

March 3, 2010



Harris & Harris Group to Host Conference Call on Fourth-Quarter and Full-Year 2009 Financial Results on March 19th

NEW YORK, March 3, 2010 (GLOBE NEWSWIRE) -- The management of Harris & Harris Group, Inc. (Nasdaq:TINY) will hold a conference call to discuss the Company's financial results for its fiscal fourth quarter and full year 2009, to update shareholders and analysts on our business and to answer questions, on Friday, March 19, 2010, at 10:00 a.m. Eastern Time.

What: Harris & Harris Group 4th Quarter
2009 and full-year 2009 financial
results conference call and
webcast

When: Friday, March 19, 2010

Time: 10:00 a.m. (ET)

Live Call: (877) 303-9855, domestic
(408) 337-0154, international

Webcast: [http://www.hhvc.com/eventdetail.cfm
?eventid=78485](http://www.hhvc.com/eventdetail.cfm?eventid=78485)

Please access the site at least 15 minutes prior to the scheduled start time in order to download the required audio software (RealPlayer or Windows Media Player). A replay of the webcast and visual presentation will be accessible through the Company's website for 30 days following the live event. For those unable to listen to the call via the Internet, a replay of the call will be available until midnight Eastern Time on March 22, 2010 by dialing (706) 645-9291. The passcode for the replay is #59456664.

Harris & Harris Group is a publicly traded venture capital company that invests in nanotechnology and microsystems. Detailed information about Harris & Harris Group and its holdings, including articles on nanotechnology, cleantech and venture capital, can be found on its website at www.HHVC.com.

This press release may contain statements of a forward-looking nature relating to future events. These forward-looking statements are subject to the inherent uncertainties in predicting future results and conditions. These statements reflect the Company's current beliefs, and a number of important factors could cause actual results to differ materially from those expressed in this press release. Please see the Company's Annual Report on Form 10-K for the fiscal year ended December 31, 2008, as well as subsequent filings, filed with the Securities and Exchange Commission for a more detailed discussion of the risks and uncertainties associated with the Company's business, including but not limited to the risks and uncertainties associated with venture capital investing and other significant factors that

could affect the Company's actual results. Except as otherwise required by Federal securities laws, the Company undertakes no obligation to update or revise these forward-looking statements to reflect new events or uncertainties. The reference to the website www.HHVC.com has been provided as a convenience, and the information contained on such website is not incorporated by reference into this press release.

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