

March 7, 2013



## Life Time Fitness to Present at UBS Global Consumer Conference March 13

CHANHASSEN, Minn.--(BUSINESS WIRE)-- Life Time Fitness, Inc. (NYSE: LTM), The Healthy Way of Life Company, today announced that Michael Robinson, executive vice president and chief financial officer, will present at the UBS Global Consumer Conference in Boston on March 13. John Heller, senior director of investor relations, also will attend on behalf of the Company.

The Conference will be held March 12 through 14, 2013, at the Ritz Carlton, Boston Common hotel. The Life Time presentation will occur on March 13th at 1:30 p.m. ET. A webcast of the presentation may be accessed via the Company's Investor Relations section of its website at [lifetimefitness.com](http://lifetimefitness.com). A replay will be available through Wednesday, April 12, 2013.

### **About Life Time Fitness, Inc.**

As The Healthy Way of Life Company, Life Time Fitness (NYSE: LTM) helps organizations, communities and individuals achieve their total health objectives, athletic aspirations and fitness goals by engaging in their areas of interest – or discovering new passions – both inside and outside of Life Time's distinctive and large sports, professional fitness, family recreation and spa destinations, most of which operate 24 hours a day, seven days a week. The Company's Healthy Way of Life approach enables customers to achieve this by providing the best programs, people and places of uncompromising quality and value. As of March 6, 2013, the Company operated 105 centers under the LIFE TIME FITNESS® and LIFE TIME ATHLETIC<sup>SM</sup> brands in the United States and Canada. Additional information about Life Time centers, programs and services is available at [lifetimefitness.com](http://lifetimefitness.com).

### **Life Time Fitness, Inc.**

Investor Contact:

John Heller, 952-229-7427

[ir@lifetimefitness.com](mailto:ir@lifetimefitness.com)

or

Media Contact:

Jason Thunstrom, 952-229-7435

[pr@lifetimefitness.com](mailto:pr@lifetimefitness.com)

Source: Life Time Fitness, Inc.