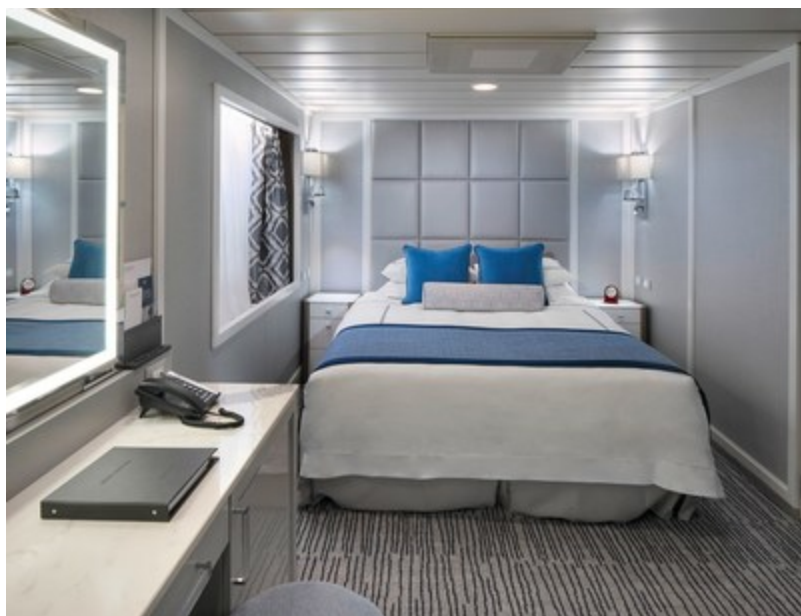


March 30, 2022

OCEANIA CRUISES REVEALS NEW SOLO STATEROOMS AND TWO NEW TOUR SERIES

Dozens More Staterooms for Solo Travelers + New Sustainability-Focused and Architectural Tours

MIAMI, Fla., March 30, 2022 /PRNewswire/ -- Oceania Cruises, the world's leading culinary- and destination-focused cruise line, announced the addition of dozens more dedicated staterooms for solo travelers along with the debut of the line's *Go Green* and *Beyond Blueprints* shore excursion series as part of its industry-leading OceaniaNEXT initiative.



Each of the four ships will feature 14 Solo Oceanview Staterooms, which debut aboard *Regatta* on September 25, 2022; *Nautica* on September 26, 2022; and *Insignia* and *Sirena* on October 1, 2022. With the addition of these 56 staterooms, plus those that debuted to a sell-out success on *Vista* earlier this year, Oceania Cruises is reinforcing its commitment to solo travelers. The line also revealed two new shore excursion series – *Go Green* and *Beyond Blueprints* – to provide curious travelers with even more options for discovery, exploration, and personal connections with the destinations visited.

"One of the greatest factors in Oceania Cruises' success is that we not only listen to the feedback our guests and travel partners provide, we act on it. Our guests and travel partners wanted more options for solo travelers and more diverse tour offerings, and we are delighted to deliver," stated Howard Sherman, President & CEO of Oceania Cruises.

Solo Oceanview Staterooms aboard *Regatta*, *Insignia*, *Nautica*, and *Sirena*

Bathed in soothing tones with multiple layers of luxurious furnishings, accents and artwork, these charming staterooms are the perfect retreat for the solo traveler. Centrally located on Deck 6, each is an inviting home away from home, providing guests with a blissful and welcoming space to relax and rejuvenate as they explore the world's most fascinating destinations. All are amply spacious and equipped with a sublimely plush Tranquility Bed, refrigerated mini bar, cozy seating area and abundant storage space.

"These new single-occupancy staterooms are ideal for guests seeking the joy of traveling solo while experiencing all the comfort, cuisine, and destination expertise that Oceania Cruises is renowned for," added Sherman.

Pricing and availability for the new Solo Oceanview Staterooms will be available on April 11, 2022, for sailings beginning on or after September 25, 2022 - *Regatta* on September 25, 2022; *Nautica* on September 26, 2022; and *Insignia* and *Sirena* on October 1, 2022.

New *Go Green* and *Beyond Blueprints* Tours

With more than 150 *Go Green* tours to choose from around the globe, travelers may engage with residents and businesses to learn about how they are working to conserve and sustain their surrounding environment. The tours, many of which provide an educational element, offer guests the opportunity to take part in a variety of experiences, such as visiting a sustainable vineyard in Almeria, Spain; learning the fascinating aspects of hydroponic farming in the rainforests of St. Kitts; discovering the world of eco-conscious art in Buenos Aires, Argentina; or imbibing in zero-emission rum in the world's only carbon-free distillery in Dartmouth, United Kingdom. Oceania Cruises' *Go Green* tours span the globe in a wide variety of destinations across Africa, Alaska, Asia, Australia and New Zealand, the Caribbean, the Mediterranean, the Middle East, Northern Europe and South America.

The *Beyond Blueprints* tours offer a rare and in-depth look behind the scenes at some of the world's most iconic architectural landmarks such as The Royal Library and The Blue Planet aquarium in Copenhagen, Denmark; the Equinor office building and the Munchmuseet in Oslo, Norway; and La Villa Méditerranée and MUCEM Marseille, France. The line is showcasing a total of 10 *Beyond Blueprints* tours in Europe for 2022 and additional global destinations are expected to be unveiled later in the year. All offer special, little-known stories and information from insightful guides about the inspiration, reasoning and genius that brought these marvels to life. Other *Beyond Blueprints* tours being launched focus on sites in Barcelona, Spain; Belfast, Northern Ireland; Glasgow, Scotland; La Coruna, Spain; Lisbon, Portugal; and Sete, France.

"Whether guests are visiting a destination for the first time or the tenth, our new *Go Green* and *Beyond Blueprints* tours offer fresh perspectives and unique insights to enhance their destination experience," added Sherman.

Go Green Tour Examples

Bordeaux Wines and Sustainability: Bordeaux, France

On this tour, guests will discover how converting to biodynamic and organic farming has further elevated the quality of the esteemed wines at Château de La Dauphine. The first vineyards in the Fronsac region of Bordeaux were planted about 2,000 years ago, so this appellation has a long-distinguished history. Even so, in 2015 the new owners of Château de La Dauphine sought to improve its wines by adopting sustainable, biodynamic practices that go far beyond organic pesticide-free agricultural methods. Biodynamic farming takes a

holistic, ethical approach that follows the harmonious cycles of nature, specifically the movement of the moon and planets. As guests tour the vineyards, they will learn more about biodynamics and how it affects the terroir and the taste of the wines. The sampling that follows will lend even more insight. The exact wines will be chosen on arrival, but will likely include an elegant, deep-scarlet merlot.

A Sloth Paradise – Give Back to Nature: Puntarenas, Costa Rica

Visiting a sanctuary for sloths that have been orphaned or injured or lost their habitat due to deforestation, guests will have a close-up look at the animals as they are rehabilitated in hopes of returning them to the wild. Sloths are the world's slowest animals and spend nearly all-day hanging upside down in trees, rarely traveling more than 125 feet. If their habitat is disturbed or destroyed, the sloths are at great risk. Guests can expect to observe baby sloths and plenty of adults in various stages of rehabilitation. The guide will describe the habits of sloths in the wild and how they easily adapt to the sanctuary environment that replicates a tropical forest. Deforestation is one of the biggest threats to sloths, so to help their cause, travelers may plant a tree in a nearby forest reserve.

Bach Ma National Park Ecosystem: Hue, Vietnam

Guests can hike through Bach Ma National Park with a naturalist who will point out and describe the remarkably diverse flora and fauna. As an introduction to the natural wonders, travelers will first browse the exhibits in the visitor center, which detail the park's mountainous topography. Bach Ma means "white horse," a reference to the clouds that ride the wind around the granite summit. As the trail ascends, the forest will become denser and the air cooler. Although the ruins of homes that the colonial French built to escape the summer heat are still visible, most every other sight will be natural. Birds are abundant, including red-headed trogons and scarlet minivets, which are easy to spot because of their bright coloring. A fifth of all the plant species found in Vietnam flourish in the park, and rare orchids may be seen. The summit will afford panoramic views of the mountains, Tam Giang Lagoon and Hue.

Beyond Blueprints Tour Examples

Beyond Blueprints: Copenhagen, Denmark

The Royal Library & The Blue Planet

Browse two radical, modernistic buildings with an architectural historian that will reveal little-known facts about their extraordinary designs. The Black Diamond extension to *The Royal Library* is as revolutionary as it looks. The irregularly shaped monolithic prism is clad in black granite and leans toward the river to capture as much natural light as possible. The building's significant tilt, wave-like balconies and expanding form as it rises from bottom to top presented a slew of design challenges that the guide will explain. *The Blue Planet* may be even more striking as it is the largest aquarium in Europe and resembles a giant whirlpool – a design inspired by the shape of water in endless motion. The building's exterior is covered in aluminum panels that are reminiscent of fish scales, while the interior curved ceiling evokes images of the baleens of a massive whale. The guide will further elaborate on the technological challenges of constructing *The Blue Planet* seaside.

Beyond Blueprints: Oslo, Norway

Equinor & Munchmuseet

Discover how two extraordinarily modern buildings have transformed Oslo's skyline and pushed the boundaries of design. An architectural historian guide will elaborate on the buildings' advanced technologies and present a rare insider's perspective of their construction. The iconic *Equinor* office building consists of five separate rectangular modules

stacked on top of each other at different angles, all to optimize daylight and views. Guests will also learn fascinating details about how the atrium's propeller-shaped glass roof was designed to withstand months of extra weight from snow. Similarly, climate conditions influenced the design of the *Munchmuseet*, a 13-story museum dedicated to the works of Norwegian artist Edvard Munch. It is constructed with low-carbon concrete and aluminum cladding that reflects harsh sunlight and is cooled with seawater. The top of the building intentionally tips forward as if bowing to Oslo in homage.

Beyond Blueprints: Marseille, France

La Villa Méditerranée & MUCEM

Gain an insider's understanding of the challenges in building two avant-garde landmarks by touring them with an architectural historian. Perched along the waterfront, *La Villa Méditerranée* was designed to embody Marseille's deep bond with the sea. Instantly recognized for its prominent cantilevered overhang, this three-level public space also features a conference center with portholes beneath the sea. As guests will discover, that lower floor presented all sorts of unusual circumstances that pushed the boundaries of architecture. The building faces *MUCEM*, a national museum devoted to Mediterranean civilizations. Its audacious design includes elements such as tree-like columns, a lacy façade that resembles a fishnet and a slender footbridge that connects it to the towering ramparts of Fort Saint-Jean. The square-within-a-square shape of *MUCEM* is classical in one sense but radically different because of the building materials. The concrete filigree that shields much of the structure is particularly stunning.

Full tour details and pricing will be available online at [OceaniaCruises.com](https://www.OceaniaCruises.com) when the new shore excursions are opened for sale at the end of April.

For additional information on Oceania Cruises' small-ship luxury product, exquisitely crafted cuisine, and expertly curated travel experiences, visit [OceaniaCruises.com](https://www.OceaniaCruises.com), call 855-OCEANIA, or speak with a professional travel advisor.

About Oceania Cruises

Oceania Cruises is the world's leading culinary- and destination-focused cruise line. The line's seven small, luxurious ships carry a maximum of 1,210 guests and feature the finest cuisine at sea and destination-rich itineraries that span the globe. Expertly curated travel experiences aboard the designer-inspired, small ships call on more than 450 marquee and boutique ports across Europe, Alaska, Asia, Africa, Australia, New Zealand, New England-Canada, Bermuda, the Caribbean, the Panama Canal, Tahiti and the South Pacific in addition to the epic 180-day Around the World Voyages. The brand has a second 1,200-guest Allura Class ship on order for delivery in 2025. With headquarters in Miami, Oceania Cruises is owned by Norwegian Cruise Line Holdings Ltd., a diversified cruise operator of leading global cruise brands which include Norwegian Cruise Line, Oceania Cruises and Regent Seven Seas Cruises.

About Norwegian Cruise Line Holdings Ltd.

Norwegian Cruise Line Holdings Ltd. (NYSE: NCLH) is a leading global cruise company which operates the Norwegian Cruise Line, Oceania Cruises and Regent Seven Seas Cruises brands. With a combined fleet of 28 ships with nearly 60,000 berths, these brands offer itineraries to more than 490 destinations worldwide. The Company has nine additional ships scheduled for delivery through 2027, comprising of approximately 24,000 berths.



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