

Thirty Five Men and Women Crowned Leadman and Leadwoman as Part of 2012 Leadville Race Series

Participants endured five endurance events composed of more than 280 miles to receive

LEADVILLE, Colo.--(BUSINESS WIRE)-- Withstanding some of the most demanding conditions in the country, including rugged Colorado Rockies terrain and ascents up to 13,185 feet, 35 men and women completed what is arguably the most challenging endurance series in the world to earn the title as 2012 Leadman or Leadwoman. From June 30 through August 19—a span of only 50 days—an elite field of 68 men and women participated in the grueling five-event challenge.

In order to compete for the title of Leadman or Leadwoman, racers must compete in the Leadville Trail Marathon, Leadville Silver Rush 50-Mile Mountain Bike or Silver Rush 50-Mile Trail Run, Leadville Trail 100 MTB, and Leadville 10K Run. Participants had to complete all five events within the designated cut-off times (66 hours total for those who opted for the Silver Rush Run and 60 hours total for the Silver Rush MTB) to secure the title. The 35 winners resulted in a 50 percent completion rate based on the 68 starters. Proving the growth of the Leadville Race Series, the 68 starters and 35 winners both established new records.

The 2012 Leadman and Leadwoman include:

Name	City, State
Zach Allen	Boulder, Colo.
Jay Baker	Greenville, S.C.
Molly Behunin	Ogden, UT
Joseph Berg	Denver, Colo.
Timothy Bishop	Denver, Colo.
Chad Brackelsberg	Park City, UT
Charles Bybee	Denver, Colo.
Sean Churchill	Mequon, Wisc.
KT Desantis	Allenspark, Colo.
Tim Ferrell	Rochester, Minn.
Jared Fisher	Las Vegas, Nev.
David Haase	Fond Du Lac, Wisc.

Name City, State Ted Herget Jonesboro, Ark. Paul Hooge Boulder, Colo. Troy Howard Golden, Colo. Marc Kriewaldt Allenspark, Colo. Michael Lamond Leadville, Colo. Christopher Norcia Broomfield, Colo. Tom Perry Sandy, UT

Paul Rapinz Boulder, Colo. Matt Scotton Newton, IA Ray Solis Parker, Colo. Leadville, Colo. Jeffrey Spencer Chuck Stone Golden, Colo. Roger Stones Littleton, Colo. Scott Swaney Castle Rock, Colo. Megan Sweeney Salida, Colo. Al Thresher Las Vegas, Nev. Tim Urbine Denver, Colo. Aaron Vanderwaal Seattle, Wash. Tim Waggoner Golden, Colo. Mark Wallace Golden, Colo. Christopher Westerman Castle Rock, Colo. Mark Wheeler Nampa, ID Ludwik Zon Charlotte, NC

Registration for the 2013 Leadville Race Series, including those necessary to claim the title of Leadman or Leadwoman, opens later this year. For more information visit www.leadvilleraceseries.com.

About the Leadville Race Series

Started with only 45 runners as the Leadville Trail 100 in 1983, the Leadville Race Series now consists of seven running events and four mountain biking events, plus six events in the Leadville Qualifying Series. The Race Series stretches across three months, and hosts thousands of racers on foot and on mountain bike in some of the world's most iconic events. Endurance athletes worldwide now make the pilgrimage to Leadville, Colo., with the single goal of competing in "The Race Across the Sky." Visit www.leadvilleraceseries.com for more information.

About Life Time Fitness, Inc.

As The Healthy Way of Life Company, Life Time Fitness (NYSE:LTM) helps organizations, communities and individuals achieve their total health objectives, athletic aspirations and fitness goals by engaging in their areas of interest – or discovering new passions – both inside and outside of Life Time's distinctive and large sports, professional fitness, family recreation and spa destinations, most of which operate 24 hours a day, seven days a week. The Company's Healthy Way of Life approach enables customers to achieve this by providing the best programs, people and places of uncompromising quality and value. As of September 4, 2012, the Company operated 105 centers under the LIFE TIME FITNESS® and LIFE TIME ATHLETIC(SM) brands in the United States and Canada. Additional information about Life Time centers, programs and services is available at lifetimefitness.com.

Life Time Fitness. Inc.

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