► See separate instructions.

Part Reporting Issuer

1 Issuer's name	2 Issuer's employer identification number (EIN)		
MFA FINANCIAL, INC.		13-3974868	
	Telephone No. of contact	5 Email address of contact	
INVESTOR RELATIONS	(212) 207-6488	InvestorRelations@mfafinancial.com	
6 Number and street (or P.O. box if mail is not de	elivered to street address) of contact	7 City, town, or post office, state, and ZIP code of contact	
ONE VANDERBILT AVENUE, 48TH FLOOR		NEW YORK, NY 10017	
8 Date of action	9 Classification and description		
VARIOUS	COMMON STOCK DISTRIBUTIONS		
10 CUSIP number 11 Serial number(s)	12 Ticker symbol	13 Account number(s)	
SEE STATEMENT 1	MFA		
Part II Organizational Action Attach	additional statements if needed. See	e back of form for additional questions.	
14 Describe the organizational action and, if app	blicable, the date of the action or the date	e against which shareholders' ownership is measured for	
the action tube of the calendar year of the calend	R 2021, MFA FINANCIAL, INC. ("MFA") MADE DISTRIBUTIONS TO STOCKHOLDERS	
WHICH FOR U.S. FEDERAL INCOME TAX PURP	OSES EXCEEDED MFA'S ACCUMULA	TED AND CURRENT EARNINGS AND PROFITS ("E&P")	
RESULTING IN A RETURN OF CAPITAL. SEE ST	ATEMENT 1 FOR A SUMMARY OF TH	E 2021 DISTRIBUTIONS.	
-			
-			
		y in the hands of a U.S. taxpayer as an adjustment per	
SHAREHOLDER. SEE STATEMENT 1 FOR DETA			

Part I		Drganizational Action (continued)			
		applicable Internal Revenue Code section(s) and subsection(s) upon which the tax tr IS 301(c), 312 AND 316(a).	eatment	is based >	•
IRC SEC		S 301(C), 312 AND 316(a).			
18 Ca	an any	resulting loss be recognized? ► NO TAX LOSS CAN BE RECOGNIZED BY THE	стоски	HOLDERS	AS A RESULT OF THE
DISTRIE					
		any other information necessary to implement the adjustment, such as the reportabl ABLE TAX YEAR IS 2021.	le tax ye	ar ▶	
		r penalties of perjury, I declare that I have examined this return, including accompanying scher			
<u>.</u>	Deller	it is true, correct, and complete. Declaration of preparer (other than officer) is based on all inform	mation of	which prepa	arer has any knowledge.
Sign		\sim 1 \wedge 1 1			
Here	Signa	ture> <u>Sandeep Ramachandran</u>	Date Þ	1/2	7/2022
		,		0.05	
	Print	your name ► SANDEEP RAMACHANDRAN Print/Type preparer's name Preparer's signature	Title ► Date	SVP & DI	
Paid					Check if FIIN self-employed
Prepa Use C		Firm's name	1		Firm's EIN ►
0380	, iiiy	Firm's address ►			Phone no.

Form 8937 (12-2017)

Page **2**

Send Form 8937 (including accompanying statements) to: Department of the Treasury, Internal Revenue Service, Ogden, UT 84201-0054

MFA FINANCIAL, INC.

13-3974868

STATEMENT 1

FORM 8937, PART II, LINE 14

BELOW IS A SUMMARY OF THE 2021 DISTRIBUTIONS:

<u>STOCK</u>	<u>CUSIP</u>	RECORD DATE	PAYMENT DATE	TOTAL DISTRIBUTION PER SHARE
COMMON	55272X102	12/30/2020	1/29/2021	\$0.0750
COMMON	55272X102	3/31/2021	4/30/2021	\$0.0750
COMMON	55272X102	6/30/2021	7/30/2021	\$0.1000
COMMON	55272X102	9/30/2021	10/29/2021	\$0.1000

FORM 8937, PART II, LINE 15

THE DISTRIBUTION MADE ON THE FOLLOWING DATES REDUCE THE BASIS OF THE SECURITY IN THE HANDS OF THE U.S. SHAREHOLDER(S) AS FOLLOWS:

STOCK	CUSIP	RECORD DATE	PAYMENT DATE	PER SHARE REDUCTION OF BASIS
COMMON	55272X102	3/31/2021	4/30/2021	\$0.0628
COMMON	55272X102	6/30/2021	7/30/2021	\$0.1000
COMMON	55272X102	9/30/2021	10/29/2021	\$0.1000