

April 29, 2013



Life Time Athletic Events Welcomes Spring with Magellan Development Chicago Spring Half Marathon, 10K and Junior Dash May 19

Registration now open and includes post-race picnic breakfast

Event supports Northwestern Brain Tumor Institute

Life Time Fitness (NYSE: LTM):

WHAT: [Life Time Athletic Events](#), the premier endurance events division of [Life Time – The Healthy Way of Life Company](#)SM (NYSE:[LTM](#)) announces the [Magellan Development Chicago Spring Half Marathon and 10K](#) will take place at the park at Lakeshore East on May 19, 2013. The event kicks-off with the start of the half marathon race followed by the start of the 10K and lastly, the Junior Dash for children ages 2-12. Award ceremonies for the 10K and half marathon will take place following each race. Each Junior Dash participant will receive a finisher ribbon.

A complimentary, catered post-race picnic and celebration for all participants, volunteers and spectators will take place following the events. The post-race event will also include a new interactive race day experience and a do-it-yourself flower and garden station. Local lawn and garden expert Will Haverkamp will be on-hand to educate and entertain our green thumb runners on summer gardening. Participants will grab a pot, select from a variety of seeds, pack soil, add water and carry home a very unique race souvenir.

All registrants of the Magellan Development Chicago Spring Half Marathon and 10K are welcome to make an additional monetary donation to the event's official charitable partner, [The Northwestern Brain Tumor Institute](#).

WHEN/WHERE: Magellan Development Chicago Spring Half Marathon
Park at Lakeshore East
400 E. South Water
Chicago, IL 60601

Sunday, May 19, 2013
7:00 a.m. Half Marathon Race Starts
7:30 a.m. 10K Race Starts
8:30 a.m. Picnic Opens
8:30 a.m. 10K Awards
9:00 a.m. Junior Dash
9:30 a.m. Half Marathon Awards

COURSE DETAILS: Both the Half Marathon and 10K events will start just steps away from the Lake Michigan waterfront alongside the Chicago River, taking runners south along Chicago's scenic lakefront path. The one loop half marathon and 10K courses continue through the City's historic museum campus, alongside Soldier Field with a finish at [The Park at Lakeshore East](#) where runners will celebrate their achievements at the post-race picnic.

The Junior Dash will also take place at The Park at Lakeshore East. The race will be staged in the following age group heats:

- 2-4 years - 50 yards
- 5-6 years - 1/4 mile
- 7-12 years - 1/2 mile

For a course map, please contact Lauren Flinn at lflinn@lifetimefitness.com.

REGISTRATION: Participants may register online at chicagospringhalf.com.

- Half Marathon registration: \$80
- 10K registration: \$65
- Junior Dash: \$15 (\$20 day of race)

CONTACT: All media must obtain onsite event credentials by contacting Lauren Flinn at lflinn@lifetimefitness.com, or 952-229-7776.

About Life Time Fitness, Inc.

As The Healthy Way of Life Company, Life Time Fitness (NYSE: LTM) helps organizations, communities and individuals achieve their total health objectives, athletic aspirations and fitness goals by engaging in their areas of interest – or discovering new passions – both inside and outside of Life Time’s distinctive and large sports, professional fitness, family recreation and spa destinations, most of which operate 24 hours a day, seven days a week. The Company’s Healthy Way of Life approach enables customers to achieve this by providing the best programs, people and places of uncompromising quality and value. As of April 29, 2013, the Company operated 105 centers under the LIFE TIME FITNESS® and LIFE TIME ATHLETIC® brands in the United States and Canada. Additional information about Life Time centers, programs and services is available at lifetimefitness.com.

About Magellan Development

Since its inception in 1996 Magellan has evolved as one of the most prolific and highly respected developers of large-scale mixed-use properties in Chicago. Magellan’s expertise spans the interrelated fields of real estate design, development, development consultation, architecture, leasing, sales and marketing. This strong combination enables Magellan to manage the entire development process from conception to completion. Magellan’s principal project, the award-winning 28-acre Lakeshore East, is halfway completed and already home to thousands. When completed the ‘village in the heart of the city’ will include 4,950 residences, 2.5 million square feet of gross commercial space, 1,500 hotel rooms and a planned elementary school surrounding a magnificent 6-acre botanical park.

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Source: Life Time Fitness, Inc.