

January 26, 2026



Global Medical REIT Inc. Announces Henry Cole Stepping Down from its Board of Directors

BETHESDA, Md.--(BUSINESS WIRE)-- **Global Medical REIT Inc. (NYSE: GMRE)** (the "Company" or "GMRE") today announced that Henry Cole has notified the Board of Directors (the "Board") that he plans to step down as a member of the Board at the end of his current term.

Henry Cole's Stepping Down from Board of Directors

Mr. Cole has served on the Board as an Independent Director since the Company's inception and has served at different points throughout his term as the Board's Lead Independent Director, Chair of the Board's Compensation Committee and ESG Committee and as a member of the Board's Audit and Nominating and Corporate Governance Committees.

Mr. Cole will be stepping down effective at the end of his current term, which will conclude at the Company's Annual Meeting of Stockholders to be held in 2026.

Jeffrey Busch, the Chairman of the Board commented, "the Board would like to thank Henry for his strong leadership and his broad and meaningful contributions throughout the history of the Company. Henry's dynamism has been an important element in the Board's critical role in guidance and oversight shaping the growth and progress of the Company. We wish Henry the best as he continues his other pursuits."

About Global Medical REIT Inc.

Global Medical REIT Inc. is a net-lease medical REIT that acquires healthcare facilities and leases those facilities to physician groups and regional and national healthcare systems.

Additional information on GMRE can be obtained on its website at www.globalmedicalreit.com.

Forward-Looking Statements

Certain statements contained herein may be considered "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995, and it is the Company's intent that any such statements be protected by the safe harbor created thereby. These forward-looking statements are identified by their use of terms and phrases such as "anticipate," "believe," "could," "estimate," "expect," "intend," "may," "should," "plan," "predict," "project," "will," "continue" and other similar terms and phrases, including references to assumptions and forecasts of future results. Except for historical information, the statements set forth herein including, but not limited to, any statements regarding the

Company's expected board composition are forward-looking statements. These forward-looking statements are based on our current expectations, estimates and assumptions and are subject to certain risks and uncertainties. Although the Company believes that the expectations, estimates and assumptions reflected in its forward-looking statements are reasonable, actual results could differ materially from those projected or assumed in any of the Company's forward-looking statements. Additional information concerning us and our business, including additional factors that could materially and adversely affect our financial results, include, without limitation, the risks described under Part I, Item 1A - Risk Factors, in our Annual Report on Form 10-K, our Quarterly Reports on Form 10-Q, and in our other filings with the SEC. You are cautioned not to place undue reliance on forward-looking statements. The Company does not intend, and undertakes no obligation, to update any forward-looking statement.

Source: Global Medical REIT Inc.

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Investor Relations:

Email: Investors@globalmedicalreit.com

Phone: 202.524.6869

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