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Ashley Arnold and Ian Sharman Crowned Champions at 31st Annual Leadville Trail 100 Run

Nearly 500 participants displayed strength and willpower to conquer the trail; Leadville Trail 100 run marked the final challenge for those competing for the title of Leadman and Leadwoman

LEADVILLE, Colo.--(BUSINESS WIRE)-- The field of competition at the 31st Annual [Leadville Trail 100 Run](#) commonly known as the “Race Across the Sky”, once again lived up to its reputation on August 17 and 18. Presented and produced by [Life Time – The Healthy Way of Life Company](#) (NYSE: [LTM](#)), the Leadville Trail 100 had participants from around the world competing to test their endurance. Ashley Arnold (U.S.) and Ian Sharman (U.K.) conquered a total elevation climb of 17,000 feet and earned top honors. Arnold won the women’s division at 20:25:43 while Sharman won the men’s division at 16:30:02. Approximately 850 athletes from 44 states and 15 countries started this year’s race and 499 finished the race before the 30 hour cut off.

The Leadville Trail 100 run also marked the fifth and final challenge for those who competed for the title of [Leadman and Leadwoman](#). Each Leadman and Leadwoman candidate must compete in the Leadville Trail Marathon, Leadville Silver Rush 50-Mile Mountain Bike or Silver Rush 50-Mile Trail Run, Leadville Trail 100 MTB, and Leadville 10K Run. This year 87 people competed for the title. Winners will be announced in September.

In the women’s division, Shaheen Sattar (U.S.) finished second at 22:42:41 and Keila Merino (U.S.) finished third at 22:47:36. In the men’s division, Nick Clark (U.K.) finished second at 17:06:28 and Michael Aish (U.S.) finished third at 18:27:58.

For complete results visit www.leadvillerraceseries.com. For photos and more visit the Leadville Race Series [Facebook](#) page. To learn more about Life Time Athletic Events visit EventsByLifetime.com.

About the Leadville Race Series

Started with only 45 runners as the Leadville Trail 100 in 1983, the Leadville Race Series now consists of seven running events and four mountain biking events, plus six events in the Leadville Qualifying Series. The Race Series stretches across three months, and hosts thousands of racers on foot and on mountain bike in some of the world’s most iconic events. Endurance athletes worldwide now make the pilgrimage to Leadville, Colo., with the single goal of competing in “The Race Across the Sky.” Visit www.leadvillerraceseries.com for more information.

About Life Time Fitness, Inc.

As The Healthy Way of Life Company, Life Time Fitness (NYSE:LTM) helps organizations, communities and individuals achieve their total health objectives, athletic aspirations and

fitness goals by engaging in their areas of interest — or discovering new passions — both inside and outside of Life Time's distinctive and large sports, professional fitness, family recreation and spa destinations, most of which operate 24 hours a day, seven days a week. The Company's Healthy Way of Life approach enables customers to achieve this by providing the best programs, people and places of uncompromising quality and value. As of August 19, 2013, the Company operated 106 centers under the LIFE TIME FITNESS® and LIFE TIME ATHLETIC® brands in the United States and Canada. Additional information about Life Time centers, programs and services is available at lifetimefitness.com.

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