

August 25, 2012



Chicago Kids Triathlon Boasts Top Finishers for Ages 7-14

Country's largest kids triathlon brings nearly 2,000 participants on August 25, 2012

CHICAGO--(BUSINESS WIRE)-- Nearly 2,000 kids ages 7-14 competed in the country's largest kids triathlon on August 25 at Montrose Avenue Beach in Chicago. The 22nd annual event brought together families from all over the country to cheer on the children as they swam, cycled and ran their way to the finish line.

Females, Ages 7-8

Arina Pekus	Skokie, Ill.	24:10
Amanda O'Donnell	Chicago, Ill.	25:30
Hannah Fetterolf	Sewickley, Penn.	25:34

Females, Ages 9-10

Jayda Bessel	Beloit, Wisc.	18:48
Melina Worthington	Columbia, Mo.	20:59
Megan Burling	Naperville, Ill.	21:23

Females, Ages 11-12

Jade Mountain	Ellinwood, Kan.	29:58
Amya Bessel	Beloit, Wisc.	31:26
Polina Bondarenko	River Forest, Ill.	31:42

Females, Ages 13-14

Marina Ahner	Hobart, Ind.	31:20
Alessa Ringo	Chicago, Ill.	32:23
Ella Needler	Lake Forest, Ill.	33:06

Males, Ages 7-8

A.J. Van Vuren	Hoffman Estates, Ill.	22:51
John Durack	Chicago, Ill.	23:51
Braxton Bokos	Oak Brook, Ill.	24:08

Males, Ages 9-10

Gabe Worthington	Columbia, Mo.	18:57
Mikhail Pekus	Skokie, Ill.	19:39
Nathan Clem	St. Louis, Mo.	19:58

Males, Ages 11-12

Justin Sharp	Bloomington, Ill.	30:58
Tyler Cook	West Chicago, Ill.	31:36
John Szymanski	Lockport, Ill.	32:37

Males, Ages 13-14

Joseph Szymanski	Lockport, Ill.	28:23
William Szwerek	Chicago, Ill.	29:21
Stephen Zimmer	Geneva, Ill.	29:44

Launched in 1990, the Chicago Kids Triathlon is the country's largest kids triathlon in the

country. The event takes place at Montrose Avenue Beach and provides outstanding views of the city and waterfront. The triathlon includes a 375-meter swim, 10-kilometer bike and 2.5-kilometer run and is part of a weekend-long series of events leading up to the [Life Time Tri Chicago](#) on August 26.

About Life Time Fitness, Inc.

As The Healthy Way of Life Company, Life Time Fitness (NYSE:LTM) helps organizations, communities and individuals achieve their total health objectives, athletic aspirations and fitness goals by engaging in their areas of interest – or discovering new passions – both inside and outside of Life Time’s distinctive and large sports, professional fitness, family recreation and spa destinations, most of which operate 24 hours a day, seven days a week. The Company’s Healthy Way of Life approach enables customers to achieve this by providing the best programs, people and places of uncompromising quality and value. As of July 15, 2012, the Company operated 105 centers under the LIFE TIME FITNESS® and LIFE TIME ATHLETIC(SM) brands in the United States and Canada. Additional information about Life Time centers, programs and services is available at lifetimefitness.com.

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