waselenchuk won the men's division for the sixth time, while American Rhonda Rajsich claimed her fourth U.S. OPEN title--the most wins in the women's division.

In Women's Professional Racquetball Organization (WPRO) match play, Rajsich defeated Mexico's Paola Longoria in four games (8, (8), 9, 5). In International Racquetball Tour (IRT) play, Waselenchuk bested Mexico's Alvaro Beltran in four games ((10), 2, 2, 6).

The event, which hosted more than 800 of the world's best professional and amateur racquetball players, featured 1,400 matches from October 20-24 at three Life Time Fitness locations in Minneapolis: Target Center, Minneapolis Life Time Athletic Club and St. Louis Park.

Additional information on the U.S. OPEN Racquetball Championships is available by visiting [www.usopenracquetball.com](#). For more information on racquetball at Life Time Fitness please visit [www.myLT.com/racquetball](#).

About Life Time Fitness, Inc.

Life Time Fitness, Inc. (NYSE:LTM) is a healthy way of life company based in Chanhassen, Minnesota. The Company is dedicated to providing programs and services that help its members connect and engage with their areas of interest, and achieve success with their health and fitness goals. Life Time Fitness designs and operates distinctive, multi-use sports, professional fitness, family recreation and spa/resort centers that help members lead healthy and active lives. As of October 24, 2010, the Company operated 89 centers in 19 states and 24 markets. Additional information about Life Time Fitness centers, programs and services is available at [lifetimefitness.com](#).

Source: Life Time Fitness, Inc.