

June 2, 2010



## **Life Time Fitness to Present at Piper Jaffray 30th Annual Consumer Conference**

CHANHASSEN, Minn.--(BUSINESS WIRE)-- Life Time Fitness, Inc. (NYSE: LTM) today announced today that Michael Robinson, executive vice president and chief financial officer, will present at the Piper Jaffray 30<sup>th</sup> Annual Consumer Conference. Kenneth Cooper, vice president of finance, also will attend on behalf of the Company.

The Conference will be held June 8-9, 2010, at the Westin New York at Times Square in New York City. Life Time Fitness officials will participate in a "fireside chat" moderated by a Piper Jaffray analyst at 12:30 p.m. ET on Wednesday, June 9, 2010.

The event will be webcast and may be accessed via the Company's Investor Relations section of its website at [lifetimefitness.com](http://lifetimefitness.com). A replay will be available through June 9, 2011.

About Life Time Fitness, Inc.

Life Time Fitness, Inc. (NYSE: LTM) is a healthy way of life company based in Chanhassen, Minnesota. The Company is dedicated to providing programs and services that help its members connect and engage with their areas of interest, and achieve success with their health and fitness goals. Life Time Fitness designs and operates distinctive, multi-use sports, professional fitness, family recreation and spa/resort centers that help members lead healthy and active lives. As of June 2, 2010, the Company operated 87 centers in 19 states and 24 markets. Additional information about Life Time Fitness centers, programs and services is available at [www.lifetimefitness.com](http://www.lifetimefitness.com).

Source: Life Time Fitness, Inc.