April 22, 2022

NOG Announces First Quarter 2022 Earnings Release and Conference Call

MINNEAPOLIS--(BUSINESS WIRE)-- Northern Oil and Gas, Inc. (NYSE: NOG) ("NOG" or the "Company") announced today that it plans to issue its earnings release with respect to first quarter 2022 financial and operating results on Thursday, May 5, 2022, after the market closes. Additionally, the Company will host a conference call on Friday, May 6, 2022, at 10:00 a.m. Central Time.

Those wishing to listen to the conference call may do so via phone or the Company's webcast.

Conference Call and Webcast Details:

Date:	May 6, 2022
Time:	10:00 a.m. Central Time
Dial-In:	(866) 373-3407
International Dial-In:	(412) 902-1037
Conference ID:	13729487
Webcast:	First Quarter 2022 Earnings Call (themediaframe.com)

Replay Information:

A replay of the conference call will be available through May 13, 2022, by dialing:

Dial-In:	(877) 660-6853
International Dial-In:	(201) 612-7415
Conference ID:	13729487

ABOUT NORTHERN OIL AND GAS

NOG is a company with a primary strategy of investing in non-operated minority working and mineral interests in oil & gas properties, with a core area of focus in the premier basins within the United States.

More information about NOG can be found at www.NorthernOil.com.

View source version on businesswire.com:
https://www.businesswire.com/news/home/20220422005621/en/

Mike Kelly, CFA
Chief Strategy Officer
(952) 476-9800
ir@northernoil.com

Source: Northern Oil and Gas, Inc.