August 22, 2013



MFA Financial, Inc. Announces Third Quarter 2013 Preferred Dividend of \$0.46875 Per Share

NEW YORK, Aug. 22, 2013 /PRNewswire/ -- MFA Financial, Inc. (NYSE: MFA) announced today that in accordance with the terms of its 7.50% Series B Cumulative Redeemable Preferred Stock, the Board of Directors has declared a preferred stock dividend of \$0.46875 per share for the quarter ending September 30, 2013. This dividend is payable on September 30, 2013, to preferred stockholders of record as of September 5, 2013.

MFA is a real estate investment trust primarily engaged in the business of investment, on a leveraged basis, in Agency and Non-Agency residential mortgage-backed securities.

CONTACT: MFA Investor Relations

800-892-7547

www.mfafinancial.com

SOURCE MFA Financial, Inc.