

Abstract Text (300 word limit, now 300, excluding bolded headings)

Title (200 character limit, now 107):

REL-1017 (esmethadone) Demonstrates No Withdrawal Effects or Evidence of Physical Dependence in a Rat Study

Authors: David Gauvin, Jack Henningfield, Reginald (Reggie) Fant*, August Buchhalter, Judy Ashworth, Judy Caron, Marco Pappagallo, Francesco Bifari, Franco Folli, Paolo L. Manfredi

Purpose: REL-1017 (esmethadone) is a novel NMDA channel blocker in development for major depressive disorder (MDD). REL-1017 has twenty-fold lower affinity than levomethadone at the mu-opioid receptor. According to a 2019 DEA statement, "The d-isomer lacks significant respiratory depressant action and addiction liability, but possesses antitussive activity." We assessed the potential of REL-1017 to produce physical dependence and signs of withdrawal. The active comparators were morphine and ketamine.

Methods: Consistent with FDA's 2017 guidance, 16 Sprague-Dawley rats/group were administered saline (control group), REL-1017 (62.5 or 100 mg/kg), ketamine (200 mg/kg) or morphine (300 mg/kg) twice daily for 30 days by oral gavage. Measures related to drug administration (Days 1, 15, 30) and discontinuation effects (Days 1 to 9 after the last dose was administered) were collected including locomotor activity and functional observational batteries. Statistical analysis compared treated groups with control group.

Results: Compared to control, REL-1017 group did not demonstrate statistically significant changes in most of the withdrawal syndrome measures over the 9 days after discontinuation of daily dosing. Ketamine-treated rats showed variable differences related to increased locomotor activity (~ 15% p<0.01). Morphine-treated rats demonstrated significant changes in elements of cluster of signs of withdrawal of the opiate-type, including parameters of activity and arousal (increase of easy of removal scores ~ 120%, increase of handling reactivity scores ~ 75%, and decrease of rearing counts ~ 66%; p<0.01), of autonomic (increase of defecation counts ~ 90%, ps<0.05), neuromuscular (increase of hindlimb grip strength ~ 15%, ps<0.05) and sensorimotor (non-threatening approach response, tail pinch, and simple body-touch increase ~ 10%, ps<0.05) activity, as well as decreased weight (~ 14%, p<0.01).

Conclusions and Discussion: REL-1017 produced no evidence of physical dependence or withdrawal syndrome. This study confirms that REL-1017 does not have full opioid agonist effects and is consistent with the 2019 DEA statement on abuse liability.

Keywords: esmethadone; dextromethadone; morphine; physical dependence; withdrawal; abuse; opioid.

Sponsor: Relmada Therapeutics, Inc.

*We are grateful for the contributions of Dr. Reginald ("Reggie") V. Fant in our efforts to study and understand the potential of REL-1017 for abuse. We were deeply saddened by his unexpected death in September 2020. All who had the opportunity to work with Reggie on this project came to appreciate

him as a friend as well as a respected and invaluable colleague (see <https://cpdd.org/membership/in-memoriam/>).