

Nightfood CEO Sean Folkson Invited to Speak at the 13th Annual Global Dairy Congress About Nightfood and the Emergence of Sleep-Friendly Nutrition

Tarrytown, NY, April 11, 2019 (GLOBE NEWSWIRE) -- via NEWMEDIAWIRE -- Nightfood, Inc. (OTCQB: NGTF), the innovative company solving America's \$50 billion-dollar nighttime snacking problem, announced today that CEO Sean Folkson has been invited to speak at the 13th Annual Global Dairy Congress in Lisbon, Portugal the week of June 24.

The annual event is coordinated by Zenith Global, a UK-based food and drink consultancy. Delegates are expected to be in attendance from international consumer packaged goods giants such as PepsiCo, Chobani, Mondelez International, Danone, and others.

"It's an honor to be invited as a guest speaker at such a prestigious global industry conference at this very early stage in our brand life-cycle," commented Folkson. "Zenith's confidence that what we're doing is worthy of such an audience reinforces our belief in our mission. I look forward to discussing the Nightfood brand platform and the concept of sleep-friendly nutrition, which we're pioneering, with the leaders in the industry."

Nightfood ice cream was recently announced as the winner of the United States 2019 Product of the Year award in the ice cream category in a Kantar TNS survey of over 40,000 consumers.

Past speakers at the Global Dairy Congress have included Steve Jones, Chief Executive Officer at Fairlife, Carlos Ramirez, Chief Executive Officer of Powerful Yogurt, Geoffrey Babidge, Managing Director of A2 Corporation, and Kim Small, Vice President and General Manager of Global Dairy for PepsiCo.

The Conference will be held at the Myriad by Sana hotel in Lisbon, and runs from Tuesday, June 25 through Thursday June 27. More information on the conference can be found here.

About Nightfood Holdings:

Nightfood Holdings, Inc. (OTC: NGTF), owns Nightfood, Inc. and MJ Munchies, Inc.

On Feb 8, 2019, it was announced that Nightfood ice cream won the 2019 Product of the Year award in the ice cream category in a Kantar survey of over 40,000 consumers.

With the overwhelming majority of at-home ice cream consumption occurring in the hours before bed, Nightfood's sleep-friendly nighttime ice cream, formulated by sleep and nutrition experts, delivers benefits found in no other product on the market.

Market research giant Mintel identified nighttime specific food and beverages as one of their most "compelling and category changing" trends for the coming years

Nightfood ice cream is rolling out nationally, and has recently announced distribution in the popular Meijer supermarket chain throughout the Midwest, with concentration in the metropolitan areas of Chicago, Detroit, Indianapolis, Columbus, and Milwaukee.

To enter the Nightfood® Ice Cream Giveaway, where the Company is giving away a one-year supply of Nightfood ice cream, plus a brand-new freezer to store it in, visit http://nightfoodicecream.com – each entrant gets a coupon for a free pint of ice cream (some purchase required).

MJ Munchies, Inc. was formed in 2018 as a new, wholly owned subsidiary of Nightfood Holdings, Inc. to capitalize on legally compliant opportunities in the CBD and marijuana edibles and related spaces. The Company intends to market some of these new products under the brand name "Half-Baked", for which they've successfully secured trademark rights.

For more information, visit http://Nightfood.com and http://Nightfood.com

Questions can be directed to investors@Nightfood.com

Forward Looking Statements:

This current press release contains "forward-looking statements," as that term is defined in Section 27A of the United States Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. Statements in this press release which are not purely historical are forward-looking statements and include any statements regarding beliefs, plans, expectations or intentions regarding the future, including but not limited to, any products sold or cash flow from operations.

Actual results could differ from those projected in any forward-looking statements due to numerous factors. Such factors include, among others, the inherent uncertainties associated with distribution and difficulties associated with obtaining financing on acceptable terms. These forward-looking statements are made as of the date of this news release, and we assume no obligation to update the forward-looking statements, or to update the reasons why actual results could differ from those projected in the forward-looking statements. Although we believe that the beliefs, plans, expectations and intentions contained in this press release are reasonable, there can be no assurance that such beliefs, plans, expectations or intentions will prove to be accurate. Investors should consult all of the information set forth herein and should also refer to the risk factors disclosure outlined in our most recent annual report for our last fiscal year, our quarterly reports, and other periodic reports filed from time-to-time with the Securities and Exchange Commission.

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