

November 8, 2013



# Registration Open for Sixth Annual Life Time Chicago Spring Half Marathon & 10K

*May 18 event supports Northwestern Brain Tumor Institute*

CHANHASSEN, Minn. & CHICAGO--(BUSINESS WIRE)-- [Life Time – The Healthy Way of Life Company](#) (NYSE: [LTM](#)) today announced that registration is now open for the [Life Time Chicago Spring Half Marathon and 10K](#) which is set for May 18, 2014 at the Park at Lakeshore East. The event kicks-off with the half marathon followed by the 10K and lastly, a Junior Dash for children ages 2-12.

The Half Marathon, 10K and Junior Dash events will begin just steps away from the Lake Michigan waterfront, taking runners south along Chicago's scenic lakefront path. The one-loop half marathon and 10K courses continue through the City's historic museum campus, alongside Soldier Field with a finish at [The Park at Lakeshore East](#). Nearly 3,500 runners participated in the event in 2013 and the event drew thousands of spectators to Chicago's downtown lakefront.

Included with registration is a complimentary, post-race picnic and celebration for all participants, volunteers and spectators. Registrants have the option to include additional monetary donations to the event's official charity partner, [The Northwestern Brain Tumor Institute](#).

To register or learn more about the 2014 Chicago Spring Half Marathon, visit [chicagospringhalf.com](#) and like the [Chicago Spring Half Marathon Facebook page](#).

## **About Life Time Fitness, Inc.**

As The Healthy Way of Life Company, Life Time Fitness (NYSE:LTM) helps organizations, communities and individuals achieve their total health objectives, athletic aspirations and fitness goals by engaging in their areas of interest — or discovering new passions — both inside and outside of Life Time's distinctive and large sports, professional fitness, family recreation and spa destinations, most of which operate 24 hours a day, seven days a week. The Company's Healthy Way of Life approach enables customers to achieve this by providing the best programs, people and places of uncompromising quality and value. As of Nov. 8, 2013, the Company operated 106 centers under the LIFE TIME FITNESS® and LIFE TIME ATHLETIC® brands in the United States and Canada. Additional information about Life Time centers, programs and services is available at [lifetimefitness.com](#).

## **Life Time Fitness, Inc.**

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