

May 15, 2011



Champions Crowned at Inaugural Leadman Tri - Life Time EPIC 250 in Las Vegas

Truly unique Leadman event was first in series of Life Time-produced 250-kilometer events

LAS VEGAS--(BUSINESS WIRE)-- An elite field of some of the fittest amateur and professional triathletes competed in the [Leadman Tri - Life Time EPIC 250](#) May 14. Truly unique, the inaugural event provides a challenging 250-kilometer course through the desert outside Las Vegas.

Competing against a stellar field of world-class professionals on the event's ultra-distance course, Angela Naeth (CAN) won the women's professional division at 10:29:43 and Jordan Rapp (USA) won the men's professional division at 9:32:19.

In the women's full Leadman division, Tara Norton (CAN) finished second with a time of 10:56:06, while Katya Meyers finished third with a time of 11:39:24. In the men's full Leadman division, Troy Jacobson finished second with a time of 10:33:24, followed by third-place finisher Kurt Holt with a time of 12:20:52.

For the women's half Leadman division, Reenie Griffin finished with a time of 9:19:04. In the men's division, John Sliney finished at 7:13:33, followed by second-place finisher Art Johnson with a time of 8:06:16 and third place finisher Jason Bezon with a time of 9:29:47.

Saturday's Leadman relay division saw the team of Hugo, Perry and Cooper take first place in 10:04:28, thirty-three minutes ahead of Team Hileman, who came in second with a time of 10:37:34. The team of James, Cutts and Janess rounded out the podium with a time of 11:41:11.

The Leadman 250-kilometer ultra-distance triathlon includes a five-kilometer (3.1 mile) swim in the shadow of Dead Man's Island, 223-kilometer (138.6-mile) bike through the Valley of Fire State Park, and a 22-kilometer (13.7-mile) run along a trail that once brought workers and materials to build Hoover Dam.

For information on Leadman, including future events, please visit www.leadmantri.com. Athlete inquiries should be directed to racedirector@leadmantri.com, while all media-related inquiries should be directed to kleinberger@lifetimefitness.com or 952-229-7162.

About the Leadman Tri - Life Time EPIC 250

Born from a legend carved in the Rocky Mountains just outside Leadville, Colorado, the Leadman Tri - Life Time EPIC 250 is a new ultra-distance triathlon category produced by Life Time Fitness that challenges professional and age group athletes to a five-kilometer swim, 223-kilometer bike and 22-kilometer run. Additional event information is available at

www.leadmantri.com.

About Life Time Fitness, Inc.

As the Healthy Way of Life Company, Life Time Fitness (NYSE: LTM) delivers the certified professionals, comprehensive businesses and incredible destinations that help people positively change their lives every day. The Company's healthy way of life approach enables its customers to achieve their health and fitness goals by engaging in their areas of interest - or discovering new passions - both inside and outside of Life Time's distinctive and large sports, professional fitness, family recreation and spa destinations. As of May 14, 2011, the Company operated 92 centers under the LIFE TIME FITNESS^(R) and LIFE TIME ATHLETICSM brands primarily in suburban locations in 21 states and 26 major markets. Additional information about Life Time centers, programs and services is available at lifetimefitness.com.

Source: Life Time Fitness, Inc.