

October 12, 2007



2007 Toyota U.S. Open Triathlon

-- MEN'S AND WOMEN'S CHAMPIONS

-- BLIND TRIATHLETE AARON SCHIEDES COMPETING IN THE ELITE AMATEUR DIVISION

-- 70-YEAR-OLD WOMAN FROM AUSTIN, TX

Life Time Fitness (Nasdaq:LTM):

WHO: Greg Bennett (AUS), men's points leaders -- attempting to sweep and 2007 Life Time Fitness Triathlon Series and take home a \$300,000 bonus

Emma Snowsill, (AUS), women's point leader -- looking to win the 2007 Life Time Fitness Triathlon Series

Aaron Schiedes, 25, blind triathlete competing in the elite amateur division and looking to compete the Olympic distance course in under 2:00 (two hours)

Jolanda (pronounced Yo-landa) Whaling, 70, from Austin, Texas participates despite never competing in a triathlon until four years ago

WHAT: Toyota U.S. Open Championship, Dallas, TX
B-Roll Package includes:
- Highlights and interviews with event champions
- Several unique human interest stories

WHEN: Sunday, October 14, 2007
3:00 p.m. ET

COORDINATES: Galaxy 26
KU Band
Transponder 14
TROUBLE LINE: 214-289-5907

Source: Life Time Fitness